FOOD SAFETY It's A Team Approach!

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Learn about the CMS updates that affect the food and nutritional departments.



Understand the importance of food safety and recognize essential food safety and sanitation techniques.

OBJECTIVE



Learn about tools, resources, and best practices to set you and your team up for food safety success



IS IT SAFE

- You have determined a food safe to eat by looking and melling it.
- You've eaten food drop on the look here is read in the 5 second rule was established.
- You've let frozen food
- You wash raw poultry b re co g
- You use the same towel multiple unles.
- You don't wash food if it's local, organic, or natural.



NGER DANGER DANG

FOOD SAFETY: WHAT IS IT?

Food safety refers the practices that are observed during the handling, processing, and distribution of food to ensure that contaminants that can cause foodborne illnesses are not present.



FOOD SAFETY PUZZLE



2022 TOP MISSOURI DEFICIENCIES

- F884 Reporting National Health
 Safety Network
- F880 Infection Prevention & Control
- F689 Accidents, Hazards, Supervision, and Devices
- F812 Food Procurement,
 Storage, Preparation, and Sanitary
 Serving
- F658 Services Provided Meet
 Professional Standards
- F684 Quality of Care

WHERE DO THE RULES COME FROM?

Missouri Food Code for the Food Establishments of the State of Missouri



Publication Date: June 3, 2013



F801 requires that facilities employ sufficient staff with the appropriate competencies and skills sets to carry out the functions of the food and nutrition service. This includes a qualified dietitian or other clinically qualified nutrition professional.





Engage and empower Food & Nutrition Services staff through skill building. Start out with required baseline knowledge proficiency as you raise up leaders.

Choose the level of interest, then click to see the videos and competencies for that level.



Entry-Level Food Service Workers

Gain basic understanding of food service operations including regulatory compliance.

Click To Show Contents



Cooks & Lead Dietary Personnel

Inspire a higher level of operational competency and food service knowledge.

Click To Show Contents



Dietary Managers & Dining Directors

Build confidence as a dining leader, connecting with team and colleagues.

Click To Show Contents







IN-SERVICE CAMES









HUDDLETEMPLATE (THREE-COMPARTMENT SINK)

DATE:

ATTENDEES:

ANNOUNCEMENT/RECOGNITION:

TOPIC: Three-Compartment Sink

GROUP QUESTION: What are the three steps to a three-compartment sink?

SUGGESTED ANSWERS:

Wash, rinse, sanitize

When do we use the three-compartment sink? (ware washing, pot sink, etc.)

Did you know - If the powered dish machine is down, all dishes would need to be washed manually?

What steps require what products? Wash: soap (detergent); sanitize (sanitizer) Bonus: How many parts per million should the sanitizer test?

Name a time when the three-compartment sink was used properly? Improperly?

EXAMPLE/RECOGNITION OF STAFF MEMBER THAT EXCELS AT THE HUDDLE TOPIC:

TAKEAWAY MESSAGE:

BONUSTIPS

WHO: ALL members of the healthcare and food service

team

WHERE: Same place every day

WHEN: Same time every day

WHY: Employee engagement,

retention



F801 also states that if a qualified dietitian or other clinically qualified nutrition professional is not employed full-time, the facility must designate a person to serve as the director of food and nutrition services and must meet at minimum one standard qualification.



WHAT ARE THE DIRECTOR OF FOOD AND NUTRITION SERVICES QUALIFICATIONS?

- A Certified Dietary Manager or...
- A Certified Food Service Manager or...
- Has similar national certification for food service management and safety for a national certifying body or...
- Has an associates' or high degree in food service management or in hospitality, if the course study includes food service or restaurant management, from an accredited institution of higher learning or...

NEW QUALIFICATION!

- Has 2 or more years of experience in the position of director of food and nutrition services in a nursing facility setting and has completed a course of food safety and management, by no later than October 1, 2023 that includes topics integral to managing dietary operations including, but not limited to, foodborne illness, sanitation procedures, and food purchasing/receiving and...
 - In States that have established standards for food service managers or dietary managers, meets State requirements for food service managers or dietary managers AND
 - Receives frequently scheduled consultations form a qualified dietitian or clinically qualified nutrition professional



FOOD SAFETY TRAINING

Learn how to minimize the risk of foodborne illness, comply with state codes, develop a workable cleaning schedule, lower costs and much more!



The National Restaurant Association delivers quality training to restaurant and foodservice professionals. The ServSafe Food Safety Training program leads the way in providing current and comprehensive educational materials to the restaurant industry.

Upcoming ServSafe training courses sponsored by Martin Bros.:

NO UPCOMING SESSIONS - CHECK BACK SOON!

Other ServSafe training opportunities:

ISU Extension Food Safety Course Schedule



Always Food Safe is an ANSI-accredited, specialist web-based e-learning provider for the food service sectors. They offer fully video-based online training systems, to provide the learner with a far more interactive and enjoyable learning experience. This means that the course is 100% online and can be completed around your lifestyle.

Always Food Safe - Food Manager Certification & Training

professional standards for food service safety with regard to storage, preparation, distribution, and serving of food. The regulation states that CMS recognizes the US FDA Food Code and the CDC's food safety guidance as the national standards for these topics in long-term care facilities.



