

Missouri Association of Nursing Home Administrators

2026 MANHA Winterfest Conference & Trade Show



Deal Yourself In
Unlock Your Potential
with **MANHA**

February 4-6, 2026

Harrah's Casino
Kansas City, MO

MANHA Winterfest

Missouri Association of Nursing Home Administrators is pleased to invite you to attend our Winterfest Convention and Trade Show. The goal of this conference is to provide long-term care administrators and their staff practical and inspirational education hours along with the opportunity to network and socialize with colleagues. It is also the only MANHA sponsored conference that provides you a chance to view the latest technology, products, and services offered by suppliers.

Thank you!

Penny Worthley
MANHA President

Tim Nye
Convention Chair

Dottie Pataky
Executive Director

Cancellation

Advance registration is preferred. All on-site registration fees will be **increased by \$50.00**. A full refund minus a \$50 processing fee, will be given if requested by January 28, 2026. No refunds will be given after that date. You may send a substitute.

Special Diets

If you have a special diet, please include that information on the registration form

Accreditation

Educational seminars are approved for 17 total CEUs of which there are a possible 5 Patient Care CEUs, pending approval by the Missouri Board of Nursing Home Administrators. All attendees will be issued certificates of attendance. **One hour of the 17 total CEUs will be given by spending a full hour in the exhibit hall with vendors.**

Hotel Information

Rate: \$80/night + \$15 resort fee

Harrah's Casino One Riverboat Dr, Kansas City, MO

Reservations: <https://www.caesars.com/book/?propCode=NKC&action=FindRooms&groupcode=SKNHA6>

*You must reserve your room no later than **January 17, 2026**.
After that date, rooms are on availability basis only.*



Wednesday

2/4

7:30 AM - 8:00 AM	Registration	CEUS
8:00 AM - 9:30 AM	The Yellow Crocs Tour <i>Presented by Jerry Anselmo</i>	1.5
9:30 am - 9:45am	BREAK	
9:45 AM - 10:45 AM	Reduce Staff Turnover: Supporting Frontline Teams <i>Presented by Tasha Janssen, NP-C</i> <i>Speaker Sponsored by Curana Health</i>	1
10:45 am - 11:00 am	BREAK	
11:00 AM - 12:00 PM	Waste Deep: Finding and Fixing Food Loss <i>Presented by Jennifer Parham, RD, LD</i> <i>Speaker Sponsored by SGC Foodservice</i>	1
12:00 PM - 1:00 PM	Lunch	
1:00 PM - 2:00 PM	Hire Right, Fire Fairly <i>Presented by Tim Hilton and Kyle Russell</i>	1
2:00 PM - 4:00 PM	Break with exhibitors *Only 1 CEU total available for participation	*1 PC CEU
4:00 PM - 5:30 PM	Building Better Trust by Leading with Confidence <i>Presented by Molly Mackey</i>	1.5
6:00 PM	Reception - VooDoo Lounge	

Thursday

2/5

7:30AM - 8:00 AM	Registration	CEUS
8:00 AM - 9:30 AM	Thriving Thru Chaos <i>Presented by Molly Mackey</i>	1.5
9:30 AM - 9:45 AM	BREAK	
9:45 AM - 10:45 AM	Turning Conflict into Constructive Behavior <i>Presented by Molly Mackey</i>	1

Schedule

MANHA Winterfest

10:45 AM - 12:00 PM	Break with exhibitors * <i>Only 1 CEU total available for participation</i>	*1 PC CEU
12:00 PM - 1:00PM	LUNCH	
1:00 PM - 2:00 PM	Concurrent Sessions	
	Navigating Medical Record Reviews: Tips & Tools for Success	1
	<i>Presented by Sherri Robbins</i>	
	<i>Sponsored by Forvis Mazars</i>	
	The Evolution of ALF	1
	<i>Presented by Patty Hineman</i>	
2:00 PM - 2:15 PM	BREAK	
2:15 PM - 3:45 PM	Concurrent Sessions	
	PDPM/NTA	1.5 PC
	<i>Presented by Amy Urich</i>	
	<i>Speaker Sponsored by Wound Care Plus</i>	
	Beyond the Blues: Championing Mental Health in AL and LTC	1.5 PC
	<i>Presented by Sara Cleveland, MSW, LCSW</i>	
	<i>Speaker Sponsored by Deer Oaks</i>	
3:45 PM - 4:00 PM	BREAK	
4:00 PM - 5:00PM	Concurrent Sessions	
	Hazard Vulnerability Analysis	1 PC
	<i>Presented by Chris Blomgren</i>	
	ALF Panel Open Discussion	
	<i>Presented by Charice Hilgedick</i>	

