

Missouri Association of Nursing Home Administrators

2022 MANHA Winterfest

Attendee Brochure



February 2-4, 2022

**Oasis Hotel and Convention Center
Springfield, MO**

4100 COUNTRY CLUB DR.,
JEFFERSON CITY, MO 65109
PH: (573)634-5345
FAX: (573)634-8590
WWW.MLNHA.ORG



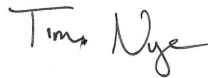
MANHA WINTERFEST

Missouri Association of Nursing Home Administrators is pleased to invite you to attend our Winterfest Convention and Trade Show. The goal of this conference is to provide long-term care administrators and their staff practical and inspirational education hours along with the opportunity to network and socialize with colleagues. It is also the only MANHA sponsored conference that provides you a chance to view the latest technology, products, and services offered by suppliers.

Thank you!



Joseph Shafer
MANHA President



Tim Nye
Convention Chair



Cindy Wrigley
Executive Director

CANCELLATION

Advance registration is preferred. All on-site registration fees will be **increased by \$50.00**. A full refund minus a \$50 processing fee, will be given if requested by January 21, 2022. No refunds will be given after that date. You may send a substitute.

SPECIAL DIETS

If you have a special diet, please include that information on the registration form

ACCREDITATION

Educational seminars are approved for 17 total CEUs of which there are a possible 5 Patient Care CEUs. Approved by the Missouri Board of Nursing Home Administrators (TA 029-23) All attendees will be issued certificates of attendance. **One hour of the 17 total CEUs will be given by obtaining pieces of educational materials from participating vendors in the exhibit hall.**

HOTEL INFORMATION

Rate: \$99/night

Oasis Hotel and Convention Center 2546 North Glenstone Ave,
Springfield, MO 65803

Reservations: [www. https://springfieldoasis.com/reservations/](https://springfieldoasis.com/reservations/) or call
(888) 532-4338.

Group Code: Let them know you are with MANHA

*You must reserve your room no later than **January 7, 2022.***

After that date, rooms are on availability basis only.



WEDNESDAY

2/2



8:00 AM - 8:30 AM	REGISTRATION	CEUS
8:30 AM - 9:30 AM	LAUGHING YOUR WAY THROUGH CHAOS <i>PRESENTED BY DAVID NASTER</i>	1
9:45 AM - 10:45 AM	COMPLIANCE 101 <i>PRESENTED BY KRIS MASTRANGELO</i> <i>SPEAKER SPONSORED BY HARMONY HEALTHCARE</i>	1
11:00 AM - 12:00 PM	CONCURRENT SESSIONS	
	ROP— PHASE 2 & 3 <i>PRESENTED BY NICKY MARTIN</i>	1
	COVID IN ALF/RCF <i>PRESENTED BY AMY PIERCE</i>	1
12:00 PM - 1:00 PM	LUNCH	
1:00 PM - 2:00 PM	ICAR <i>PRESENTED BY SHARON THOMAS</i>	1 PC
2:00 PM - 4:00 PM	BREAK WITH EXHIBITORS <i>*ONLY 1 CEU TOTAL AVAILABLE FOR PARTICIPATION</i>	*1CEU POSSIBLE WITH PARTICIPATION
4:00 PM - 5:00 PM	GET ACTIVE THROUGH QUALITY OF LIFE <i>PRESENTED BY KRISTA SCHREMP</i> <i>SPEAKER SPONSORED BY GET ACTIVUE</i>	1
6:00 PM	RECEPTION <i>SPONSORED BY SRM & JCI</i>	

THURSDAY

2/3

8:00 AM - 8:30 AM	REGISTRATION	CEUS
8:30 AM - 10:30 AM	DEMENTIA DURING A PANDEMIC; A PERSON-CENTERED APPROACH TO CARE <i>PRESENTED BY SHAWN COATES</i> <i>SPEAKER SPONSORED BY SUMMIT CARE</i>	2 PC
10:30 AM - 11:30 AM	BREAK WITH EXHIBITORS <i>*ONLY 1 CEU TOTAL AVAILABLE FOR PARTICIPATION</i>	*1CEU POSSIBLE WITH PARTICIPATION

SCHEDULE

MANHA WINTERFEST

11:30 AM - 12:30 PM	LUNCH	
12:30 PM - 2PM	REGULATORY UPDATE <i>PRESENTED BY SHELLY WILLIAMSON</i>	1.5
2:15 PM - 3:15 PM	CONCURRENT SESSIONS	
	FIRE SAFETY UPDATE SNF /ICF <i>PRESENTED BY STEVEN VEST</i>	1
	FIRE SAFETY UPDATE ALF/RCF <i>PRESENTED BY GREG DICKENS</i>	1
3:30 PM - 5 PM	LABOR AND EMPLOYMENT LAW <i>PRESENTED BY JAMES FOSTER</i> <i>SPEAKER SPONSORED BY MCMAHOM-BERGER</i>	1.5
4:30 PM	HOSPITALITY <i>SPONSORED BY SOUTHERN BUS & MOBILITY</i>	