COMMON CAUSES OF FOODBORNE ILLNESS

- E. coli
- Norovirus
- Salmonella
- Campylobacter
- Hepatitis A
- Listeria





YOUR ROLE IN KEEPING FOOD SAFE

Don't transfer

 Don't transfer pathogens from your body to food

Practice

Practice good personal hygiene

Control

• Control the time and temperature of food

Prevent

• Prevent Cross Contamination

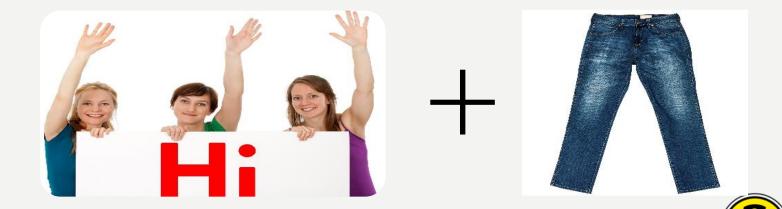
Clean and Sanitize

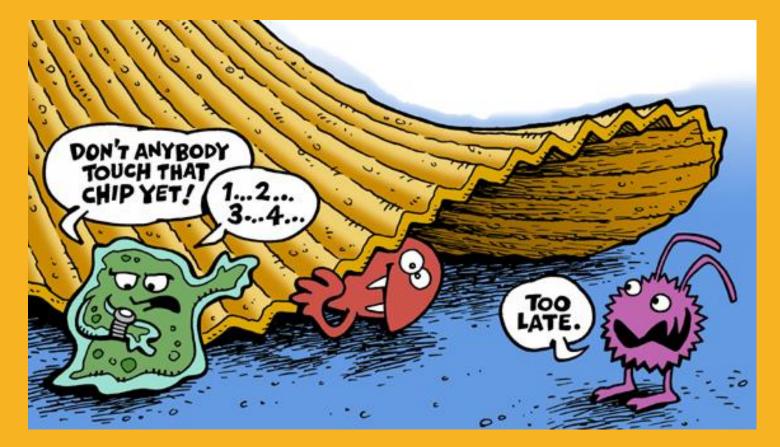
 Clean and Sanitize Food Contact Surfaces Correctly



FOOD SAFETY PUZZLE







DON'T TRANSFER!



HANDWASHING EDUCATION

PRACTICE

GOOD PERSONAL HYGIENE

- WASH YOUR HANDS OFTEN
- Food Employees shall clean their hands...for at least 20 seconds¹
 - Wet hands and arms
 - Apply enough soap to build up a good lather
 - Scrub hands and arms for 10-15 seconds
 - Clean between fingers and underneath fingernails
 - Rinse thoroughly
 - Dry hands and arms using single use towel or a hand dryer





TRUE OR FALSE?

Alcohol-based hand sanitizer is appropriate to use instead of soap and water with food safety.

It is ok to wash your hands here.



TRUE OR FALSE?

TRUE OR FALSE?

Hair restraints should be used – this includes beard restraints.

GUIDANCE: HAIR RESTRAINTS

- According to the current standards of practice such as the Food Code of the FDA, food service staff must wear hair restraints to prevent hair from contacting food.
 - Examples include hairnet, hat, beard restraint
- According to the Food Code, food service staff must wear hairnets when cookies, preparing, or assembling food, such as stirring pots or assembling the ingredients of a salad. However, staff do not need to wear hairnets when distributing foods to residents at the dining table(s) or when assisting residents to dine.



TRUE OR FALSE?

YOU CAN TOUCH READY
TO EAT FOODS WITH
YOUR BARE HANDS.



GUIDANCE: GLOVES, JEWELRY, AND NAIL POLISH

- Staff should maintain nails that are clean and neat, and wearing intact disposable gloves in good condition that are changed appropriately to reduce the spread of infection.
- Since jewelry can harbor microorganisms, it is recommended that staff keep jewelry to a minimum and cover hand or wrist jewelry with gloves when handling food
- According to the Food Code, gloves are necessary when directly touching ready-to-eat food. Additionally, per infection control guidance, gloves are necessary when serving residents who are on transmission-based precautions (See F880 for additional information on transmission-based precautions). However, staff do not need to wear gloves when distributing foods to residents at the dining table(s) or when assisting residents to dine, unless touching ready-to-eat food.









AVOID BARE-HAND CONTACT WITH ANY READY-TO-EAT FOODS

Ready-to-eat foods are those that do not require any further cooking. Avoid cross-contamination at mealtimes. When assisting at meals, do not use bare hands to hold foods such as:

- Toast
- Bread
- Rolls
- Cookies/Muffins

Keep a physical barrier between your clean hand and the ready-to-eat food

Food example, when adding jelly to toast, either:

- Wear a clean glove
- Hold the toast with deli paper
- Use the knife and fork or tongs for holding

Wash hands between any contamination

This also means you must wash your hands if you touch anything that is even possibly contaminated. Remember:

- Place gloves on clean hands
- Change gloves often, because gloves can get contaminated the same as hands
- Remove gloves when contaminated, rewash your hands, and put on clean aloves

Do not wear gloves when feeding others

Treat residents or patients with the same dignity you would like for your own family. Strive to create a homelike environment.











