

Missouri Association of Nursing Home Administrators

# 2025 ANNUAL CONVENTION

June 8-11, 2025



Lodge of the Four Seasons  
Lake of the Ozarks, MO

# MANHA Convention

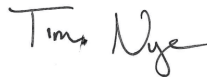
Missouri Association of Nursing Home Administrators is pleased to invite you to attend our 2025 Annual Convention. The goal of this conference is to provide meaningful, forward thinking, and real-time education to explore new trends, and identify your strengths and areas for improvement. **"Success is no accident. It is hard work, perseverance, learning, studying, sacrifice and most of all, love of what you are doing or learning to do."** —Pelé

**Thank you!**



Joseph Shafer

MANHA President



Tim Nye

Convention Chair



Dottie Sharpe

Executive Director

## Cancellation

Advance registration is required. Registrations are due by May 30, 2025. Registration fees will be **increased by \$50.00 after the May 30th due date**. A full refund minus a \$50 processing fee, will be given if requested by May 31, 2025. No refunds will be given after that date. You may send a substitute.

## Special Diets

If you have a special diet, please include that information on the registration form or via email to [dotties@mlnha.org](mailto:dotties@mlnha.org)

## Accreditation

Educational seminars are pending Missouri Board of NH Administrators approval of 20 total CEUs of which there are a possibility of 8.5 Patient Care CEUs. All attendees will be issued certificates of attendance within a week after the conference.

## Hotel Information

**Rate:** \$149-159/night + \$18 resort fee/night  
**Lodge of Four Seasons**, 315 Four Seasons Drive  
Lake Ozark, Missouri 65049

Reservations: [MANHA Convention-Member/Attendee BOOK HERE](#)

*You must reserve your room no later than **May 16, 2025***

*After that date, rooms are on availability basis only.*

## Sunday

# 6/8

<b>11:30a-12:30p</b>	Registration	<b>CEUS</b>
<b>12:30p-1:30p</b>	<b>Preventing Workplace Violence in Health Care</b> <i>Presented by Pat Behen</i>	<b>1</b>
	<i>Speaker Sponsored by Missouri Nursing Home Insurance Trust</i>	
<b>1:45p-3:15p</b>	<b>Recognizing and Preventing Abuse &amp; Neglect in Missouri's SNFs and ALFs</b> <i>Presented by Penny Kampeter and Debbie Pool</i>	<b>1.5 PC</b>
<b>3:30p-4:30p</b>	<b>Introduction to Hand in Hand: A Training Series for Nursing Homes</b> <i>Presented by Cheryl Parsons</i>	<b>1 PC</b>
	<i>Speaker Sponsored Staff Development Solutions</i>	

## Monday

# 6/9

<b>7:30a- 8:00a</b>	Registration and Continental Breakfast	<b>CEUS</b>
<b>8:00a-9:30a</b>	<b>Think Like an Improviser at Work</b> <i>Presented by Mike McGuire</i>	<b>1.5</b>
<b>9:45 A- 10:45a</b>	<b>We Ain't Talking Alphabet Soup: How 2025 Changes in MO. DNR Law impacts LTC through TROPP/POLST</b> <i>Presented by John Carney</i>	<b>1</b>
<b>11a-12p</b>	<b>What Matters Most: Ensuring Residents Goals of Care are met ESPECIALLY as the Journey Ends</b> <i>Presented by John Carney</i>	<b>1 PC</b>
<b>12p-1p</b>	Lunch and General Membership Meeting	
<b>1p-2p</b>	<b>What is Change in Condition?</b> <i>Presented by Carolyn Gasser</i>	<b>1 PC</b>
<b>2:15p— 3:15p</b>	<b>Keep Your Knife Sharp!</b> <i>Presented by Josh Hill and Aaron Gregory</i>	<b>1</b>
	<i>Speaker Sponsored by SCG Food Service</i>	
<b>3:30 - 5:00p</b>	<b>Enhanced Barrier Precautions: What, Where, When, Why, and How</b> <i>Presented by Sue Shumate and Julie Cones</i>	<b>1.5 PC</b>

