

## Two-Part Seminar

# Born Naked: Rethinking Behavior Management in Long-Term Care

## How the MDS affects YOUR "bottom line"

### Seminar Dates:

October 3, 2023  
Oasis Hotel  
2546 N. Glenstone Ave  
Springfield, MO 65803

October 11, 2023  
Macon Comfort Inn  
1821 North Missouri  
Macon, MO 63552

October 26, 2023  
Ameristar Casino  
Bottleneck Blues Bar  
1 Ameristar Blvd.  
St. Charles, MO 63301

### Agenda for each session:

8:30 am – check-in  
9:00 am – Seminar  
begins  
11:15 – Lunch (on own)  
12:15 – Seminar  
resumes  
2:30 – Seminar adjourns

2.0 Administrative &  
2.0 PC CEUs available

### Born Naked: Rethinking Behavior Management in Long-Term Care

It's time to bring behavior management into the future. As the population demographics of our residents shifts and our need to meet census increases, it's time to look beyond the traditional roles of managing behaviors in our homes. This workshop will focus on getting to the root of behaviors based on where they started; how to manage those behaviors in a diagnosis-driven focused treatment regimen; and performing an assessment of your facility and services in order to appropriately meet behavioral health needs.

#### Objectives:

- Participants will understand the origins of behaviors through mental illness, trauma, environment, and transitional and progressive diffusion
- Participants will learn specific, individualized behavior management of a variety of clinical conditions
- Participants will learn how to evaluate facility space, personnel, education, and mission statements to make the best fit for moving forward with this population

### How the MDS effects YOUR "bottom line"

Discover items within the MDS that will affect reimbursement from your Medicare and Medicaid residents. Determine nursing home processes related to the MDS that effect your financial reimbursement and drive your survey. Review IQIES reports that can reveal preventative measures for loss of revenue and how to read those reports as an Administrator.

#### Registration Fees:

\$125 – 1<sup>st</sup> person from facility  
\$100 – for each additional  
person  
**MANHA Members receive \$25  
discount**

Sponsored by:



## Presenters:

**Wendy Boren, RN, BSN** - Wendy is a clinical nurse educator for QIPMO. She supports and educates administrators, DONs and clinical nursing staff in the Southeast region of Missouri. She has worked as a registered nurse in LTC for over 16 years in multiple administrative and clinical roles. Wendy serves on the board of directors for MC5 and the Southern 7 Medical Reserve Corp and is active in clinical emergency management.

**Crystal Plank, RN, BSN, RAC-CTA** – Crystal has worked in LTC for the past 23 years and is currently providing quality improvement consultation assistance to Skilled Nursing Facilities in the Central and Northeast regions in MO (QIPMO). Her vast experience includes being a Medicare Specialist, Denial Management Coordinator, MDS Coordinator, ADON, DON, and CPR instructor. Her in-depth knowledge is concentrated in state and federal regulations, LTC infection control practices, and all aspects of the RAI process. She has expertise in MDS 3.0, reimbursement (Medicare and Medicaid), and LTC regulatory compliance. She is certified as an Advanced Resident Assessment Coordinator (RAC-CTA). Crystal's passion has always been supporting the elderly population and caregivers in the long-term care industry. She completed the CMS Infection Control Preventionist program in 2020.

## Registration Form

**Location Attending:**  Oct. 3 - Springfield  Oct. 11 - Macon  Oct. 26 - St. Charles

**Attendee 1:** \_\_\_\_\_ **Attendee 2:** \_\_\_\_\_

**Email:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Facility:** \_\_\_\_\_

**Payment Information:**  Check  MasterCard  Visa  Discover  AmEx

**Card #:** \_\_\_\_\_ **Ex. Date:** \_\_\_\_\_

**Security Code:** \_\_\_\_\_ **Name on Card:** \_\_\_\_\_

**Billing Zip Code** \_\_\_\_\_

MANHA Member: YES \_\_\_\_\_ NO \_\_\_\_\_

**Mail, Fax or Email registration to:** MANHA | 4100 Country Club Drive | Jefferson City, MO 65109 |  
573-634-8590 | [dotties@mlnha.org](mailto:dotties@mlnha.org)

*A refund minus a \$25 processing fee will be given if requested by 5 days prior to seminar. No refunds will be given after that date. You may send a substitute.*