

Missouri Association of Nursing Home Administrators

# 2026 Annual Convention

June 7-10, 2026



Lodge of the Four Seasons  
Lake of the Ozarks, MO

# MANHA Convention

Missouri Association of Nursing Home Administrators is pleased to invite you to attend our 2026 Annual Convention. The goal of this conference is to provide meaningful, forward thinking, and real-time education to explore new trends, and identify your strengths and areas for improvement. **"Success is no accident. It is hard work, perseverance, learning, studying, sacrifice and most of all, love of what you are doing or learning to do."** –Pelé

**Thank you!**

*Penny Worthley*

*Tim Nye*

*Dottie Pataky*

Penny Worthley  
MANHA President

Tim Nye  
Convention Chair

Dottie Pataky  
Executive Director

## Cancellation

Advance registration is required. Registrations are due by May 29, 2026. Registration fees will be **increased by \$50.00 after the May 29th due date**. A full refund minus a \$50 processing fee, will be given if requested by May 30, 2026. No refunds will be given after that date. You may send a substitute.

## Special Diets

If you have a special diet, please include that information on the registration form or via email to [dotties@mlnha.org](mailto:dotties@mlnha.org)

## Accreditation

Educational seminars are pending Missouri Board of NH Administrators approval of 20 total CEUs of which there are a possibility of 9 Patient Care CEUs. All attendees will be issued certificates of attendance within a week after the conference.

## Hotel Information

**Rate:** \$154/night + \$18 resort fee/night  
**Lodge of Four Seasons**, 315 Four Seasons Drive  
Lake Ozark, Missouri 65049

Reservations: [MANHA Convention-Member/Attendee BOOK HERE](#)

*You must reserve your room no later than **May 15, 2026**  
After that date, rooms are on availability basis only.*

## Sunday

# 6/7

<b>11:30a-12:30p</b>	<b>Registration</b>	<b>CEUS</b>
<b>12:30p-1:30p</b>	<b>5 Stars. One Mission: Using CMS Data to Better Resident Outcomes</b> <i>Presented by Nicky Martin</i>	<b>1 PC</b>
<b>1:45p-2:45p</b>	<b>Safe to Swallow, Worth Eating: Aligning IDDSI with Modern Nutrition Standards in Long-Term Care</b> <i>Presented by Amanda Taylor</i>	<b>1 PC</b>
	<i>Speaker Sponsored Group Purchasing Advantage</i>	
<b>3:00p-4:30p</b>	<b>Connecting the Pieces: Building and Sustaining Cultural Transformation in Long Term Care Communities</b> <i>Presented by Joan Devine</i>	<b>1.5 PC</b>

## Monday

# 6/8

<b>7:30a- 8:00a</b>	<b>Registration and Continental Breakfast</b>	<b>CEUS</b>
<b>8:00a-9:30a</b>	<b>R.E.A.L Success</b> <i>Presented by Yanick Hicks</i>	<b>1.5</b>
<b>9:45 A- 10:45a</b>	<b>The 5 Irrefutable Laws of Leadership</b> <i>Presented by Yanick Hicks</i>	<b>1</b>
<b>11a-12p</b>	<b>AI-Driven Fall Predication and Prevention Tools</b> <i>Presented by Kareem Young</i>	<b>1</b>
<b>12p-1p</b>	<b>Lunch and General Membership Meeting</b>	
<b>1p-2p</b>	<b>Admin 101</b> <i>Presented by Penny Kampeter</i>	<b>1</b>
<b>2:15p— 3:15p</b>	<b>The Leadership Law of Connection</b> <i>Presented by Troy Culbertson</i>	<b>1</b>
<b>3:30 - 5:00p</b>	<b>Behaviors - Before, During and After</b> <i>Presented by Dr. Jacob Fyda and Megan Marker</i> <i>Speaker Sponsored by Bespoke Psychiatry</i>	<b>1.5 PC</b>