## Tuesday

# 6/10

<b>7:30a—8:00a</b>	<i>Registration &amp; continental breakfast</i>	<b>CEUS</b>
<b>8:00a - 9:00a</b>	<p><b>The Value of Food Safety Culture</b>  <i>Presented by Nathan Holtschlag and Rebecca Shinn</i>  <i>Speaker Presented by Kohl Wholesale</i></p>	<b>1</b>
<b>9:15a - 10:45a</b>	<p><b>Practical Strategies for Managing Behavioral Health Needs of Nursing Home Residents</b>  <i>Presented by Amber Jennings</i></p>	<b>1.5 PC</b>
<b>11:00a—12:00p</b>	<p style="text-align: center;"><b>CONCURRENT SESSION</b></p> <p><b>Survey Success: Departmental Tips and Pearls for Excellence in Long-Term Care Compliance</b>  <i>Presented by Nicky Martin</i></p> <p><b>ALF Survey Preparation Tips and Tricks</b>  <i>Presented by TBD</i></p>	<b>1</b>
<b>12:00p-1:00p</b>	<b>Lunch</b>	
<b>1:00p-2:00p</b>	<p style="text-align: center;"><b>CONCURRENT SESSION</b></p> <p><b>Are You Ready for YOUR Missouri CMI Audit?</b>  <i>Presented by Melinda Renshaw</i>  <i>Speaker Sponsored by Renshaw Reimbursement &amp; Consulting</i></p> <p><b>Missouri Medicaid &amp; Home and Community-Based Services for RCF and ALF</b>  <i>Presented by Carrie Johnson</i></p>	<b>1</b>
<b>2:15p-3:45p</b>	<p style="text-align: center;"><b>CONCURRENT SESSION</b></p> <p><b>Key Updates to CMS Nursing Home Requirements - A Focus on Residents</b>  <i>Presented by Nicky Martin and Mark Francis</i></p> <p><b>ALF Maintenance and Testing of Sprinkler Systems</b>  <i>Presented by Skip Johnson</i>  <i>Speaker Sponsored by Johnson Controls Fire Protection</i></p>	<b>1.5</b>

## Wednesday

# 6/11

<b>7:30a—8:30a</b>	<i>Registration &amp; breakfast buffet</i>	<b>CEUS</b>
<b>8:30a - 9:30a</b>	<p><b>Labor Law Updates</b>  <i>Presented by Tim Hilton and Kyle Russell</i></p>	<b>1</b>
<b>9:45a - 11:15a</b>	<p><b>DHSS Updates</b>  <i>Presented by Tracy Niekamp</i></p>	<b>1.5</b>
<b>11:30a - 12:30p</b>	<p><b>The Power of ECHO Model: Enhancing Dementia Care Through Collaboration and Innovation</b>  <i>Presented by Rachel Mutrux</i></p>	<b>1 PC</b>

# Sunday, June 8, 2025

# Education Sessions

## 12:30-1:30pm **Preventing Workplace Violence in Health care**

1 CEU

*Pat Behen*

This workshop will be focused on helping healthcare facilities understand what they can do to prevent work place violence in their facilities. Attendees will be presented with statistics on workplace violence in health care settings, definitions on the types of work place violence, and steps and training they can do with their staff to help prevent work place violent incidents.

## 1:45- 3:15PM **Recognizing and Preventing Abuse & Neglect in Missouri's SNFs and ALFs**

1.5 PC CEU

*Penny Kam-  
peter & Debbie  
Pool*

This educational session provides an in-depth look at abuse and neglect in Skilled Nursing Facilities (SNFs) and Assisted Living Facilities (ALFs) in Missouri. Attendees will learn about state regulations, reporting requirements, and best practices for prevention and intervention. The seminar will cover the top cited IJ's throughout our state, learn staff responsibilities, & strategies for creating safety and compliance. Designed for healthcare professionals, this session aims to enhance awareness and ensure the highest standards of resident care.

## 3:30-4:30PM **Introduction to Hand in Hand: A Training Series for Nursing Homes**

1 PC

*Cheryl Parsons*

The mission of the Hand in Hand training is to provide nursing homes with a high-quality training program that emphasizes person-centered care in the care of persons with dementia and the prevention of abuse. This session is an introduction to offering this training to your staff, at all levels of care and improving dementia care outcomes in your facility.

# Monday, June 9, 2025

## 8:00-9:30am **Think Like a Improviser at Work**

1.5 CEU

*Mike  
McGuire*

So, what does it mean to think like an improviser? It means being fully present, listening to truly understand another person's perspective, rather than just responding. Improvisors view every idea as golden and every person as significant and important. It's how human beings should treat one another. Improvisers collaborate and build upon ideas, rather than making it about themselves and their ideas. It's the ultimate in collaboration and brainstorming. If you want to learn how to play pickleball, you don't just listen to a speaker talk about pickleball. You get out on the court, right? You do it! It's the same for soft skill development. The learning is by doing and practicing them. That's why people have "AHA moments" or personal realizations about themselves when doing these exercises and when we talk about observations afterwards.