Friday

2/6

7:30am - 8:30 AM	Registration & breakfast buffet	CEUS
8:30 AM - 10:00 AM	Affirming Care for Transgender and Non-Binary Community	1.5 PC
	<i>Presented by Sadiya Abjani</i>	
10:00 am - 10:15 am	BREAK	
10:15 AM - 11:15 AM	Mo. Board of Nursing Home Administrators Update	1
	<i>Presented by April Mertens</i>	
11:15 am - 11:30 am	BREAK	
11:30 AM - 1:00 PM	DHSS Update	1.5
	<i>Presented by Tracy Nickamp</i>	

Wednesday, February 4, 2026

Education Sessions

8:00 AM - The Yellow Crocs Tour!

9:30 AM
1.5 CEU
Jerry Anselmo

A Story of Faith, Humor, and a Newfound Purpose After the Loss of a Child. From the pages of his heartfelt memoir, *When the Doorbell Rang*, Jeffy Anselmo shares an unforgettable journey of resilience, healing and rediscovering his faith. The Yellow Crocs Tour is more than a speaking series, it's an invitation to laugh, cry, and reflect on how unexpected moments can transform our lives. Through personal stories, Jerry inspires audiences to embrace faith, find strength in community and uncover purpose in life's most challenging situations. The Yellow Crocs symbolize Jerry's son, Brian, and his attachment to his yellow crocs later in his life. **Jerry Anselmo**, is the founder of the BMA Foundation in 2009, shortly after the death of his son Brian. The Foundation has donated over \$4 million to children's charities in the KC area along with Animal Welfare organizations. He has been on NPR and Fox and Friends to discuss his book. He has been on Fr. Fon Farnan's, Danny Clinksdale's, and Frank Termini's podcast to talk about his message from his book. He has been the keynote speaker in front of 800 people each year at the BMA Fundraiser. Sistine Films is doing a documentary on Jerry and Mary Ellen that will be shown on EWTN sometime this winter. He has been contacted to speak at various medical, religious, and school organizations since he decided to do this to not only raise money for the BMA Foundation, but to give hope to people who are struggling with the challeng-

9:45 AM - Reduce Staff Turnover: Supporting Frontline Teams Through Value-Based Care

10:45 AM
1 CEU
Tasha Janssen

As senior housing operators continue to navigate rising demands on staff and higher rates of burnout, technology enabled, value-based primary care models are emerging as a solution. During this session, attendees will hear how value-based care models streamline communication, improve care continuity, and provide additional layers of clinical support to enhance workforce resilience and retention efforts. **Tasha Janssen, NP-C**, is Vice President of Operations, Midwest Region, at Curana Health. She is also a board-certified family nurse practitioner and received her bachelor's and master's degrees in nursing from Graceland University. Tasha has vast expertise in the senior living, palliative care, and post-acute care sectors of the healthcare industry. Additionally, she is passionate about quality of life-centered care and business development. She finds joy in bridging the gap between hospitals and post-acute care facilities, forming partnerships between corporate entities and medical services, and aligning resident and family goals of care with their medical provider. In addition to her role at Curana Health, she currently sits on the board

11:00 AM - Waste Deep: Finding and Fixing Food Loss

12:00 PM
1 CEU
Jennifer Parham

Discarding a half-eaten banana or partial pan of chicken and noodles may seem harmless but multiply the loss by people and frequency and you'll likely find your food budget tossed out right along with the trash. While the problem is substantial, there is a lot we can do to help fix it. This session will help you recognize unnecessary waste in foodservice, regain control of the budget and put pennies back in your pocket. **Jennifer L. Parham, RDN, LD**, is a registered and licensed dietitian with SGC Foodservice. She earned her undergraduate degree from Texas Tech University and completed her dietetic internship at the University of Kentucky. Her career history includes experience in various nutrition-related fields emphasizing clinical nutrition and public health. With Graves Foods, Jennifer serves customers in the states of Missouri, Kansas, Oklahoma, and Arkansas providing valuable tools and resources to promote facility goals while improving resident satisfaction and outcomes related to food service.

