

Missouri Association of Nursing Home Administrators

2024 MANHA Winterfest Conference & Trade Show



February 14-16, 2024

Holiday Inn Executive Center
Columbia, MO

MANHA WINTERFEST

Missouri Association of Nursing Home Administrators is pleased to invite you to attend our Winterfest Convention and Trade Show. The goal of this conference is to provide long-term care administrators and their staff with practical and inspirational education hours along with the opportunity to network and socialize with colleagues. It is also the only MANHA sponsored conference that provides you a chance to view the latest technology, products, and services offered by suppliers. Join us this February and **UNLOCK THE MAGIC of MARDI GRAS!**

Thank you!

Joseph Shafer
MANHA President

Tim Nye
Convention Chair

Dottie Sharpe
Executive Director

CANCELLATION

Advance registration is preferred. All on-site registration fees will be **increased by \$50.00**. A full refund minus a \$50 processing fee, will be given **if requested by January 26, 2024**. No refunds will be given after that date. You may send a substitute.

SPECIAL DIETS

If you have a special diet, please include that information on the registration form

ACCREDITATION

Educational seminars are approved for 17 total CEUs of which there are a possible 3.5 Patient Care CEUs. Approved by the Missouri Board of Nursing Home Administrators (TA 029-25) All attendees will be issued certificates of attendance. **One hour of the 17 total CEU's will be given by obtaining pieces of educational materials from participating vendors in the exhibit hall with your Passport!**

HOTEL INFORMATION

Rate: \$109/night
Holiday Inn Executive Center

2200 I-70 Drive SW Columbia, MO 65203

Reservations: (573) 445-8531 or online: MANHA Winterfest & Tradeshow 2024

*You must reserve your room no later than **January 13, 2024**.*

After that date, rooms are on an availability basis only.





2/14

WEDNESDAY

7:30 AM - 8:00 AM	REGISTRATION	CEUS
8:00 AM - 9:30 AM	Put Some GRATITUDE In Your ATTITUDE! <i>Presented by Roy Johnson</i>	1.5
9:30 AM - 9:45AM	BREAK	
9:45 AM - 10:45 AM	Work Place Violence <i>Presented by Elizabeth Morales, MS</i>	1
10:45 AM - 11:00 AM	BREAK	
11:00 AM - 12:00 PM	Marijuana and Employment Law <i>Presented by Mary Anne Quill</i>	1
12:00 PM - 1:00 PM	LUNCH	
1:00 PM - 2:00 PM	Marijuana and Litigation Trends <i>Presented by Mary Anne Quill</i>	1
2:00 PM - 4:00 PM	BREAK WITH EXHIBITORS *ONLY 1 CEU TOTAL AVAILABLE FOR PARTICIPATION	*1CEU
4:00 PM - 5:30 PM	Addressing Behavioral Management Challenges in Senior Living Facilities <i>Presented by Jeff Davis</i> <small>SPEAKER SPONSORED BY LONG TERM PSYCHIATRIC AND MEDICAL MANAGEMENT</small>	1.5 PC
6:00 PM	RECEPTION- Entertainment by Heartland Dueling Pianos in Atrium Lobby	

2/15

THURSDAY

7:30AM - 8:00 AM	REGISTRATION	CEUS
8:00 AM - 9:30 AM	Leading with Service: The Key to Resident and Employee Satisfaction <i>Presented by Erika Kramer</i> <small>SPEAKER SPONSORED BY UNITED SCRIPTS</small>	1.5
9:30 AM - 9:45AM	BREAK	
9:45 AM - 10:45 AM	Licensure Board Update <i>Presented by Sally McKee</i>	1
10:45 AM - 12:00 PM	BREAK WITH EXHIBITORS *ONLY 1 CEU TOTAL AVAILABLE FOR PARTICIPATION	*1CEU
12:00 PM - 1:00 PM	LUNCH	
CONCURRENT SESSIONS	Interpreting Wellness, Preserving Quality: Risk Management Strategies for Skin & Wound Care Success <i>Presented by Amy Bruggemann</i> <small>SPEAKER SPONSORED BY SPECIALIZED WOUND MANAGEMENT</small>	1
1:00 PM - 2:00 PM	Common Deficiencies and DMH Survey Process <i>Presented by Miranda Robinett, Nicole Stone, Sam Gierer and Martha Abuhadba - DMH</i>	