## 9:45-10:45am **We Ain't Talking Alphabet Soup: How 2025 changes in Missouri DNR Laws impact LTC through TROPP/POLST**

1 CEU

*John Carney*

Changes to Missouri's Outside the Hospital DNR law this year impacts nursing homes by recognizing TPOPP/POLST as equivalent to the Purple Form while adding ambulance indemnity protections. This session will cover changes taking effect this year, a brief historical review, information on access to forms, LTC and Regional EMS provider training resources, and benefits in clinical care outcomes for patients and families.

## 11:00-12:00p **What Matters Most: Ensuring Residents Goals of Care are met ESPECIALLY at the Journey Ends.**

1 PC CEU

*John Carney*

Nursing home administrators are deeply committed to providing the best care possible, not just in the good times, but when times get tough for residents and their families. Learn how changes in Missouri's Code status law can make a difference in clinical care outcomes for residents who have or need to express their treatment wishes so the final outcomes can be honored and protected through TPOPP/POLST.

## 1:00p-2:00p **What is Change in Condition?**

1 PC

*Carolyn  
Gasser*

This presentation will cover the definition of acute change of condition, risk factors, top 12 changes, symptom recognition. This presentation will also cover the stop and watch tool.

## 2:15p - 3:15p **Keep Your Knife Sharp!**

1 CEU

*Josh Hill  
Aaron Gregory*

**Why do we need a sharp knife?** Discuss the challenges associated with culinary staff training. Discover the true cost of turnover and how proper training can help minimize. **How to sharpen my knife?** Attendees will acquire the knowledge and skills to implement Culinary Staff training in their communities. Join Chef Aaron as he gives a hands on back of the house training demonstration. **Keeping your Knife Sharp!** – Learn the importance of keeping your culinary team sharp! Set best practices, monitor, and evaluate. Attendees will gain the knowledge and confidence to implement a long term training program for their culinary team!

## Monday, June 9, 2025

3:30-5:00p

### **Enhanced Barrier Precautions: What, Where, When, Why and How**

“Enhanced Barrier Precautions” (EBP) refer to an infection control intervention designed to reduce transmission of multidrug-resistant organisms that employs targeted gown and glove use during high contact resident care activities. This seemingly straightforward guidance has created lots of questions. Join us to discuss the What, Where, When, Why and How of this newest type of transmission-based precaution for nursing homes. Implementation strategies will be addressed in addition to what can be done to reduce the need for this type of precaution in addition to navigating the unique situations that aren’t clear cut.

1.5 PC CEU

*Sue Shumate*

*Julie Cones*

## Tuesday, June 10, 2025

8:00-9:00a

### **The Value of Food Safety Culture**

This presentation will discuss the flow of food from purchasing to service. We will provide examples of questions and concerns from our customers. We will also relate the food safety principles to the relevant F-tags.

1 CEU

*Nathan*

*Holtschlag and*

*Rebecca Shinn*

9:15-10:45a

### **Practical Strategies for Managing Behavioral Health Needs of Nursing Home Residents**

This presentation will teach you to understand symptoms of common mental health diagnoses. You will be able to establish strategies for management of behavioral health conditions. You will also learn to identify available resources to assist with planning effective nonpharmacological interventions.

1.5 PC CEU

*Amber*

*Jennings*

11:00-12:00p

#### CONCURRENT SESSION

1 CEU

### **SNF Survey Success: Departmental Tips and Pearls for Excellence in LTC Compliance**

This presentation will explain the key departmental regulatory standards and guidelines that skilled nursing facilities (SNFs) must adhere to during surveys. Outline strategies and best practices for maintaining continuous departmental survey readiness within SNFs. We will also discuss departmental best practices to identify areas of improvement.

*Nicky Martin*

### **ALF Survey Preparation Tips and Tricks**

This presentation will discuss how to prepare you for the state survey and give you some tips on how to keep your facility prepared all year long.

1:00-2:00p

#### CONCURRENT SESSION

1 CEU

### **Are You Ready for YOUR Missouri CMI Audit?**

Everybody is getting one or at least one in every nursing home chain. Beginning July 1<sup>st</sup>, 2024, DHSS chose to use **ONLY** the nursing component of PDPM for the CMI portion of the Missouri Medicaid rate. CMI levels are derived by items captured or not captured on the MDS. Also as of July 1<sup>st</sup>, 2024, there was very specific guidance set by Myers & Stauffer regarding what must be present to capture items that impact the CMI. Let’s talk about this.

*Melinda Renshaw*

*Carrie Johnson*

### **Missouri Medicaid & Home and Community -Based Services for RCF and ALF**

This presentation will explore strategies for optimizing the Missouri Medicaid and Home and Community-Based Services (HCBS) programs for residents in Residential Care and Assisted Living facilities, particularly in light of the increasing number of individuals entering care with limited financial resources. It will focus on improving access to care, enhancing service delivery, and addressing the financial challenges faced by both residents and facilities. By identifying opportunities for efficiency, cost-effectiveness, and better care coordination, the presentation will highlight ways to ensure that Missouri’s Medicaid and HCBS programs can better support the health, well-being, and financial security of individuals in these settings.