SUZIE THE COOK WASHED HER HANDS BEFORE PREPARING SALADS

What did she do wrong?

- I. Used enough soap to work up a lather
- 2. Applied lotion to dry, cracked hands due to washing so often
- 3. She secured a loose strand of hair with a hair restraint
- 4. Put on gloves and began assembling the salads



FRED THE SERVER WASHED HIS HANDS BEFORE STARTING HIS SHIFT

What did he do wrong?

- I. Used enough soap to work up a lather
- 2. Picked up a salad that Suzie the Cook prepared and walked it out to Mrs. Marian, who was sitting at a table in the main dining room
- 3. Gathered up Mrs. Marian's soup bowl and spoon because she was finished and took them in the dirty dish area.
- 4. Returned to the kitchen to pick up another salad and walked it out to Mr. Perry, who was sitting at another table in the main dining room



GUIDANCE: FOOD PREPARATION OR SERVICE AREA RISKS

- Holding foods in danger zone temperatures which are between 41° and 135° F.
- Using the steam table to heat food
- Serving meals on soiled dishware with soiled utensils
- Handling food with bare hands or improperly handling equipment and utensils
- Staff distributing meals without first properly washing their hands
- Serving food to residents after collecting soiled plates and food waste, without proper hand washing



CONTROLLING

TIME AND TEMPERATURE



Bacteria grow well in some food.



If held at unsafe temperatures, bacteria will grow over time.



The best way to control growth is to control time and temperature.



Food that needs time and temperature control for safety is called TCS food.



WHAT FOODS ARE TCS FOODS?

Milk and Dairy
Products

Baked Potatoes

Meats (including beef, pork, lamb)

Heat Treated Plant Foods

Shell Eggs

Sliced Melons, Cut Tomatoes, Cut Leafy Greens

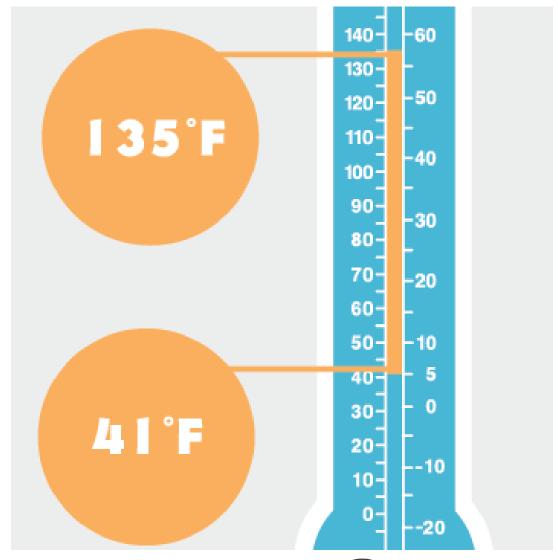
Tofu or Other Soy

Bean Sprouts

TEMPERATURE

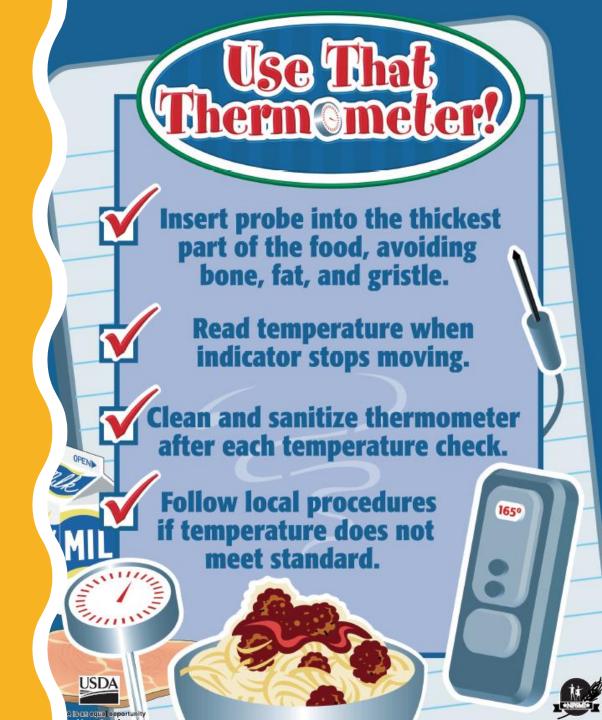
DANGER ZONE

- 41°F 135°F
- Pathogens on food can grow well in this range and cause a foodborne illness





CHECKING TEMPS



USING TIME AS A PUBLIC HEALTH CONTROL

3-501.19

This Food Code section allows time/temperature control for safety food that is ready-to-eat (RTE) to be stored without temperature control for up to 4 hours, after which it must be discarded or consumed or for up to 6 hours for refrigerated food, if the food is 41°F when initially removed from temperature control, and as long as the food temperature does not exceed 70°F.

