



## Seminar: Dementia Programming

**Dates:** April 7 (Independence), April 27<sup>th</sup> (Lake Ozark), April 28<sup>th</sup> (St. Louis)

**Time:** 9am – 3:30pm

**Facilitators:** Nicky Martin MPA, LNHA, CDP, IP Mark Francis MS, LNHA, IP Wendy Boren BSN, RN, IP

### Program Description:

Dementia Programming: A Hands-on Approach

Understanding and managing dementia is difficult, even on the good days. This seminar will focus on a presentation of practical knowledge for the care of individuals with dementia in long-term care, including a brief overview of dementia as an illness including the various types and symptoms and the stages of the illness. By identifying the progression of the disease, you can tailor the care and communication to fit the needs of the resident in a compassionate and person-directed way. You will also learn the practical steps of running an effective dementia unit in a long-term care facility, including the regulations that apply specifically to this type of care. This hands-on workshop will give you real-time practice and knowledge for not only interpreting the difference between actions and “behaviors”, but it will expand your understanding of clinical symptoms versus human reactions and building that knowledge into a safe, compassionate, living environment that is supportive to your residents and your staff.

Participants will learn:

1. Operational requirements for a dementia care unit
2. Educational requirements for dementia care staff
3. Regulations from CMS and DHSS that impact dementia care
4. The types of dementia and symptoms of each type
5. The stages of dementia
6. Updates on recent treatment approaches for dementia
7. How to understand and incorporate functional 2-way communication in everyday conversation
8. To differentiate clinical actions from aggressive behaviors
9. How to practice the art of listening with dementia and use body language as a nonverbal form of communication from staff to resident



**Approved for  
5 PC CEU's**

Time	Item
8:30 am	Registration
9 am	Program Start
10:30 am	Break
12:00 pm	Lunch (on your own)
1 pm	Program Resume
2 pm	Break
3:30 pm	Adjourn

## REGISTRATION FORM—DEMENTIA PROGRAMMING

Email: RebekahL@mlnha.org

Mail: 4100 Country Club Drive, Jefferson City, MO 65109

Fax: 573-634-8590

Attendee 1: \_\_\_\_\_

Attendee 2: \_\_\_\_\_

Email: \_\_\_\_\_

Admin License #: \_\_\_\_\_

Facility: \_\_\_\_\_

Location Attending: \_\_\_\_\_

Method of Payment:

\_\_\_\_\_ Check \_\_\_\_\_ CC

\_\_\_\_\_ Invoice to Email \_\_\_\_\_

Card # \_\_\_\_\_

Exp date: \_\_\_\_\_ Security Code: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

### Cancellations

*A refund minus a 25\$ processing fee will be given if requested by 5 days prior to seminar. No refunds will be given after that date. Substitutions are allowed. Confirmations sent to email above.*

## SEMINAR DATES:

APRIL 7, 2022

STONE CREEK HOTEL AND  
CONFERENCE CENTER  
INDEPENDENCE, MO

APRIL 27, 2022

CAMDEN ON THE LAKE  
LAKE OZARK, MO

APRIL 28, 2022

RIVER CITY CASINO  
ST. LOUIS, MO

**Cost: \$100 per Attendee**

### About the Facilitators:

**Wendy Boren, BSN, RN, IP** Wendy has worked as a registered nurse in LTC for 12 years. She has worked as DON, ADON, Assisted Living Coordinator, MDS Coordinator, wound nurse, and charge nurse. Wendy volunteers in several organizations, including as an Alzheimer's Association Community Educator. Her clinical interests include emergency preparedness and disaster response and treatment of cognitive disability, TBI, PTSD, and functional brain decline through sensory experiences such as ecotherapy, art, music, and mindful occupation. **Mark Francis, MS, LNHA, IP** Mark Francis, MS, LNHA, is the QIPMO leadership coach for the west and southwest regions of MO. He received a Master of Science degree in Psychology in 1984. Mark has worked exclusively with the elderly for over 20 years. He directed a geriatric behavioral health unit for 10 years and has been a nursing home administrator since 2007. Mark is experienced in all aspects of long-term care leadership including building operations, financial performance, clinical outcomes, and team building. As his primary focus is taking care of people, he greatly enjoys building up the staff who work in long-term care and helping them reach their full potential as caregivers. **Nicky Martin, MPA, LNHA, CDP, IP** Nicky Martin, MPA, BS, LNHA, CDP is the QIPMO team leader and functions as our NHA Coach southern, St. Louis and several counties in the central and southwestern regions of Missouri. She began her LTC career as a business office manager in 1996 and was promoted to administrator in 2001. Nicky serves as an advisor to administrators, DONs, corporate directors, CFOs, and CEOs on all facets of CMS regulations from facility assessments to operational management. Her hometown roots as administrator in a rural home are the foundation for the principles that she practices, including the belief that everything starts with the CNAs. Nicky is also a Certified Dementia Practitioner (CDP) through the National Council of Certified Dementia Practitioners (NCCDP). Nicky holds a Master's Degree in Public Administration and a Bachelor of Science Degree in Accounting