FRIDAY

2/4

7:30AM— 8:30 AM	REGISTRATION & BREAKFAST BUFFET	CEUS
8:30 AM - 9:30 AM	CYBER SECURITY MITIGATION <i>PRESENTED BY PAT BEHEN</i> <i>SPEAKER SPONSORED BY MNHIT</i>	1
9:45 AM - 10:45 AM	LETS GET REAL ABOUT WOUNDS: AN HONEST DISCUSSION ABOUT HEAL- ING, MAINTENANCE, AND PALLIATIVE GOALS <i>PRESENTED BY MARTHA KELSO</i> <i>SPEAKER SPONSORED BY WOUND CARE PLUS</i>	1PC
11:00 AM— 12:00 PM	AVOIDABLE HOSPITALIZATIONS <i>PRESENTED BY NEW PATH HEALTH SOLUTIONS</i> <i>SPEAKER SPONSORED BY NEW PATH HEALTH SOLUTIONS</i>	1PC
12:15 PM— 1:15PM	SURVEY PREPAREDNESS IN FOODSERVICE <i>PRESENTED BY NATHAN HOLTSCHLAG & REBECCA SHINN</i> <i>SPEAKER SPONSORED BY KOHL WHOLESALE</i>	1
1:30 PM— 2:30 PM	HOW TO THINK OUTSIDE THE BOX WITH RECRUITING <i>PRESENTED BY TONI TRAVIS</i>	1

2:30PM



8:30 AM -

9:30 AM

1 CEU

DAVID NASTER

LAUGHING YOUR WAY THROUGH CHAOS

Comedian and award-winning author David Naster will have you laughing through his insightful presentation on why and how humor makes us resilient during these chaotic times. When we find the humor in what scares and bothers us, we now own our emotions, our emotions don't us. Never forget, "Just because it's serious doesn't mean we can't laugh at it and just because we are laughing at it doesn't mean it's not serious." **David Naster** is a rare blend of quality entertainment and true inspiration. He is funny without cursing. He motivates without preaching. With laser-sharp focus, Naster demonstrates how humor dissolves any type of stress. He does this by using real examples from real people who have been through life's toughest times. The beauty of David's presentation is that the audience is laughing as he empowers them to deal with their own stressful issues. They leave feeling good and knowing how to continue that feeling. He is a 2-time award winning author, comedian and filmmaker. David's "You Just Have Laugh Nasterclasses" series teaches us how to get through depression, grief, bullying, suicide, illness and injury. And he does all of this by making you laugh and showing you how to think funny. David Naster's philosophy is simply "Humor makes tough times better."

9:45 AM -

10:45 AM

1 CEU

KRIS MASTRAN-
GELO**COMPLIANCE 101**

This Harmony Healthcare International (HHI) Compliance Session provides the necessary skills to implement an effective and operational Compliance Program. This program will focus on Roles and Responsibilities and provide an overview of the seven basic elements of an effective Compliance Program (per the OIG and Federal Sentencing Guidelines) for you and your leadership team. A step-by-step approach will be detailed during the course so that you will be able to develop systems geared toward meeting the imposed regulatory requirements. **Kris Mastrangelo, OTR/L, LNHA, MBA** is a nationally recognized keynote speaker with more than 24 years of experience in the Health Care industry with a specialty in the Post-Acute Care Arena. An Occupational Therapist degree from Tufts University followed by a Master's in Business Administration from Salem State University coupled with a Nursing Home Administrator's License, affords Kris an in-depth perspective into the clinical, financial, and operational components critical for business success. Initially providing direct care as an Occupational Therapist, Kris became familiar with the Medicare, Medicaid and HMO reimbursement systems. Her position evolved into the facility level and multi-facility management of Rehabilitation Programs to Vice President of Operations for a national consulting company to Vice President of Reimbursement. Kris currently owns and operates Harmony Healthcare International (HHI) which she founded in 2001. Harmony Healthcare International (HHI) is a recognized consulting firm that uses a systematic approach in addressing the C.A.R.E.S. platform: Compliance; Audit & Analysis; Reimbursement; Rehabilitation & Regulatory; Education & Efficiency; Survey. Kris proclaims that "Our on-site and off-site medical record review process is the nucleus for C.A.R.E.S. optimization and ongoing systems improvement."

