

This on-line course combines reading the lesson plan from the documents on the Learning Management System and completing each of the workbook exercises in the workbook. If the student completes the reading exercise, completes the workbook exercises, observes any procedure being done that requires competency (temperature, bathing, etc.,) and then completes the on-line portion they will exceed a 75-hour investment in the course. **It is very important that the student logs in to the system to capture the minutes they are spending reading, doing exercises, observing procedures, conducting interviews, etc and competing the on-line course and quizzes to log in the appropriate number of hours.** If a student is getting done too soon the system will not print their certificate and they will not be able to complete the AB forms to qualify to set the examination.

Time Grid for Completion of Lesson Plans:

Unit	LP	Topic	Slides	Quiz	Video	Video Minutes	Reading Pages	WB Exercises	Competencies	Estimated Completion Time	Hrs Accumulated	Penny's Completion Times (Min)	Hrs Accumulated
Intro	Intro	Intro	29	10	1	20	12	0	0	75	1.25	145	2.42
1	1	Career as a CNA	44	10	0	0	32	5	0	175	4.17	210	5.92
1	2	Health Care Team	26	10	0	0	19	5	0	130	6.33	195	9.17
1	3	Skills for Success	34	10	0	0	23	3	0	150	8.83	210	12.67
2	1	Ethics	20	10	0	0	16	1	0	130	11.00	150	15.17
2	2	Resident Rights	17	10	2	21	17	0	0	90	12.50	105	16.92
2	3	Abuse and Neglect	39	10	0	0	28	1	0	130	14.67	183	19.97
2	4	Regulatory Process	27	10	0	0	16	2	0	90	16.17	105	21.72
2	5	Quality of Life	23	10	0	0	19	3	0	110	18.00	113	23.60
3	1	Crucial Role of Communication	19	10	0	0	16	0	0	130	20.17	123	25.65

3	2	Communications Tools in HC	28	10	1	3	20	2	1	130	22.33	170	28.48
3	3	Documentation in MR	40	10	2	24	14	3	0	130	24.50	145	30.90
3	4	Observing & Reporting	79	10	12	63	57	5	6	300	29.50	345	36.65
3	5	Special Communication Needs	26	10	3	21	15	0	0	90	31.00	195	39.90
4	1	Psychosocial Development	22	10	0	0	26	0	0	80	32.33	185	42.98
4	2	Mental Illness and Dementia	20	10	0	0	24	0	0	80	33.67	210	46.48
4	3	Dealing with Behaviors	12	10	1	5	12	0	0	60	34.67	65	47.56
5	1	Body Systems Impact of Aging	78	20	0	0	75	0	0	220	38.33	397	54.18
6	1	Safety Measures and Environ	31	10	2	8	15	0	5	120	40.33	102	55.88
6	2	Fire Natural Disaster and Other ER	15	10	1	2	11	0	1	60	41.33	79	57.20
6	3	Ergonomic Rules	16	10	1	3	12	0	1	60	42.33	86	58.63
7	1	Infection Control	28	10	5	27	24	2	4	165	45.08	192	61.83
7	2	Transmission Based Precautions	22	10	1	6	20	1	2	120	47.08	162	64.53
8	1	Nutrition and Hydration	37	10	7	35	45	1	4	180	50.08	227	68.31

8	2	Oral Care	18	10	3	19	15	0	3	120	52.08	154	70.86
9	1	Urine Elimination	35	10	6	59	28	0	4	209	55.57	245	74.94
9	2	Bowel Elimination	29	10	1	5	18	0	1	90	57.07	117	76.89
9	3	Bowel and Bladder Training	15	10	0	0	11	0	0	45	57.82	66	77.99
10	1	PC Personal Care	56	10	16	109	54	0	16	365	63.90	447	85.44
10	2	Care of Pressure Ulcers	16	10	2	17	11	0	1	80	65.23	132	87.64
11	1	Principles of Restorative Nursing	59	10	11	58	48	0	9	280	69.90	381	93.99
11	2	Positioning and Mobility Devices	13	10	1	10	8	0	0	50	70.73	72	95.19
11	3	Observing and Reporting Mobility	30	10	0	0	26	0	0	92	72.27	126	97.29
12	1	Oxygen therapy	22	10	3	12	18	0	4	108	74.07	118	99.26
12	2	Care of Dialysis Resident	12	10	0	0	7	0	0	40	74.73	48	100.06
12	3	Pain Management	17	10	0	0	17	0	0	60	75.73	67	101.18
12	4	Pre- and Post-Operative care	11	10	0	0	7	0	0	36	76.33	48	101.98
12	5	End of Life	21	10	0	0	18	1	1	87	77.78	126	104.08
12	6	Admission, Transfer and Discharge	10	10	0	0	11	0	0	45	78.53	67	105.20

Final Mock Test			75						60	79.53	72	106.40
Totals	Min		1096	475	82	527	1730	35	63	4772	79.53	106.40
Total	Hrs.		18.27	7.92		8.78	28.83	11.67	15.75	79.53		
Slides are an estimate at 1 minute per slide, the audio lasts much longer than that on average												
* Video are timed and not estimated and account for 8.78 hours of course time												
** Reading is estimated at 2 minutes per page and accounts for 28.83 hours of time												
*** Workbook exercises are estimated at 25 minute each. And account for 11.67 hours of time												
****Competencies are estimated for each one individually some are going to be much lengthier than others and account for 15.75 hours of time. The student is cued to seek out the RN Instructor or Clinical Supervisor for each one for practice and signature												

Lesson Plan Review

Becoming a Certified Nurse Assistant: A Person-Centered Approach © Cheryl Parsons 2020

Introduction- Student should be logged in to count time while doing the reading, any workbook exercises) and practicing and completing competencies.

Concept: The introduction provides an overview of the CNA Program and introduces the importance and meaning of person-centered approaches to care. The introduction defines expectations for course work, qualifications and introduces the student to the author.

Introduction to the Course

1. Reading Assignment: 12 Pages from Manual (Go to The Resource Library in the LMS and Click on the CNA manual, open the introduction file and read material. This library also includes an estimated time grid and this instruction material) Read all the materials!

2. LMS: Complete the on-line lesson on the LMS.
3. There is no quiz for the introduction.

Estimated Time for Completion: 75 minutes or 1.25 hours.

Competency: There are no competencies for the introduction

Facility or In-Person Instruction Enhancement Ideas:

- Have students interview seasoned CNA’s regarding why they became CNA’s and what they like and do not like about the job.
- Give students time to talk together (if taking in groups in the classroom or facility) and discuss why they think they chose this career, let them explore what they think the career is and what they hope to gain from the course.

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Refer to the Time Grid for the workbook exercises and the required competencies for each lesson plan. These also have estimated completion times.

The student must read the required reading material!

Complete the On-line slides, audio, and video material!

Achieve an 80% on all tests to advance. Every Lesson Plan except the introduction has a test.

Complete the Workbook Exercises (found in the resource library)

Practice and Complete the Competencies as they are introduced to them.

Have the competency information transferred to the AB form as required by state regulation.

Complete the Final Mock Written Exam and achieve an 80% on the final score.

It is highly recommended that an RN Instructor or Clinical Supervisor make copies of the TMU (third party testing site's competency/grading sheets-they are contained in the library files) and conduct a mock clinical examination to help the students feel more confident with the process!