1:00 PM - Hire Right, Fire Fairly

2:00 PM
1 CEU
Kyle Russell Tim Hilton

This session will delve in the regulations, do's and don'ts of on-boarding new staff and also the laws and regulations of firing employees. **Kyle Russell** is a partner at the Husch Blackwell firm's Kansas City office. He has 24 years' experience, including time both in-house and as outside counsel. He defends employers against all types of claims by employers, including wage and hour violations and claims for unlawful discrimination, harassment and retaliation. **Tim Hilton** is a partner at Husch & Blackwell, prior to joining the firm, Hilton clerked for The Hon. Greg Kays of the U.S. District Court, Western District of Missouri (2009-2011). Hilton reviewed substantive motions and performed extensive legal research and writing while managing half of Judge Kays' caseload. In addition, he gained experience observing and assisting in all phases of civil and criminal casework. Hilton received his J.D., with distinction, from the University of Iowa College of Law (2009), where he was Associate Editor of *The Journal of Corporation Law*, Volume 34, and was a staff member of *The Journal of Corporation Law*, Volume 33. He received his B.A. from the University of Missouri - Columbia (2006), where he was President and Webmaster of the Student Athletic Board.

MANHA Winterfest

Wednesday, February 4, 2026

Education Sessions

4:00 PM -

Building Better Trust by Leading with Confidence

5:30 PM

1.5 CEU

Molly Mackey

Working in a team and between teams can be difficult. Miscommunication, lack of trust and unmet expectations can all cause issues. This session will go over ways to build trust within your team and among teams that you work with. You will learn ways to communicate with different teams (or shifts) in a way that builds trust and accountability. I will reveal how asking insightful questions can drive deeper engagement, spark innovation, and enhance team performance. Learn practical techniques to craft questions that inspire and guide your team, boosting your leadership effectiveness and confidence. **Molly Mackey, MBA, CPTD** - Molly Mackey is an author, speaker, and trainer of leaders. She believes that by intentionally intersecting the ongoing journeys of leadership and learning we can create better leaders and Better Leaders = Better Lives. Molly is the founder and chief learning officer of LEAdERnship Institute and has over 19 years of business and speaking experience. She has a passion for business, strategy, leadership and learning. She holds a Masters of Business Administration from the University of Iowa and a Certified Professional of Talent Development (CPTD) from the Association of Talent Development. Molly works with human service organizations, healthcare and hospital associations around the country to provide leadership training and speaking.

Thursday, February 5, 2026

8:00 AM -

Thriving Through the Chaos of Change

9:30 AM

1.5 CEU

Molly Mackey

This dynamic session delves into the art and science of lasting change, empowering participants to navigate transitions with resilience and purpose. Explore practical strategies to not only adapt to change but to become champions of transformation, fostering a culture of continuous improvement within your organization. **Molly Mackey, MBA, CPTD** - Molly Mackey is an author, speaker, and trainer of leaders. She believes that by intentionally intersecting the ongoing journeys of leadership and learning we can create better leaders and Better Leaders = Better Lives. Molly is the founder and chief learning officer of LEAdERnship Institute and has over 19 years of business and speaking experience. She has a passion for business, strategy, leadership and learning. She holds a Masters of Business Administration from the University of Iowa and a Certified Professional of Talent Development (CPTD) from the Association of Talent Development. Molly works with human service organizations, healthcare and hospital associations around the country to provide leadership training and speaking.