MEND COOKING TEMPERATURES M

135°
15 SECONDS

• FRUITS AND VEGETABLES HOT HELD FOR SERVICE



145°
15 SECONDS

- RAW EGGS FOR IMMEDIATE SERVICE
- FISH
- *INTACT MEAT



155°
17 SECONDS

- ** COMMUNITED MEAT OR FISH (GROUND MEAT, MIXED MEAT)
- INJECTED MEATS
- MECHANICALLY TENDERIZED MEATS
- RAW EGGS NOT FOR IMMEDIATE SERVICE



165°
1 SECOND
(INSTANTANEOUS)

- · POULTRY
- STUFFED FISH, MEAT, PORK, PASTA & POULTRY
- STUFFING CONTAINING FISH, MEAT & POULTRY
- · WILD GAME ANIMALS



165°
15 SECONDS

- REHEATED FOODS
- REHEATING IN MICROWAVE (HOLD FOR 2 MINUTES AFTER HEATING)



DAILY FOOD TEMPERATURE LOG

Month

DAY	FOOD ITEM (Include mechanically altered foods)	COOKED OR PREPARED TEMP	SERVED TEMP	CORRECTIVE ACTION TAKEN IF NEEDED
1				
2				
3				
4				
5				
6				
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USE OF THERMOMETER

Simple ways to calibrate and use your thermometer.

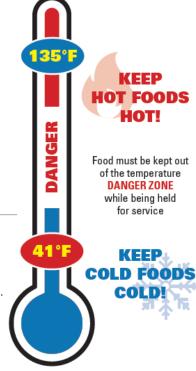
HOW TO CALIBRATE YOUR THERMOMETER

The ice-point method is popular and easy to regularly calibrate your thermometer, ensuring a correct reading.

- 1. Fill a glass, or other container, with crushed ice and clean water. Stir to make sure it is mixed well.
- 2. Allow your thermometer to sit in the ice/water, making sure the entire sensing area is in the water, for at least 30 seconds or until the reading remains steady.
- 3. Holding the calibration nut securely with a wrench, rotate the head of the thermometer until it reads 32°F.

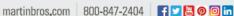
HOW TO USE YOUR THERMOMETER

- 1. Insert probe into the thickest part of the food, avoiding bone, fat and gristle.
- 2. Read temperature when indicator stops moving.
- 3. Clean and sanitize thermometer after each temperature check.
- 4. If temperature does not meet standard, perform corrective action.









WHAT CAN BE DONE WITH FOODS AT INCORRECT TEMPERATURES?



Corrective action may include:

- Cooking the food
- Reheating the food
- Throwing out the food



SERVING FOODS



Keep steam table covered



Each food item should have its own utensil



Keep utensils in the food



Plate up as close to service as possible



Hot foods need to be hot and cold foods need to be cold



GUIDANCE: FOOD DISTRIBUTION

- Food Distribution means the processes involved in getting food to the resident. This may include foods hot on the steam table or under refrigeration for cold temperature control, dispensing food portions for individual residents, family style, and ding room service or delivering meals to residents' rooms or dining areas, etc.
- When meals are assembled in the kitchen and then delivered to residents' rooms or dining areas to be distributed, covering foods is appropriate, either individually or in a mobile food cart.
- Food Service means the processes involved in actively serving food to the resident. When actively serving residents in a dining room or outside a resident's room where trained staff are serving food/beverage choices directly from a mobile food cart or steam table, there is no need for food to be covered. However, food should be covered when traveling a distance.
 - Example down the hallway, to a different unit, to a different floor



PROPER COLD FOOD STORAGE

FOOD SHOULD BE COVERED, DATED AND SHELVED TO ALLOW CIRCULATION.

Ready-to-Eat Foods

Seafood

Whole Cuts of **Beef and Pork**

Ground Meat, Ground Fish

Whole and **Ground Poultry**

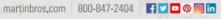


IDEAL REFRIGERATOR TEMPERATURE IS AT OR BELOW 41°F (5°C)

Arrange stored food with highest internal cooking temperature on bottom shelf.











SAFE COLD FOOD **STORAGE**

Make sure to cover and label your foods with the following information:

- The food name (ex: potato salad)
- The use by date (7 days after the food was opened or made)

Store cooked and RTE foods above raw foods

GUIDANCE: DATE MARKING

3-501.17 Ready-to-Eat, Time/Temperature Control for Safety Food, Date Marking.

(A) Except when PACKAGING FOOD using a REDUCED OXYGEN PACKAGING method as specified under § 3-502.12, and except as specified in ¶¶ (E) and (F) of this section, refrigerated, READY-TO-EAT, TIME/TEMPERATURE CONTROL FOR SAFETY FOOD prepared and held in a FOOD ESTABLISHMENT for more than 24 hours shall be clearly marked to indicate the date or day by which the FOOD shall be consumed on the PREMISES, sold, or discarded when held at a temperature of 5°C (41°F) or less for a maximum of 7 days. The day of preparation shall be counted as Day I



SAFE DRY **STORAGE**

Store canned food and other shelfstable products in a cool, clean, dry place.

Never put them above the stove, under the sink, on the ground, or any place exposed to high or low temperature extremes.

Store high-acid food, such as tomatoes and other fruit, for 12 to 18 months.

Store low-acid food, such as meat and vegetables, 2 to 5 years.