11:00 AM -

12:00 PM

1 CEU

NICKY MARTIN

ROP—Phase 2 & 3

This session will serve as a refresher for the phase 2 and Phase 3 Requirements of Participation (RoP's) implemented November 17, 2019 and November 28, 2019 respectively. Since Phase 1 was introduced way back in 2016, a number of changes have occurred and now Phase 2 and Phase 3 are upon us! This training covers details of Phase 2 and Phase 3, aiding you to understand where RoP's have been and will also include helpful tips and resources. **Nicky Martin, MPA, BS, LNHA, CDP** is the QIPMO team leader and functions as our NHA Coach southern, St. Louis and several counties in the central and southwestern regions of Missouri. She began her LTC career in a 60-bed skilled nursing facility in 1996. Nicky serves as an advisor to administrators, DONs, corporate directors, CFOs, and CEOs on all facets of CMS regulations from facility assessments to operational management. Her hometown roots as administrator in a rural home are the foundation for the principles that she practices, including the belief that everything starts with the CNAs. Nicky holds a Master's Degree in Public Administration and a Bachelor of Science Degree in Accounting.

11:00 AM -

12:00 PM

1 CEU

AMY PIERCE,
DHSS**COVID IN ALF/RCF**

Amy Pierce has worked for the Department of Health and Senior Services for 22 years. She worked for many years at the State Public Health Laboratory as a Microbiologist, Training Coordinator, Biosafety professional and Emergency Preparedness planner. In her current role she is the Lead Epidemiologist and Coordinator for the Healthcare-Associated Infections Program in the Bureau of Communicable Disease Control and Prevention. Her focus is on training and educating healthcare facilities of all types on infection prevention and control, and responding to infections and outbreaks of multi-drug resistant organisms, as well as infection control breaches. Her program acts as a resource for healthcare facilities to assess their infection control capabilities and helps to improve practices and procedures to minimize risks to patients, residents, staff, and visitors.



WEDNESDAY, FEBRUARY 2, 2022

1:00 PM -

2:00PM

1 PC CEU

SHARON THOMAS

ICAR

Making the ICAR Work for You!

The Infection Control Assessment and Response Tool was developed by the CDC for use in all levels of long-term care. While its initial focus was a response to the COVID pandemic, it can be beneficial to you in many ways. This presentation will describe the ICAR process and tool and give you suggestions for incorporating the resulting information and resources in ways that help you establish an efficient and effective Infection Prevention and Control program in your facility. **Sharon Thomas**, BSN, RN, IP retired from QIPMO in 2017 and returned to work on the CAT and ICAR projects. Sharon has over 20 years of experience in long-term care. She has been a Director of Nursing, DMH Case Manager, DMH Community Nurse, and was the QIPMO nurse for north central Missouri for 12 years. Sharon has completed the CDC's Nursing Home Infection Preventionist Training and The CMS Targeted COVID-19 Training for Frontline Nursing Home Staff and Management.

4:00 PM -

5:00PM

1CEU

KRISTA
SCHREMP**GET ACTIVE THROUGH QUALITY OF LIFE**

Activue is an app that provides the resident the opportunity for activities of their choosing 24 hours a day. In addition, it contains a news board to be used for announcements and a messaging center that allows residents to communicate privately with administrative staff. It is available on a television, tablet or smartphone and was designed with the resident and staff in mind. Simplicity was on the top of the list during the design process, ensuring the residents and staff can use it with ease. The goal for Activue is to improve the overall quality of life for the resident. Activue does this by providing the resident with an app for activities that are specific to their interests, language needs, and religious preferences. It also provides a tool for the facility to utilize to help avoid a substandard quality of care deficiency. **Krista Schremp** obtained her bachelor's degree from Southeast Missouri State University. She began her career in long-term care as the activity director at a skilled nursing facility. Later on, she was offered a position with the Missouri Division of Youth Services. She remained there until an opportunity presented itself with the Missouri Department of Health and Senior Services. Once there, she became a facility inspector for Residential Care Facilities and Assisted Living Facilities. It was during this time that she successfully completed the examination for a Licensed Nursing Home Administrator. Her passion for long-term care led her to become a surveyor for long-term care facilities shortly thereafter. Having spent more than 13 years in the regulatory sector, the COVID-19 pandemic and the resultant lockdowns helped her see the vital need for resident activities – hence, Activue was born.