	PDPM - Medicare Reimbursement	CEUS
CONCURRENT SESSIONS	<i>Presented by Sherri Robbins</i>	
2:15PM - 3:45PM	<i>SPEAKER SPONSORED BY FORVIS</i>	1.5
	Everything ALF	
	<i>Presented by Tracy Niekamp</i>	
3:45PM - 4:00PM	BREAK	
4:00 PM - 5:00 PM	Mental Health Services and LTC	1 PC
	<i>Presented by James Wade</i>	
5:00 PM	HOSPITALITY - <i>SPONSORED BY SOUTHERN BUS & MOBILITY</i>	

FRIDAY

2/16

7:30AM - 8:30 AM	REGISTRATION & BREAKFAST BUFFET	CEUS
8:30 AM - 10:00 AM	Jeopardy MANHA Style	1.5
	<i>Presented by Penny Worthley and Tim Nye</i>	
10:00 AM - 10:15 AM	BREAK	
10:15 AM - 11:45AM	DHSS UPDATES	1.5
	<i>Presented by Tracy Niekamp</i>	
11:45AM - 12:00PM	BREAK	
12:00PM - 1:00PM	Food and Medications - Friend or Foe?	1 PC
	<i>Presented by Sue Debrito</i>	
	<i>SPEAKER SPONSORED BY GUARDIAN PHARMACY</i>	

Safe Travels Everyone & See you
 June 2-5 @
 THE RESORT
 Lake of the Ozarks

WEDNESDAY, FEBRUARY 14, 2024

Put Some GRATITUDE In Your ATTITUDE!

8:00 AM -
9:30 AM
1.5 CEU

How would you describe your attitude? Are you satisfied with it? Would you like to improve it? Are you satisfied with the attitudes of your co-workers, your relatives or your friends? Well, there is something that you can do about it! You can PUT SOME GRATITUDE IN YOUR ATTITUDE! Attitudes are contagious! Is yours worth catching? Too often we become satisfied with our attitude the way it is. We sometimes justify it by the environment that we were raised in or the attitude that others have that we communicate or associate with. Regardless of the reason, there is something we can do about it. The affect that our attitude has on others is too great to just ignore. When you PUT SOME GRATITUDE IN YOUR ATTITUDE, not only will your outlook on people and situations change, but your outlook on the whole world will change. This training session will give you suggestions on ways that you can help to transform not only your attitude but the attitude of everyone that you meet. The moving and thought provoking manner in which this training will be presented will cause you to return to your place of employment with renewed energy and enthusiasm and with some extra GRATITUDE IN YOUR ATTITUDE! **Roy Johnson** is an internationally known motivational speaker, training consultant, and author. He is a staff development specialist with the Conway Human Development Center, DHS. He has been with the State of Arkansas for over 47 years in various staff training, supervisory and management positions. Before this he was a teacher in the Little Rock school district. He has a B.A. from Philander Smith College and a Master's degree in counseling.

Work Place Violence

9:45 AM -
10:45 AM
1 CEU

Do you wonder if your community has everything in place to prevent citations and lawsuits? Manage costs? This presentation has been designed to provide you with the information needed and the action steps required to ensure a robust skin and wound program that encompasses risk management and cost containment. It is essential to evolve and adapt in caring for the increasingly complex and compromised residents' of today's intricate post-acute care market. **Elizabeth Morales, MS** started in 2002 working with the federal government as a Compliance Safety and Health Officer in Omaha, Nebraska. In 2008, she was promoted to VPP Recertification Manager and started evaluating safety and health management systems in the general industry and construction. From 2014-2018, she was promoted to Industrial Hygienist Supervisor in the Kansas City Area Office. For the last 5 years, Mrs. Morales has been working as the Compliance Assistance Specialist in the Kansas City Area OSHA Office. Mrs. Morales has a Master's in Environmental Health and a Bachelor's in General Studies from the University of Puerto Rico.

Marijuana and Employment Law

11:00 AM -
12:00 PM
1 CEU

This session will go over the employment laws impacting nursing homes and their staff. **Mary Anne Quill** is an attorney in the St. Louis office of Jackson and Lewis, a nation-wide labor and employment law firm. Mary Anne specializes in employment litigation, and has represented employees and employers in various workplace matters, including litigation of discrimination, retaliation, and wage and hour claim. Mary Anne has successfully represented clients in both state and federal courts, including jury and bench trials. Mary Anne uses her perspective as an attorney who represented both employees and management to assist employer clients in avoiding conflict, by anticipating potential risks in their employment decisions.