## Tuesday

# 6/9

<b>7:30a—8:00a</b>	<b>Registration &amp; continental breakfast</b>	<b>CEUS</b>
<b>8:00a - 9:00a</b>	<b>Optimizing Resources: Strategies for Cost Reduction in LTC</b> <i>Presented by Tasha Janssen</i>  <i>Speaker Presented by Curana</i>	<b>1</b>
<b>9:15a - 10:45a</b>	CONCURRENT SESSION <b>Quality Measures: Understanding the Basics to Drive Improvement</b> <i>Presented by Crystal Plank</i>  <b>Substance Abuse in ALF</b> <i>Presented by Dr. Jacob Fyda</i>  <i>Speaker Presented by Bespoke Psychiatry</i>	<b>1.5 PC</b>
<b>11:00a—12:00p</b>	CONCURRENT SESSION <b>Medicare PDP/MSM CMI Made Simple: 101 Overview</b> <i>Presented by Crystal Plank</i>  <b>The HCBS Scoop: DSDS Updates and MMAC Reminders</b> <i>Presented by Jessica Schaefer and Cindy Werdehausen</i>	<b>1</b>
<b>12:00p-1:00p</b>	<b>Lunch</b>	
<b>1:00p-2:00p</b>	CONCURRENT SESSION <b>Life Safety Code Updates</b> <i>Presented by Steven Vest</i>  <b>Fire Marshall Updates for ALF</b> <i>Presented by Greg Dickens</i>	<b>1</b>
<b>2:15 - 3:45p</b>	CONCURRENT SESSION <b>SNF Top 10 Deficiencies, Survey, POC</b> <i>Presented by Michelle Leipham</i>  <b>ALF Top 10 Deficiencies, Survey, POC</b> <i>Presented by Charice Hilgedick</i>	<b>1.5 PC</b>
<b>4:00p-5:00p</b>	<b>Scavenger Hunt with Vendors</b> <i>Presented by MANHA and Vendors</i>	<b>1</b>

## Wednesday

# 6/11

<b>7:30a—8:30a</b>	<b>Registration &amp; breakfast buffet</b>	<b>CEUS</b>
<b>8:30a - 9:30a</b>	<b>Enhanced Barrier Precautions</b> <i>Presented by Kelley Knappek</i>	<b>1 PC</b>
<b>9:45a - 11:15a</b>	<b>DHSS Updates</b> <i>Presented by Tracy Niekamp</i>	<b>1.5</b>

**12:30-1:30pm**     **Five Stars, One Mission: Using CMS Data to Drive Better Resident Outcomes**  
**1 CEU**  
*Nicky Martin*  
 The CMS Five-Star Quality Rating System is more than a public score—it is a practical tool for Quality Assurance and QAPI. This session explains how ratings are calculated (surveys, staffing, and quality measures) and why administrators must understand them to strengthen SNF operations and improve resident quality of care and quality of life. Participants will learn how to interpret Five-Star data, spot performance gaps, and apply QA strategies that support measurable improvement and survey readiness.

**1:45- 2:45PM**     **Safe to Swallow, Worth Eating: Aligning IDDSI with Modern Nutrition Standards in LTC**  
**1 PC CEU**  
*Amanda Taylor*  
 This session explores how long-term care facilities can balance dysphagia safety with optimal nutrition outcomes by integrating IDDSI principles and the 2025 Dietary Guidelines for Americans into everyday practice. Emphasis is placed on translating population-based recommendations into individualized, clinically appropriate, and operationally feasible nutrition strategies. Participants will examine common gaps between guidelines and real-world application, including challenges related to intake, weight loss, hydration, and cost. Practical approaches will be shared to support consistency, improve resident outcomes, and enhance survey readiness while maintaining resident satisfaction.

**3:00-4:30PM**     **Connecting the Pieces; Building and Sustaining Cultural Transformation in LTC**  
**1 PC**  
*Joan Devine*  
 We often talk about transforming the culture of nursing homes, but what does that truly mean in practice? Many organizations have begun the “culture change” journey, yet questions remain: Do we have a strong and sustainable foundation? Do we recognize the barriers that may be holding us back? Are there tools and resources that can help us move forward without reinventing the wheel? In this session, we will connect the pieces, exploring key principles, identifying common challenges, and sharing practical strategies and resources.

## Monday, June 8, 2026

**8:00-9:30am**     **R.E.A.L Success**  
**1.5 CEU**  
*Yanick Hicks*  
 In *REAL Success*, I will help you understand the keys you need to succeed in life. You will learn lifelong strategy of building on strengths, minimizing weaknesses, and focusing on the people and points of life that are most important. Whether you are a civil servant or a corporate executive, you will achieve great things by understanding four very important success building areas; Relationships, Equipping, Attitude and Leadership.

**9:45-10:45am**     **The 5 Irrefutable Laws of Leadership**  
**1 CEU**  
*Yanick Hicks*  
 Everything rises and falls on leadership. Whether you are responsible for developing your company, others, or yourself, the more effective you are as a leader, the further you will go. Change is inevitable: growth is optional. Leaders embrace change as the key to growth. *The Irrefutable laws of leadership* is the content to help you lead yourself and others. You will learn the knowledge and skills to effectively leads others with confidence.

