

Prerequisites for the RNA Course

It is recommended that the RNA course be offered to those individuals who qualify based on the following criteria:

- The individual should be a practicing CNA with at least six (6) months experience after completion of the CNA program.
- The director of nursing of the facility at which he/she is employed should recommend the individual.
- The individual should have a high school diploma or GED.

Education Program

A **manual** developed by the Department of Health and Senior Services is available. The manual is available at **Assessment Resource Center** 800-366-8232 or 573-882-4694. Item number for instructors is 50-5070I and for students is 50-5070S. A recommended program consists of the following:

- The program constitutes at least 30 hours of classroom/laboratory instruction.
- A minimum of 30 hours of clinical practice will be given each participant under the supervision of the facilitator and licensed therapist.
- Hours of clinical practice may vary with each student based on mastery learning.
- Evaluation includes written tests.

Training Facilities

Recommended training sites include the following:

- Area Vocational-Technical Schools
- Comprehensive High Schools
- Community Colleges
- Selected four-year institutions
- Classes may be held in ICF/SNF level of care long term care facilities.

Instructor Qualifications

The following minimum requirements are recommended:

- The course may be facilitated by an RN (preferably a Certified Rehabilitation Nurse or Certified Gerontological Nurse). She/he may teach up to Unit VI (Specific Care Problems of the LTC Resident).
- Individual consultants (i.e., physical therapist, occupational therapist, speech therapist) should teach specific restorative procedures in their respective areas.

Test Procedure

A recommended testing procedure is:

- The practical exam will consist of a minimum of six skills, two from each discipline (Speech Therapy, Occupational Therapy, and Physical Therapy). Plus four (4) required skills:
 1. Draping the resident for treatment/procedures
 2. Range of motion exercises
 3. Transfer techniques
 4. Ambulation activities

For further information regarding this program contact us.