CAN SAFET

IS IT SAFE TO USE FOOD FROM DENTED CANS?

If a can containing food has a small dent, but is otherwise in good shape, the food should be safe to eat. Discard deeply dented cans. A deep dent is one that you can lay your finger into. Deep dents often have sharp points. A sharp dent on either the top or side seam can damage the seam and allow bacteria to enter the can. Discard any can with a deep dent on any seam.*





TRUE OR FALSE?

Dented cans containing safe food are thrown away every day. Answer: TRUE - What a waste of food!

TRUE OR FALSE?

Some cans with dents cause food to be unsafe to eat Answer: TRUE - However, there are simple evaluation techniques that can be used to determine if the food will be safe or unsafe.

HOW DOES CANNED FOOD BECOME UNSAFE?

When a can is dented near a seam or a junction, it makes it possible for air to enter the can A sharp dent can cause a pinhole in the can, which could also allow air to enter. This air, combined with the moisture in the can, allows the growth of microorganisms. These microorganisms cannot be killed by cooking. Consumption of this food could potentially result in botulism. Cans that are bulging or have rust that will not wipe off are also deemed unsafe.



HOW CAN I TELL IF A DENTED CAN IS SAFE?

Feel the can and visually inspect it.

SAFE CANS HAVE:

- · Smooth dents
- . Dents that are not on the seam
- . Dents that do not compromise can junctures

DISCARD CANS WITH:

- Dent on Seam
- . Dent Where Side and End Meet
- . Sharp Dent
- . Swelling or Bulging
- . Rust That Does Not Wipe Off







^{*} source: www.fsis.usda.gov







WHAT DOES FIFO MEAN?

- This is a food storage method called First In,
 First Out
- Store the food items with the earliest use by dates or expiration dates in front of items with the later dates.



WHAT'S WRONG?



COOLINGFOODS



Reduce the size of the food item



Ice Water bath



Stir with ice paddle



Adding ice to food



COOL FOOD IN TWO STAGES

135°-70°

IN TWO HOURS OR LESS

70°-41°

IN FOUR HOURS OR LESS





CLEANING AND SANITIZING

Three Step Process:

- CLEAN
- RINSE
- SANITIZE



Sanitizing & Disinfecting:

YOUR QUESTIONS ANSWERED

Proper sanitizing and disinfecting is essential in preventing the spread of infectious diseases and viruses such as coronavirus (COVID-19). These terms are often used interchangeably but are in fact legally different.

Knowing the difference between the two can help determine the products you use and how you use them.

WHAT'S THE DIFFERENCE BETWEEN SANITIZING A SURFACE AND DISINFECTING A SURFACE?

Sanitizing is killing 99.9% of microorganisms according to the label, creating a safe level. Food contact surfaces are sanitized. Disinfecting kills 100% of microorganisms as stated on the label.

IF DISINFECTING KILLS 100%, WHY NOT DISINFECT FOOD CONTACT SURFACES?

When disinfecting, there is a residual of product left behind that can pose a health risk. For food contact surfaces, that residue would need to be removed with a potable water rinse. Sanitizing leaves surfaces at a safe level without rinsing. You can still disinfect if you feel there may be a risk of known viruses or bacteria, but remember to rinse after the required dwell or contact time of the disinfectant.

WITH HEIGHTENED AWARENESS OF THE CORONAVIRUS OUTBREAK, SHOULD I DISINFECT MY LAUNDRY OR FOOD SERVICE ITEMS?

The Centers for Medicare & Medicaid Services (CMS) advises that management of laundry, food service utensils and medical waste should be performed in accordance with routine procedures.

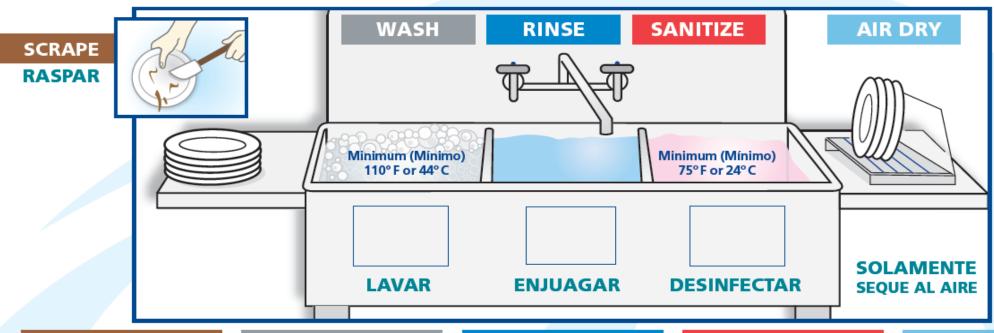
HOW OFTEN SHOULD I CLEAN AND DISINFECT HIGH-TOUCH SURFACES?

While there are not specific requirements as to how often high-touch surfaces should be cleaned and disinfected, it is recommended to clean and disinfect often. A minimum of 2-3 times per eight-hour shift would be a good practice. The more highly touched areas like door handles, light switches, telephones and handrails should be done more

SANITIZING VS DISINFECTING

3-Sink Dishwashing System

La Sistema de Lavar Platos con 3 Fregaderos



Scrape

Pre-scrape everything before cleaning

Raspar

Raspa todo antes de limpiar.