9:45 AM -

From High Conflict to Constructive Conflict: Turning Conflict into Constructive Behavior

10:45 AM

1 CEU

Molly Mackey

High conflict can undermine teams and erode workplace culture, but constructive conflict can spark innovation and enhance collaboration. In this session, you'll discover how to shift from destructive conflict to a constructive approach that fosters creativity and teamwork. Learn the underlying causes of high conflict, strategies to address and reduce it, and how to create an environment where healthy, productive conflict can thrive. **Molly Mackey, MBA, CPTD** - Molly Mackey is an author, speaker, and trainer of leaders. She believes that by intentionally intersecting the ongoing journeys of leadership and learning we can create better leaders and Better Leaders = Better Lives. Molly is the founder and chief learning officer of LEAdERnship Institute and has over 19 years of business and speaking experience. She has a passion for business, strategy, leadership and learning. She holds a Masters of Business Administration from the University of Iowa and a Certified Professional of Talent Development (CPTD) from the Association of Talent Development. Molly works with human service organizations, healthcare and hospital associations around the country to provide leadership training and speaking.

1:00 PM -

Navigating Medical Record Reviews: Tips and Tools for Success

2:00 PM

1 CEU

Concurrent

Session

Sherri

Robbins

As payers ramp up their medical review requests, it is crucial for providers to understand how to gather, organize, and submit comprehensive records to support the care provided. This session will equip providers with knowledge to understand what information is being requested and what supporting information should be provided. We will discuss the role of interdisciplinary team members and share best practices and tips for success. Attendees will be provided a sample medical review checklist. A member of the Forvis Mazars National Health Care Group, **Sherri Robbins, BSN, RN, LNHA, CLNC, RAC-CT**, has more than 25 years of experience, with a focus on long-term care. She performs clinical consulting for health care providers and educates providers on Medicare and Medicaid reimbursement strategies. Sherri has trained numerous skilled nursing facilities as well as swing bed and skilled nursing units on proper minimum data set completion to effectively manage their Medicare and Medicaid programs. She does comprehensive follow-up reviews to assist providers in obtaining appropriate reimbursement. The reviews are focused on patient-centered care and regulation compliance. She is a Certified Legal Nurse Consultant® (CLNC®) and a licensed nursing home administrator. As a CLNC, Sherri assists attorneys that represent health care providers. Her health care experience includes 10 years as a director of nursing and administrator in a skilled nursing facility. Sherri is a Resident Assessment Coordinator-Certified™ (RAC-CT™) and was previously employed as a licensed practical nurse and certified nurse assistant. She is a frequent presenter to various long-term care and senior living associations. She is a 1992 graduate of St. John's School of Nursing, Springfield, Missouri, with a registered nurse (RN) certification, and a 1998 graduate of Southwest Baptist University, Bolivar, Missouri, with a B.S. degree in nursing (BSN).

MANHA Winterfest

Thursday, February 5, 2026

Education Sessions

1:00 PM -

The Evolution of ALF

2:00 PM

1 CEU

Concurrent

Session

Patty

Hineman

What is AL now was likely close to if not skilled years ago. AL's can take much sicker people now. AL's strive to work to allow "Aging in Place". . An assisted living is a place for someone to come and live and experience a gracious lifestyle while having a medical model that works in tandem with a social model. This unique design assists those in AL to have proactive care, leading to longer stays in assisted living versus moving on to a skilled nursing setting. **Patty Hineman**, started in healthcare at the age of 14 as a volunteer...they called them a candy striper long ago. Patty went to UCM for her BSN. She worked in Social Services in the beginning of her career with her long term goal to become an Administrator. Patty also worked in sales and marketing throughout her journey. The opportunity came along to open a new AL/MC in Eldon. Patty is originally from Ohio and is married with three grown children.