## Tuesday, June 10, 2025

2:15-3:45P

CONCURRENT SESSION

1.5 CEU

### **Key Updates to CMS Nursing Home Requirements - A Focus on Residents**

*Nicky Martin*

*Mark Francis*

This presentation will provide an overview of the recent updates from the Centers for Medicare & Medicaid Services (CMS) as outlined in memo QSO-25-14-NH. We will discuss new requirements in detail and the impact on nursing home operations. Attendees will gain insights into compliance expectations, policy and procedure updates that may be needed, and how these changes will impact resident quality care and facility operations in the long-term care sector.

*Skip Johnson*

### **ALF Maintenance and Testing of Sprinkler Systems**

In this module we will discuss the importance of maintaining water based fire sprinkler systems and how sprinkler system neglect can affect the systems from operating as they were originally designed and approved. This module will incorporate NFPA 13 & NFPA 25.

## Wednesday, June 11, 2025

### **8:30-9:30am Labor Law Updates**

1 CEU

This session will address the current labor law changes in the state of Missouri.

*Tim Hilton*

*Kyle Russell*

9:45—

### **DHSS Update**

11:15am

This session will focus on state and federal regulatory changes and updates that have an impact on long-term care communities.

1.5 CEU

*Tracy*

*Niekamp*

11:30a-

12:30p

### **The Power of the ECHO Model: Enhancing Dementia Care Through Collaboration and Innovation**

1PC CEU

By the end of this session, participants will gain a comprehensive overview of the Show-Me ECHO model, including history, principles, and how it enhances the capacity of nursing home administrators and staff to improve dementia and Alzheimer's care.

*Rachel*

*Mutrix*



# MANHA

## Membership 2025-26

**Regular Dues \$250, Auxiliary \$150**



Name: \_\_\_\_\_ License No.: \_\_\_\_\_

Home Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_ County: \_\_\_\_\_

Email Address: \_\_\_\_\_

Corporate Name: \_\_\_\_\_

Facility Name (if different): \_\_\_\_\_

Facility/Business Address: \_\_\_\_\_

Facility/Business City/State/Zip: \_\_\_\_\_

Business Phone: \_\_\_\_\_ Business Fax: \_\_\_\_\_

Mail sent to:  Business  Home      Information Listed on Web Page:  Business  Home

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 Mail: MANHA, 915 Southwest Blvd. Ste J., Jefferson City, MO 65109      Fax: (573)634-8590      Email: [dotties@mlnha.org](mailto:dotties@mlnha.org)

Method of Payment :  Check       MC       Visa       AE

Card #:			Exp. Date:	
Name on Card:			Security Code:	
Billing Address:				
City:		State:		Zip Code:



# Registration

# MANHA Convention

Packages	Please fax registrations to: 573-634-8590 or email to: <a href="mailto:dotties@mlnha.org">dotties@mlnha.org</a>	
MANHA Member Administrators	Includes all educational sessions (total 20 CEUs –8.5 possible PC CEUs) & social functions, 3 breakfast, 2 lunch, 1 reception & breaks	\$395
Prospective MANHA Member	Includes all educational sessions (total 20 CEUs –8.5 possible PC CEUs) & social functions, 3 breakfast, 2 lunch, 1 reception & breaks	\$495
Staff/Associate Members /Spouse	Same as Member Administrator (no Administrator CEUs), Certificate of Attendance	\$275
Monday Only	Includes educational sessions (total 7CEU's including 3.5 PC CEU's), lunch and breaks	\$180
Tuesday Only	Includes educational sessions (total 6 CEU's including 1.5 PC CEU), lunch and breaks	\$170
Sunday or Wednesday Only	Sunday Includes educational session (Total 3.5 CEU's including 2.5 PC CEU's) and breaks. Wednesday includes educational session (total 3.5 CEU's, including 1 PC CEU) Breakfast and breaks.	\$115 (each day)

## Attendees

**To become a member for discount pricing see the membership form!**

Name:		Email:		
Facility:		Package:		Admin #:
Name:		Email:		
Facility:		Package:		Admin #:
Name:		Email:		
Facility:		Package:		Admin #:

## Payment Method

Credit Card—Please go to the following section

Check made payable to MANHA

Invoice emailed to:

*Invoice must be paid prior to conference*

Amount to be Charged: \_\_\_\_\_

## Credit Card

Card Number

Exp. Date

Name on Card

Security Code

Billing Address

City

State

Zip Code