8:30 AM -
10:30 AM

2 PC CEU

SHAWN COATES

DEMENTIA DURING A PANDEMIC; A PERSON-CENTERED APPROACH TO CARE

Through a combination of lecture, discussion, group interaction, and problem solving the learner will develop better observational skills to recognize and intervene effectively when behavioral challenges occur. Learners will also develop new skills related to approach, cueing, ability to connect, with people affected by Dementia. The workshop emphasizes the value of matching helping behaviors to the person's needs and retained abilities to promote a sense of control and self-direction. The workshop will also address typical issues that occur from early stages of the condition, through mid-disease, and into final care concerns that are part of the progression of Dementia. **Shawn Coates** is an occupational therapist and PAC Certified Independent Trainer working as a dementia care and dementia education specialist. He provides education and training sessions to organizations and providers with various dementia specialty services to help optimize programs and services to people living with dementia, their care partners, and family members. He has over 10 years of experience as an occupational therapist providing direct care to individuals living with dementia in both long-term care and community settings. His primary focus is to provide awareness and shed a positive light on dementia.

12:30 PM -
2:00 PM

1.5 CEU

SHELLY WIL-
LIAMSON

REGULATORY UPDATE

The latest information from DHSS, SLTC

Presented by Shelly Williamson

2:15 PM— 3:15PM

1CEU

STEVEN VEST

FIRE SAFETY UPDATE SNF/ICF

Steven Vest is a Regulatory Auditor Supervisor with the Missouri Department of Health & Senior Services in the Section for Long-Term Care Regulation. Steven works for the Quality Assurance Unit located in the Jefferson City's Central Office. Prior to joining Central Office, Steven worked in the Region 4 office (Cameron) and held the positions of Facility Inspector, Facility Surveyor I, and Facility Survey II. Steven is a certified Fire Inspector I through the Missouri Fire Marshal's Office and is Life Safety Code certified. This marks Steven's 15th year with the Department.

2:15 PM— 3:15PM

1CEU

GREG DICKENS

FIRE SAFETY UPDATE ALF/RCF

The Fire Safety Inspection Unit conducts fire safety inspections for facilities and locations which are licensed or certified by several state agencies. Agencies served include the Department of Health and Senior Services, Department of Mental Health, Department of Social Services, Senior Citizens Nutrition Centers, Department of Elementary and Secondary Education, and the Veteran's Administration. The Inspection Unit is comprised of a Deputy Chief Inspector, two Regional Chief Inspectors, and 15 Fire Safety Inspectors supported by one administrative support assistant. In FY21, the Fire Safety Inspection Program conducted 9,014 inspection activities with a re-inspection rate of 30% to ensure safety violations are corrected and ultimate compliance with rules, codes and standards. This improves the safety of occupants and residents.

The Fire Safety Inspection Program utilizes nationally recognized codes such as National Fire Protection Association (NFPA) and the International Building and Fire Code to assist with interpretation of various rules and regulations. Division of Fire Safety Inspectors are certified to NFPA 1031, and have additional training in fire protection systems, codes, regulations, and standards.

3:30 PM -
5:00 PM

1.5 CEU

JAMES FOSTER

LABOR AND EMPLOYMENT LAW

Many states and local municipalities are enacting laws regarding the ability of employers to inquire and rely upon prior criminal history as a basis for making employment decisions. This program will describe those trends and locations within the state where it is not occurring and discuss the implications for employers associated with it.

Also, the program will focus on recent trends in labor and employment law and how it effects employers in the months ahead. **James N. Foster, Jr.**, practices in all areas of labor and employment law representing employers exclusively in negotiations, and in litigation before the courts, the National Labor Relations Board and the National Mediation Board. In representing and serving the firm's clientele, Jim relies upon his legal education, his tenure as a Field Attorney with Region 14 of the National Labor Relations Board, and over thirty (30) years of experience in private practice.