2:15 PM -

PDPM/NTA

3:45 PM

1.5 PC CEU

Concurrent

Session

Amy Urich

In the world of the Patient-Driven Payment Model (PDPM), the rate adjustment trends down the longer the client is admitted to the Skilled Nursing Facility (SNF). The push to get clients healed faster using advanced modalities is more important now than ever. This webinar will cover what you need to know and the resources for your PDPM success. The client with wounds has the potential to touch almost 20 categories in a PDPM payment model. Join us to discuss the payment model changes and advanced modalities for wounds to give your client the best outcome at healing possible. **Amy L. Urich** is a seasoned healthcare professional with over 13 years of diverse experience, particularly excelling in the field of wound care. With a robust background that includes five years in higher-level management, Amy has established herself as a leader in the healthcare industry, making significant contributions to both clinical and operational excellence. Currently, she serves as the Chief Operating Officer for one of the largest mobile wound care companies in the Midwest. In this role, Amy oversees a dynamic team and drives strategic initiatives that enhance patient care and operational efficiency. Her leadership has been pivotal in expanding the company's reach and improving the quality of wound care services.

2:15 PM —

Beyond the Blues: Championing Mental Health in AL and LTC

3:45 PM

1.5 PC CEU

Concurrent

Session

Sara

Cleveland

Too often, signs of depression in older adults go unseen or dismissed as part of aging. This talk shines a light on the hidden reality of depression in assisted living and long-term care, and what we can do about it. We'll break down barriers, challenge stigma, and share practical strategies to foster communities where residents feel safe to speak up and supported when they do. **Sara Cleveland, MSW, LCSW**, is the Regional Vice President of Clinical Services for the Great Plains Region at Deer Oaks Behavioral Health. A graduate of the University of Kansas with a Master of Social Work degree earned in 2001, Sara has extensive experience providing clinical services in long-term care, and assisted living settings. She joined Deer Oaks in 2019, bringing her passion for supporting the mental and emotional well-being of older adults and helping them discover how to live purposeful and meaningful lives. In her leadership role, she focuses on ensuring that psychological and psychiatric services within long-term care and assisted living communities thrive and maintain the highest standards of quality to enhance residents' emotional well-being and overall quality of life.

4:00 PM -

Hazard Vulnerability Analysis: What is it, How do I get one, What do I do with it?

5:00 PM

1 PC CEU

Chris

Blomgren

Attendees will be able to identify what a Hazard Vulnerability Analysis is, know and be able to demonstrate the steps in creating an HVA. Know and verbalize the next steps in using an HVA, including staff training and meeting annual exercise requirements. **Chris Blomgren** retired from the volunteer fire service and public emergency management service after 31 years of public service. During his tenure with Kahoka & Clark County Fire and Emergency Management Agencies, Chris created interagency training and exercise plans incorporating hundreds of participants from rural Missouri annually. Additionally, as a volunteer leader with Team Rubicon, Chris designed the organization's first full-scale mobilization exercise incorporating dozens of agencies and over 100 volunteers, an event setting the standard for pre-planned events. Chris currently consults with healthcare facilities on rural healthcare preparedness, focusing on partnerships, planning, training and exercises. Chris holds an associate degree in nursing (RN), a bachelor degree in psychology and a master's degree in emergency preparedness. He has completed the Master Exercise Practitioner Program and National Emergency Management Executive Academy.

MANHA Winterfest

Thursday, February 5, 2026

Education Sessions

4:00 PM - **ALF Panel Open Discussion**

5:00 PM

1 PC CEU

**Charice
Hilgedick**

Attendees will be involved in a guided open discussion on hot topics in Assisted Living Facilities. **Charice Hilgedick**, RN, LNHA is the Administrator of the Healthcare Center, Assisted Living, Assisted Living Memory Support at EverTrue Lenoir Woods in Columbia, MO. Charice started with Lenoir Woods as their Director of Nursing in 2009. She received her LNHA in 2015 and was promoted to the Administrator position in 2017. Charice started her career in healthcare as a C.N.A for Cooper County Home Health in Boonville, MO. She worked there as she went to nursing school. She obtained her Associate's Degree in Nursing in 1997 from Central Methodist University. She then worked in pediatrics for the next three year's at the University of Missouri, Columbia. The Director of Nursing from Cooper County called her and offered her a RN position at Home Health where she started her career, and she accepted. Working as a direct care RN for the first three years and then taking over as the Administrator for seven years before moving to Lenoir. Charice received her Bachelor of Science in Nursing in 2020 from University of Missouri, Columbia and her Master's Degree in Healthcare Administration from William Woods University in 2023. She has been married for 27 years to her husband, Shane. Together they have two children Kelly and Cody, and two grandchildren. As a family, they enjoy outside time - hunting, fishing, and spending time together on the water, as well as working together on their family farm.