Wash

Wash with proper detergent at correct concentration.

Lavar

Lava con el detergente adecuado a la concentración correcta.

Rinse

Rinse in clean water to remove detergent.

Enjuagar

Enjuaga en agua limpia para quitar el detergente.

Sanitize

Sanitize with 150 - 400 ppm solution of TMA Quaternary Sanitizer. Use Quat test strips to check concentration. Immerse in solution for minimum of 30 seconds.

Desinfectar

Desinfecta con 200 ppm de la Solución de TMA Quarternary. Utiliza Quat tiras de prueba para verificar la concentración. Sumerge en la solución de un mínimo de 30 segundos.

Air Dry

Allow clean items to air dry before storing. DO NOT TOWEL DRY.

Solamente seque al Aire

Permite que los platos limpios sequen al aire antes de guardarlos. Nunca utiliza una toalla.



PREVENT

CROSS

CONTAMINATION

BY

CREATING

ZONES





Welcome to Martin Bros. Senior Living Cross Training

How to Use This Site:



- 1. Select a room to explore
- 2. Click-and-drag with your mouse to look around each room
- 3. Click on the icons in each room to reveal procedure suggestions, cleaning tip product recommendations and more

For the best experience, please view this page on a computer.

Checklist Guide:

This checklist will help you make sure you see everything available in this interactive training tool. Download Checklist

Resources for All Rooms:









COMMON PEST SIGNS

METHODS FOR PREVENTING PEST INFESTATIONS

Block entry points (exclusion) Desirating entry points for point will belge

2. Eliminate sources of food, water, and shelter



Martin Bros. MartinsNet.com 1-800-847-2404 🕶 🛎 🗑 🗐 / Mart

THIS IS WHAT **HAPPENS WHEN A FLY LANDS ON YOUR FOOD**

- * Flies can't eat solid food, so to soften it up they vomit on it.
- * Then they stamp the vomit in until it's a liquid, usually stamping in a few germs for good measure.
- . Then when it's good and runny, they suck it all back again, probably dropping some excrement at the same
- And then when they've finished eating, it's your turn.

BEST PRACTICE:

CLEANING SCHEDULE AND PROCEDURES

Month

ITEM/AREA	POSITION RESPONSIBLE	DATE COMPLETED	PROCEDURE
KITCHEN			
Steam Table Counter			Clean when cool. Use warm detergent water to clean. Rinse well and sanitize.
Milk Refrigerator			Shelves and walls should be washed with mild detergent and water. Rinse and air dry. Polish exterior with stainless steel polish (if stainless steel).
Handwashing Sink			Using detergent water, clean the basin, bowl, faucet and sides. Rinse with water and sanitize. Check supply of paper towels and soap; refill as needed.
Spice Condiment Shelves			Wash with mild detergent and water. Rinse and allow to air dry.
Refrigerators/Coolers			Wash with detergent water (include fans, shelving, walls, floors and handles). Rinse and sanitize. If made of stainless steel, polish with stainless steel polish. Discard any out-of-date inventory. Sweep floor (walk-in).
Freezer			Defrost if ice build-up present. Clear of food debris and organize for adequate air flow. Discard any out-of-date inventory. Sweep floor (walk-in).
Prep Tables			Use mild detergent and water to clean. Clean legs and shelves. Rinse well, sanitize and air dry.
Range/Stove			Remove drip pans and wash in detergent water. Use a stiff bristle brush to remove hard-to-remove splits. Boil grates and bumers in self/sode water solution. Wipe all exterior parts of the range with a cloth and warm water with degreaser detergent. Clean sides, back, front shelf, and bumer knobs.
Oven			Use a blunt scraper or wire brush. Racks and shelves should be removed and cleaned in a warm detergent solution. Clean oven door and oven after use. Clean exterior of oven and polish.
Steamer			Remove pans and drains and wash according to pots and pans policy. Using warm detergent water, clean the interior (including the supports and undemeath). Rinse with warm water and allow to air dry, leaving door open.
Defrost Refrigerator			Use a mild soap and water to clean (include fans, shelving, walls, floors). Rinse well and dry thorough with a clean cloth.
Grill			Scrape surface with spatula, removing loose soil. Scrub grill surface with a grill brick, rubbing with th grain of the metal. Wipe clean with a vinegar-water solution. Rinse the surface with clean warm water and cloth. Heat grill to 300°F. Pour 1-2 tablespoons of vegetable oil on surface and spread out evenly. Allow to stand for two minutes, then wipe clean.
Floor Mats			Remove from kitchen. Take outside and scrub with hot water and germicidal solution.











MISSOURI FOOD AND NUTRITION F-TAG CITATIONS AND YOU!