**11:00-12:00p**     **AI-Driven Fall Prediction and Prevention Tools**  
**1 CEU**  
*Kareem Young*  
 This presentation will be a 2 part discussion. First we will focus on AI-Driven fall prediction and prevention tools (analyzing mobility patterns, sensor data, and risk indicators). The second part of this session will focus on Resident health monitoring through wearables or smart devices (detecting early signs of infections, dehydration, or cognitive decline). Fall prediction and prevention are essential in all nursing homes and as we dive into the new age of technology tracking wearables have become an interesting tool and possible one of the most useful data that AI tools help with identifying trends for residents health and behaviors.

**1:00p-2:00p**     **Admin 101**  
**1 PC**  
*Penny Kam-peter*  
 This presentation will cover the role and responsibilities of a nursing facility Administrator. Recognize the administrator’s responsibility for ensuring policies and procedures support regulatory compliance and resident safety. Recognize essential components of regulatory compliance, including survey processes, quality measures, and documentation expectations.

**2:15p - 3:15p**     **The Leadership Laws of Connection**  
**CEU**  
*Troy Culberson*  
 The Leadership Law of Connection is a structured leadership presentation that equips LTC administrators with practical, immediately usable methods to strengthen trust, communication, and follow-through on their campuses. The program teaches four integrated frameworks—Culture Lens, Listening Model (presence and empathetic listening), Empowerment Ladder (Identify → Anticipate → Empower), and Hardwiring Tools—then translates them into operational leadership behaviors such as managing up, leader rounding for positives/outcomes, and reinforcing culture through storytelling, forums, and visible progress boards. Participants apply concepts through guided reflection and a 7-day action plan designed to support real-world implementation and habit formation.

## Monday, June 8, 2026

**3:30-5:00p**

### **Behaviors - Before, During and After**

**1.5 PC CEU**

***Dr. Jacob Fyda***

***Megan Marker***

Managing problematic behaviors in a congregate care setting is an art that requires long term care teams to manage their environments, teams, and residents while considering home-like environments, risk, and clinical outcomes. Behavioral management requires considering policies and procedures, best practices, high quality clinical documentation and weighing the benefit of the individual against the needs of the community at large. This presentation will provide strategies for setting the tone to prepare for problematic behaviors, techniques to use when behaviors emerge, and methods for documenting the clinical picture to describe the disease process and naturally occurring challenges of having a diverse resident population within one community.

## Tuesday, June 9, 2026

**8:00-9:00a**

### **Optimizing Resources: Strategies for Cost Reduction in LTC**

**1 CEU**

***Tasha Janssen***

To help decrease the cost of care in post acute settings, even as resident acuity rises, communities can implement several small but effective changes. Learn how to decrease the cost by optimizing resources for cost reduction while continuing to provide high quality services to residents.

**9:15-10:45a**

CONCURRENT SESSION

**1.5 PC CEU**

***Crystal Plank***

### **Quality Measures: Understanding the Basics to Drive Improvement**

This webinar will focus on the MDS 3.0 Quality Measures and what triggers each measure. We will also discuss what diagnoses, or extensive services will remove a resident from each measure. The quality measures foundation is the same regardless of what it is used for but different quality measures are used for the MDS, Medicaid and the 5-star rating. You will recognize which measures are used in each of these areas. We will also discuss the QM package report and the importance of this report for quality improvement and for comparison to the State of Missouri as well as Nationally.

***Dr. Jacob Fyda***

### **Substance Abuse in ALF**

Substance use presents a particular health challenge in long term care and the intensity of care varies significantly in assisted living communities. This presentation will focus on defining clinically significant substance use and substance use disorders, management techniques for treatment teams, and a guide for options for long term care operators on intervening when residents need specific attention related to their substance use.

**11:00-12:00p**

CONCURRENT SESSION

**1 CEU**

***Crystal Plank***

### **Medicare PDPM CMI Made Simple: 101 Overview**

To ensure we deliver the highest quality of care our residents need and deserve, it is essential that we understand the financial systems that support Skilled Nursing Facilities. Reimbursement plays a critical role in maintaining the resources necessary for exceptional care. This course will equip the leadership team with a strong foundation in the Medicare Patient-Driven Payment Model (PDPM) and the Medicare Case Mix Index (CMI), helping leaders understand how these systems directly influence reimbursement and operational success

***Jessica***

***Schaefer and***

***Cindy***

***Werdehausen***

### **The HCBS Scoop: DSDS Updates and MMAC Reminders**

This session will provide with a comprehensive update from the Division of Senior and Disability Services (DSDS), highlighting the latest initiatives, projects, and opportunities within the Home and Community Based Services (HCBS) program. Attendees will receive current information on program developments, strategic priorities, and ongoing efforts to strengthen service delivery and support for Missouri's aging and disability populations. Missouri Medicaid Audit and Compliance (MMAC) will also provide key reminders related to provider compliance, screening requirements, and enrollment processes. Participants will leave with a clear understanding of recent progress, upcoming HCBS activities, and important operational expectations that may impact their work and the individuals they serve.