Friday, February 6, 2026

8:30 AM -

Affirming Care for Transgender and Non-Binary Community

10:00 AM

1.5 PC CEU

Sadiya

Abjani

This presentation provides a deep dive into the lives and experiences of transgender individuals. Participants will be guided through the many choices that a transgender individual can make to live and express their gender identity, and will learn best practices for understanding and validating those choices. This includes subjects such as relationships, names, the varying definitions of what it means to transition, and the challenges transgender people may experience when seeking care. Participants will walk away with a better understanding of ways to support transgender clients in their community. **Sadiya Abjani** (she/her) is SAGECare's Director of Training and Instructional Design. In this role, she blends her expertise in curriculum development and training delivery to create and deliver SAGECare's wide range of courses in person-centered care that addresses the needs and concerns of LGBTQ+ older adults. She has been working in the LGBTQ+ community for over 15 years and has a decade of experience in professional equity and belonging work. With a background in Islamic Studies and English from the University of Texas at Austin, she is also a passionate queer Muslim activist dedicated to promoting inclusivity and education.

10:15 AM -

Missouri Board of Nursing Home Administrators Update

11:15 AM

1 CEU

April Mertens

MO. Board of Nursing Home Administrators Update. **April Mertens**, serves as the Board Administrator for the Board of Nursing Home Administrators with the Department of Health and Senior Services, where she plays a key role in supporting and guiding the profession. Recognized for her dedication and leadership, April has been named a Who's Who recipient in both 2024 and 2025 – an honor that reflects her commitment to advancing standards in long-term care and supporting administrators. With a passion for collaboration and continuous improvement, April brings both expertise and enthusiasm to her work. She is deeply engaged in ensuring nursing home administrators are equipped with the tools, resources, and guidance they need to thrive in an ever-changing healthcare landscape. At this year's Winterfest Conference, April is excited to connect, share insights, and continue fostering a strong and supportive professional community.

11:30 AM -

DHSS UPDATES

1:00 PM

1.5 CEU

Presented by Tracy Niekamp



MANHA Winterfest Registration

Packages

Please fax registrations to: 573-634-8590 or email to dotties@mlnha.org

Member Administrators	Includes all educational sessions (total 17 CEUs – 5 possible PC CEUs) & social functions, 2 breakfast, 2 lunch, 1 reception, breaks, & exhibit hall passes.	\$395
Prospective Member	Includes all educational sessions (total 17 CEUs – 5 possible PC CEUs) & social functions, 2 breakfast, 2 lunch, 1 reception, breaks, & exhibit hall passes.	\$495
Staff/Associate Members/Spouse	Same as Member Administrator (no Administrator CEUs), Certificate of Attendance	\$225
Wednesday Only	Includes educational sessions (total 7 CEU's including 1 PC CEU), lunch, breaks, and exhibit hall pass.	\$175
Thursday Only	Includes educational sessions (total 6 CEU's including 2.5 PC CEU's), lunch, breaks, and exhibit hall pass.	\$175
Friday Only	Includes educational session (total 4 CEU's including 1.5 PC CEU's), breakfast, and breaks.	\$110

Attendees

A refund minus a \$50 processing fee will be given if requested by January 28th, 2026. No refunds will be given after that date. You may send a substitute.

Name:		Email:	
Company:		Package:	Admin #:
Name:		Email:	
Company:		Package:	Admin #:
Name:		Email:	
Company::		Package:	Admin #:

Payment Method

- ☐ Credit Card—Please go to the following section or pay online at www.mlnha.org after you receive your invoice.
- ☐ Check made payable to MANHA
- ☐ Invoice emailed to: _____

Invoice must be paid prior to conference

Amount to be Charged: _____

Credit Card

Card Number	Exp. Date
Name on Card	Security Code
Billing Address	
City	State
	Zip Code



**See everyone June 7th-10th at Lodge of the
Four Seasons for our summer conference!!**