- Nationally, Food Service related F-tags are cited in 72% of CMS surveys
- All f-tag citations are up from 2021
- Missouri facilities specifically had:
 - 133 citations for F 880: Infection Prevention and Control (#2 Statewide)
 - 122 citations for F 812: Food Procurement, Storage, Prepare, Serve Sanitary (#4 Statewide)
 - 43 citations for F 804: Nutritive Value, Appearance, Palatable, Preferred Temp (#23 Statewide)



DIVING INTO THE TOP FOOD SERVICE CITATIONS NATIONALLY

F804: Nutritive Value/Appearance/Palatable/Temperature

- Cited 7.6% nationally
- Examples include:
 - Food not being served at the proper temperature
 - Unpalatable or unappetizing food
 - Pureed foods being dried out

F803: Menus Meet Resident Needs/Prep in Advance/Followed

- Cited 5.9% nationally
- Examples include:
 - Not following the menu
 - Not following the recipes
 - Improper portion or scoop sizes
 - Puree diet does not receive the same foods as a regular consistency diet

DIVING INTO THE TOP FOOD SERVICE CITATIONS NATIONALLY

F814: Dispose of Garbage

- Cited 3.6% nationally
- Examples include:
 - Dumpster lid is open
 - The area around the dumpster has debris
 - A lot of the time this is gloves!

F806: Resident Allergies, Food Preferences and Substitutions

- Cited 2.8% nationally
- Examples include:
 - Food preferences not followed
 - Allergies and food intolerances not communicated to food services
 - Cultural or religious preferences not on meal card
 - Supplement disliked, but not substituted



HOW OFTEN HAS F801 BEEN CITED?

- Across the United States in 2022, this was cited 150 times.
 - Missouri was in the top 15 states cited.
- What are the citations?
 - Staff competencies lacking
 - No qualified Food Service Director
 - No Food Service Director at all
 - No Registered Dietitian
 - Lack of assessments and inadequate food service oversight



EDUCATE, EMPOWER, EMBRACE, AND ENFORCE YOUR TEAM TO BE SURVEY READY!



Visual Learners (65%)



Auditory Learners (30%)



Tactile Learners (5%)

TYPES OF LEARNERS



FOOD SAFETY TOOLKIT



DOWNLOAD IT TODAY!

The resources contained here have been assembled to assist you in communicating common best practices and requirements to help you operate at the highest efficiency possible. **Download the kit today and get inspired!**

POSTER

Post these resources throughout your organization to help remind your staff of common best practices.

- 3-SINK DISHWASHING
- 10 HANDWASHING FACTS
- AVOID BARE-HAND CONTACT
- CAN SAFETY
- CLEAN AND SANITIZE ICE MACHINE
- CLEAN-UP AND DISINFECTION PROCEDURE FOR BODILY FLUIDS
- COOL FOOD IN TWO STAGES
- DISHMACHINE DELIMING PROCEDURES
- EMPLOYEES MUST WASH HANDS INSTRUCTIONS
- END COOKING TEMPERATURES
- FEELING SICK?
- FLATWARE PRESOAK AND WASHING PROCEDURES
- HAIR NET REQUIRED
- HIGH TEMP DISHMACHINE GUIDELINES
- LEFTOVER LOGIC
- LOW TEMP DISHMACHINE GUIDELINES
- PROCEDURE FOR CLEANING AND SANITIZING TABLES
- PROPER COLD FOOD STORAGE
- PROPER WAYS TO SERVE FOOD
- REHEAT FOOD FOR HOT HOLDING
- STOP EMPLOYEES MUST WASH HANDS
- TIPS TO HELP YOU STAY PEST FREE
- USE OF THERMOMETER
- WHEN TO WASH HANDS

LOG SHEETS

These tools will help you to track and organize temperatures and schedules in one place. Print them again and again for reuse.

- CLEANING SCHEDULE AND PROCEDURES
- DAILY FOOD TEMP
- DISHWASHING HIGH TEMP
- DISHWASHING LOW TEMP
- QUAT SANITIZER
- REFRIGERATOR-FREEZER TEMPERATURE



GET IT ALL HERE:

info.martinbros.com/foodsafetytoolkit_OR_customer.martinbros.com (Tools --> Downloads & Links)







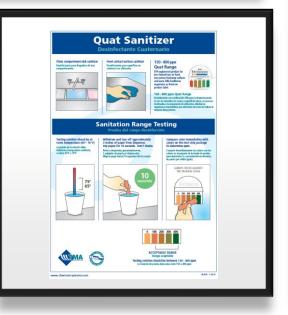


POSTERS GALORE

TOOLS>DOWNLOADS & LINKS







High Temp Dishmachine Guidelines

Guía Para el Lavaplatos de Alta Temperatura

Set-up Procedures Procedimientos para el lavado

Inspect wash arms, rinse jets, scrap trays and curtains. Make sure they are clean and in place.



enjuaque y las cortinas. Asecdrate que están limpios

Close drains and doors. All machine according to manufacturer's filling procedures.



Cierra los desagües y las puertas. Llena la máquina de acuerdo a los procedimientos de llenar del fabricante.

Typical wash and rinse temperatures for High Temp Dishmachines. Wash 1509-1609

Anal Rinse 180°-195' Temperatures should coincide with Manufacturer's label

Las temperaturas típicas para lavar y enjuagar con el lavaplatos de alta temperature. Lavar: 150º-160º

El ultimo enjuague: 180'-195'

Daily Warewash Procedures Procedimientos para el lavado diario



evisa los niveles de los producto químicos para asegurarte de que los productos están disponibles. Rellena o stituye según sea necesario.