Marijuana and Litigation Trends

1:00PM -
2:00PM

1 CEU

This session will cover a discussion on litigation trends commonly seen in nursing home or healthcare settings. Speaker is **Mary Anne Quill**.

Addressing Behavioral Management Challenges in Senior Living Facilities

4:00 PM -
5:30 PM

1.5 CEU

This session will discuss the basic causes of challenging behaviors associated with chronic medical and psychiatric conditions, current federal regulatory requirements, non-pharmacological interventions, and the appropriate use of pharmacological interventions used to manage disease processes associated with behavioral challenges. Jeff Davis is an Advanced Practice Nurse holding certifications as a Family Practice and Psychiatric Mental Health Nurse Practitioner. Along with his Doctorate in Nursing Practice he holds a dual master's degree in Community Health Nursing and Nursing and Healthcare Leadership. He is a licensed Nursing Home Administrator and has 25 years of dedicated service to seniors in Missouri and Illinois through his work in various organizational leadership and clinical capacities. Presently he serves as the Vice President of Operations for Long Term Psychiatric and Medical Management, an organization proudly serving the psychiatric and primary care needs of residents in Skilled Nursing, Assisted Living and Residential Care Facilities throughout MO and IL.

8:00 AM -
9:30 AM

1.5 CEU

Leading with Service: The Key to Resident and Employee Satisfaction

As leaders in senior living, we juggle making a lot of people happy. Residents, employees, family members, and hopefully, ourselves. But with everything and everyone changing, how can we make sure both our external customers (residents) and our internal customers (employees) are happy? Is it possible to incorporate techniques to keep both of them at your community? Now more than ever, we need to be able to lead in a way that satisfies both, because without one, we won't have the other. And without both, we won't be successful.

Erika Kramer, LNHA, Director of Sales and Educational Development, at United Scripts is a graduate from the University of Northern Iowa with a BA in Business Management. She started as an interim for Martin Brothers in 2005 and worked in the medical supplies department in May of 2006 and became the marketing and education director in June of 2009, focusing on nursing education events and webinars as well as tools for the nursing side in long-term care. In April 2014, Erika became the Healthcare Market Developer for Missouri, focusing on the nutritional services in Senior Living Communities. In 2016, she pursued her administrators license at Des Moines Area Community College and passed her national administrator boards in March of 2017. Erika is currently the Iowa Director of Sales and Educational Development for United Scripts.

9:45AM -
10:45AM

1 CEU

Licensure Board Update

The latest information from MO Board of Administrators
Presented by Sally McKee

1:00PM-
2:00PM

1 CEU

Interpreting Wellness, Preserving Quality: Risk Management Strategies for Skin & Wound Care Success

Join us for an informative presentation that delves into the intricate world of risk management in the context of long-term care skin and wound care programs. In "Interpreting Wellness, Preserving Quality," we'll explore strategies that bridge the gap between understanding wellness and maintaining exceptional care standards. Learn how to safeguard your patients' health, uphold the quality of care, and navigate the complex terrain of skin and wound care with confidence. **Amy Bruggemann**, received her Master's of Science and Post Master's Nurse Practitioner Certificate from Southern Illinois University at Edwardsville. 19 years ago, Amy joined Specialized Wound Management and has been the Director of Clinical Operations since 2006. In this role she continues to see patients while managing Nurse Practitioners in IL, and MO. Amy has been a Certified Wound Specialist since 2006 through the American Academy of Wound Management. She began her career in healthcare at the age of 16 as a C.N.A. Amy has worked as a floor nurse, MDS Coordinator, and DON prior to becoming a NP. She edits textbooks, and journals for Springer Publishing Company, consults as a legal nurse, joins provider panels and lectures throughout the country on advanced wound care and related topics.

CONCURRENT
SESSIONS

DMH OLC - Common Deficiencies in Dually Licensed Settings

DMH Licensure and Certification (OLC) staff will provide a general overview of the survey process, common deficiencies cited in dually licensed settings, and tips on preparing for the DMH OLC survey. Miranda Robinett, is the Director for the DMH Office of Licensure and Certification. She has been employed with the Department of Mental Health since 2020 and has served in her current role since October 2022. Nicole Stone is the Eastern Region Director for the Office of Licensure & Certification. Nicole has worked the past 18 years with the Department of Mental Health in a variety of roles. She has over 25 years of experience working professionally to support individuals of all ages with Intellectual Disabilities and mental illness. Sam Gierer is the Center Region Director for the Office of Licensure & Certification. Sam has worked for the Department of Mental Health for 12 years and worked 9 years as an ALF/RCF Administrator. Martha Abuhadba, is the Western Region Director for the Department of Mental Health.