## Tuesday, June 9, 2026

**1:00-2:00P**

CONCURRENT SESSION

**1 CEU**

### **Life Safety Code Updates**

This presentation is designed to help you and your staff identify LSC concerns and to help give information to create systems to eliminate these common citations.

**Steven Vest**

### **Fire Marshal Updates for ALF**

**Greg Dickens** In this session we will discuss the Fire Marshal updates for Missouri Assisted Living and Residential Care Facilities.

**2:15-3:45P**

CONCURRENT SESSION

**1 CEU**

### **SNF Top 10/Survey/POC**

This presentation will go over the top 10 SNF deficiencies for the state. We will walk you through the survey process and then go over how to write a proper plan of care.

**Michelle**

**Leipham**

### **ALF Top 10/Survey/POC**

This presentation will go over the top 10 ALF/RCF deficiencies for the state. We will walk you through the survey process and then go over how to write a proper plan of care.

**Charice**

**Hilgedick**

**4:00-5:00p**

### **Scavenger Hunt**

This educational scavenger hunt will get you up and out of your seats and your thinking caps on! Solve the real life problem and find the vendor that will help you get the information/education you need to fix it!

**1 CEU**

## Wednesday, June 10, 2026

**8:30-9:30am**

### **Building Infection Prevention Practices that Endure**

In healthcare, we often hear the call to get “back to the basics.” But what if we didn’t have to “get back” to anything? What if we were able to make sure the basics of infection prevention, or any infection prevention intervention, were ongoing and enduring? In this talk, we review our basics of infection prevention, including standard precautions, transmission-based precautions, and enhanced barrier precautions. We then explore how we can make these practices enduring in our healthcare settings. We will cover best practices for policies, procedures, and bundles, as well as education. We will then move on to how we can ensure compliance with these practices, and how routine monitoring and surveillance can guide the work. By the end of this talk, attendees will have a comprehensive structure that can be adapted and implemented in any facility. This will enable infection prevention efforts to build on each other, fostering a culture of continuous improvement rather than repeatedly starting from scratch.

**1 CEU**

**Kelley**

**Knappek**

**9:45—**

### **DHSS Update**

This session will focus on state and federal regulatory changes and updates that have an impact on long-term care communities.

**11:15am**

**1.5 CEU**

**Tracy**

**Nickamp**

# Registration

# MANHA Convention

Packages	Please fax registrations to: 573-634-8590 or email to: <a href="mailto:dotties@mlnha.org">dotties@mlnha.org</a>	
MANHA Member Administrators	Includes all educational sessions (total 20 CEUs –9 possible PC CEUs) & social functions, 3 breakfast, 2 lunch, 1 reception & breaks	\$395
Prospective MANHA Member	Includes all educational sessions (total 20 CEUs –10 possible PC CEUs) & social functions, 3 breakfast, 2 lunch, 1 reception & breaks	\$495
Staff/Associate Members /Spouse	Same as Member Administrator (no Administrator CEUs), Certificate of Attendance	\$275
Monday Only	Includes educational sessions (total 7 CEU's including 1.5 PC CEU's), lunch and breaks	\$180
Tuesday Only	Includes educational sessions (total 7 CEU's including 3 PC CEU), lunch and breaks	\$180
Sunday or Wednesday Only	Sunday Includes educational session (Total 3.5 PC CEU's) and breaks. Wednesday includes educational session (total 2.5 CEU's including 1 PC CEU's) Breakfast and breaks.	\$115 (each day)

## Attendees

**To become a member for discount pricing contact Dottie at [dotties@mlnha.org](mailto:dotties@mlnha.org)**

Name:		Email:	
Facility:		Package:	Admin #:
Name:		Email:	
Facility:		Package:	Admin #:
Name:		Email:	
Facility:		Package:	Admin #:

## Payment Method

Credit Card—Please go to the following section

Check made payable to MANHA

Invoice emailed to:

***Invoice must be paid prior to conference***

Amount to be Charged: \_\_\_\_\_

## Credit Card

<b>Card Number</b>	<b>Exp. Date</b>
<b>Name on Card</b>	<b>Security Code</b>
<b>Billing Address</b>	
<b>City</b>	<b>State</b>
<b>Zip Code</b>	