Set up presoak solution for flatware.



Establece la solución de remojar para los tenedores, los cuchillos, y las cucharas

Prescrape dishes to remove excess food soil and paper from dishes before

Sort and rack dishes properly. Do not mix loads, DO NOT OVERLOAD RACKS.



Clastifica y guarda los platos

Place rack in dishmachine, Start machine and allow it to run through a complete cycle. Remove rack from machine at the end of the cycle and allow dishes to drain and air dry, NEVER USE TOWEL.



Pon el estante en el lavaplatos, Empleza la máquina y permite terminar un ciclo completo. Quita el estante de la máquina al final del ciclo y permite que Remove flatware from presoak solution with prescrap sprayer before placing in dishmachine. Remove and place in

Quita los tenedores, los cuchillos, y las cucharas de la solución de remojar y pontos en un estante. Enjuagatos con el pulverizador antes de ponerios en la maquina. Quita los tenedores, los cuchillos, y las cucharas de la máquina y pontos en el estante con el lado Always wash your hand and

Oue stempre te laves las manos y utilizes guantes limpios antes de tocar platos limpios. Store dishes in a clean and



Guarda los platos en una zona limpia y protegida.

Clean-up Procedures Procedimientos de limpieza

Remove scrap trays and curtains and clean thoroughly. Remove and/or check washams, rinse arms and jets. Remove any obstructions.



Quita las bandejas de desechos y las cortinas y limpialos a fondo. Inspecciona los brazos de lavar, los brazos de enjuague, y los chorros y quitalos si es necesario. Elimina cualquier obstrucción.



Limpia el Interior de la

máquina con aqua con presión. Limpia la parte superior y los lados exteri Abre la máquina y dejala secar al aire. Limpia la zona de trabajar y trapea el piso





www.chemnet-systems.com

Ø 2010 HTDG 2.26.16

PRACTICE! PRACTICE! PRACTICE!



EMPLOYEE:____

FOOD AND NUTRITION SERVICES COMPETENCIE

Competencies	Martin Bros Resources
Demonstrate handwashing procedures	Tools-Downloads & Links-Food Safety Results Toolkit Tools-Downloads & Links-Handwashing poster and handwashing steps Education-Inservice Games-Food Safety Skills Fair-Handwashing
Accurately states glove usage (why you wear gloves, when you wear gloves, when you change gloves, how you properly remove gloves)	Tools-Downloads & Links-Glove Use Tips. Gloveology, Results live video over gloving Tools-Downloads & Links-Food Safety Results Toolkit
Demonstrates glove usage (making peanut butter sandwich)	Tools-Downloads & Links-Food Safety Results Toolkit
Accurately state how to avoid contamination and cross-contamination of food	Tools-Downloads & Links-Cutting board color reference Tools-Downloads-8 hour Class Handouts & ServSafe Sample Test
Accurately states how to avoid cross-contamination in dish room area	Tools-Downloads-8 hour Class Handouts, & Sen/Safe Sample Test Tools-Downloads & Links-Food Safety Results Toolkit
Accurately states if dish machine is a low or high temperature unit; proper testing of dish machine temperatures; and knowledge of appropriate documentation methods.	
Demonstrates the 3-bucket method of sanitizing surfaces	Education-Inservice Games-Food Safety Skills Fair-Clean & Sanitine
Demonstrates procedures of checking dishwasher for proper temperatures; soap, sanitizing, and drying agents	Tools-Downloads & Links-Sanitzer Test Procedure - Quat-10 Tools-Downloads & Links-Sanitier Test Procedure - Chorine
Discuss holding temperatures of hot and cold foods	Tools-Downloads & Links- End cooking Temperatures. Refrigerator Poster for Inservice
Discuss cooling process of roasts or large amounts of soup/casserole	Tools-Downloads & Links-Cool Food in Two Stages Education-Inservice Games-Food Safety Skills Fair-Cooling Tools-Downloads & Links-Food Safety Results Toolkit
Accurately stores, cooks, and holds different types of food using correct food safety procedures including leftovers	Education-Dietary 101-Food Prep 101-Basic cooking competency Education-Inservice Games-Skills Fair-Label/Dating
Demonstrates how to properly calibrate a food thermometer; take food temperatures; sanitize thermometer; properly document food temperatures.	Tools-Downloads & Links-Thermometer Calibration Education-Inservice Games-Food Safety Skills Fair-Thermometer Calibration Tools-Distany 101-Food Prep 101—Use That Thermometer
Accurately states temperature danger zone	Tools-Downloads & Links-Food Safety-"Keep Hot Foods Hot"
Able to explain safety procedures designed to prevent burns and scalds to self and others	
Able to explain safety procedures designed to prevent slips and falls	

CELEBRATE & BRAG



Post certificates



Promote the score of your latest local inspection on your website.



Add "ServSafe Certified" or other nationallyrecognized food safety program certification to job titles.



Give out "I Got Caught" Awards.





FOOD SAFETY IT'S EVERYONE'S RESPONSIBILITY!



ANY QUESTIONS?

THANK YOU!

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