THURSDAY, FEBRUARY 15, 2024 Continued

2:15PM-
3:45PM

Everything ALF!

This Session will review ISP's, what is change in condition, and pathway to safety. Presented by **Tracy Niekamp**.

CONCURRENT
SESSION

PDPM - Medicare Reimbursement

1.5CEU

MDS changes October 1, 2023 did not necessarily impact reimbursement under the Patient Driven Payment Model (PDPM) however there were changes that could change provider strategies and processes to be in compliance with Medicare Regulations. This Session will Provide information regarding PDPM components, best practices and strategies for compliance and appropriate reimbursement for traditional skilled patients in skilled nursing facilities. **Sherri Robbins, RN, BSN, CLNC, RAC-CTA, LNHA** is a 1992 graduate of Mercy College of Nursing and Health Sciences of Southwest Baptist University, and a 1998 graduate of Southwest Baptist University with a B.S. degree in nursing. Sherri has over 30 years of experience and focuses on long-term care. She provides clinical consulting for health care providers and educates providers about Medicare reimbursement strategies. Sherri has trained numerous skilled nursing facilities as well as swing bed and skilled nursing units about proper MDS completion to manage the Medicare program. She performs comprehensive follow-up reviews focused on patient-centered care and regulation compliance to help providers obtain appropriate Medicare reimbursement.

4:00PM-
5:00PM

Mental Health Services in LTC

1CEU

Long Term care facilities, already facing the obstacles of providing behavioral health services for residents experiencing mental health challenges, are projected to see an influx in these obstacles over the coming years. As the number of patients with mental and behavioral challenges continue to rise, so does our awareness for the need to provide these crucial services, and to adjust the services already in place. Preparing to manage this influx, long term care personnel must first increase their knowledge base, become aware of the conditions that must be addressed, implement necessary training, and coordinate internal and external resources to ensure that residents with complex mental health challenges will those needs met. **James Wade, MA, LPC** is a licensed professional counselor who has worked in the mental health field since 2011. He earned his Master of Arts in Counseling degree in 2014, and since then has directed behavioral health programs across the state of Missouri. During this time, James has provided training and consultation for personnel in long term care and residential care facility settings, working to ensure that these individuals have the knowledge and skills they need to provide mental health services in a safe and effective manner. Training provided by James includes crisis management, behavioral de-escalation, personal defense, program design, psychiatric care planning, and survey readiness. In 2022, James and his partner Jennifer Sampson, launched Omnia Consultation & Training Services LLC, to further meet the demands of mental and behavioral health training needs in LTC settings.



FRIDAY, FEBRUARY 16, 2024

8:30 AM -
10:00 AM

Jeopardy MANHA Style (Part 2)

This is not your traditional Jeopardy game. Join us for Part 2 of this fun way to brush up on regulations. Come and make some noise, laugh and go away from this session Jeopardized. **Penny Worthley, RN, LHNA** has owned and operated an ALF for the last 36 years along with her husband, Ron. She has taught in various capacities in LTC and in hospital settings since 1992. Penny received her LPN license in 1992, LNHA in 1992 and her RN license in 1995. She has been Board Certified in Geriatrics since 2001. She also has been a member of MANHA for over 30 years and served on many committees and served on the board of directors for many years.

10:15 AM -
11:45AM
1.5 CEU

DHSS UPDATES

Presented by Tracy Niekamp

12:00PM-
1:00 PM
1 CEU

Food and Medications - Friend or Foe?

For this session we will define and understand the 4 stages of pharmacokinetics, describe physiologic changes in the elderly, discuss impact of these changes in the pharmacokinetics of medications, understand the interactions between foods and medications and understand the impact of drug/food interactions. **Sue Debritio, RPh, BCPS** is a pharmacist with over 28 years pharmacy experience and is blessed to have had the opportunity to serve in various roles - community, hospital, and clinical settings. In recent years, particularly during the pandemic, she became more aware of the opportunity to serve long-term care communities. Working as a consultant for Guardian Pharmacy has given her the opportunity to serve in this capacity. In the short duration of serving in this role, she has developed a deep connection with the professionals and care providers in this setting. She is always inspired by the love and care that they provide to our most vulnerable. Her passion is to support long-term care providers and residents through the sharing of knowledge specific to medication usage and potential impact upon health and wellbeing.