FRIDAY, FEBRUARY 4, 2022

8:30 AM - 9:30 AM 1 CEU PAT BEHEN	CYBER SECURITY MITIGATION The Matrix 101 – Basics of Cyber Security We don't live in the Matrix, but with the world revolving so much around our computers, smart phones, devices, and the internet of things we are truly vulnerable to hackers and bad actors around the world in almost everything we do at home and work. This presentation will be a basic introduction to cyber security issues facing the long term care industry in today's IT driven world. We will cover what some of the types of cyber security threats attendees might be facing, and will also address steps that can be taken to reduce exposure to hackers and other cyber security threats. Pat Behen has 15 years of experience as a nursing home administrator and 17 years of risk management and loss control experience in the healthcare industry. His experience as a health care administrator and risk manager will provide attendees unique perspective on cyber security and liability from a health care provider view as well as from a risk manager's point of view.
9:45 AM - 10:45 AM 1 PC CEU MARTHA KELSO	LET'S GET REAL ABOUT WOUNDS: AN HONEST DISCUSSION ABOUT THE HEALING, MAINTENANCE, AND PALLIATIVE GOALS Approached to wound care vary depending on the goals of the client AND medical, financial, or psychological barriers. Considering numerous factors play in to wound healing, delay or wound healing, of wound failure it is important to recognize the three main wound goals. Using our realistic (honest) approach, we will explore the three main wound types for consideration. The three main wound types discussed during this educational opportunity are 1. The healable wound 2. The maintenance wound 3. The palliative wound. Martha Kelso is the Chief Executive Officer of Wound Care Plus, LLC, the largest mobile wound care provider in Midwest. With over 20 years experience in advanced wound care, Kelso is a visionary and entrepreneur in the field of mobile medicine. Kelso is a published author and a member of several national advisory boards.
11:00 AM - 12:00 PM 1 PC CEU NEW PATH HEALTH SOLUTIONS	AVOIDABLE HOSPITALIZATIONS Avoidable hospitalizations pose a significant risk to resident health and well-being, as well as reducing facility revenue. Both long-term and short-stay quality measures address hospitalizations, a number increasingly used by hospitals and payers when considering partnerships with nursing homes. This session will use case studies to present strategies to reduce unnecessary hospitalizations through enhanced patient care. Amy Vogelsmeier, RN, PhD, FAAN; Shari Kist, PhD, RN, CNE; Lori Popejoy, PhD, RN, FAAN; Susan Shumate
12:15 PM - 1:15 PM 1 CEU NATHAN HOLTSCHLAG & REBECCA SHINN	SURVEY PREPAREDNESS IN FOOD SERVICE Promoting Preparation for the State Survey with Food & Nutrition Services: Prioritizing the core principles of a safe foodservice operation. Apply the dynamics of staff training and residents' expectations to meet survey standards with confidence. Rebecca Shinn, RD, LD is currently a leader of the Nutrition & Culinary Team at Kohl Wholesale. Rebecca is called on to consult with various foodservice operations in Missouri. In partnering with healthcare facilities, Rebecca strives to exceed nutrition standards, with a focus on education and creativity. Rebecca is a registered and licensed dietitian, an active member of the Academy of Nutrition & Dietetics, and a Certified Food Safety Instructor with the National Restaurant Association. In 2019, Rebecca was humbled to receive the Missouri Association of Nutrition and Foodservice Professionals Partner of the Year award. Nathan Holtschlag currently leads Business Development at Kohl Wholesale. Nathan works closely with the diverse sales team and is dedicated to the foodservice industry. In partnering with healthcare facilities, Nathan is committed to improving processes and meeting the foodservice needs of each individual facility. Nathan's years of experience in industry purchasing and representing food manufacturers as a sales and marketing specialist give him a unique understanding of food distribution and the healthcare operator.
1:30 PM -2:30 PM 1 CEU TONI TRAVIS	HOW TO THINK OUTSIDE THE BOX IN RECRUITING Learn how to create ways to recruit using social media. How do you reach the younger generation to recruit? 79% or more of applicants use social media to job search and research companies of interest. This seminar will show you those creative ways to attract candidates and hire new faces! Get ready to be interactive! Toni Travis is the Regional Director of Human Resources with Prime Healthcare Management with 11 years' experience. Toni is a Licensed Nursing Home Administrator and serves on the Missouri Association of Nursing Home Administrators Board, along with many other accomplishments in her portfolio. Recruiting is something Toni enjoys and currently has been agency free in all her communities for 5 months.

At MANHA we appreciate what you do everyday and hope to see you at this amazing conference! We hope you can create a great peer network to see the support that can be generated though events such as this one!

Safe travels!

Packages

Please fax registrations to: 573-634-8590

Member Administrators	Includes all educational sessions (total 17 CEUs –5 possible PC CEUs) & social functions, 2 breakfast, 2 lunch, 1 reception, breaks, & exhibit hall passes.	\$395
Prospective Member	Includes all educational sessions (total 17 CEUs –5 possible PC CEUs) & social functions, 2 breakfast, 2 lunch, 1 reception, breaks, & exhibit hall passes.	\$495
Spouse	Includes all planned social/meal functions, breaks & exhibit hall passes (No CEUs).	\$150
Staff/Associate Members	Same as Member Administrator (no Administrator CEUs), Certificate of Attendance	\$225
Wednesday Only	Includes educational sessions (total 6 CEU's including 1 PC CEU), lunch, breaks, and exhibit hall pass.	\$150
Thursday Only	Includes educational sessions (total 6 CEU's including 2 PC CEU's), lunch, breaks, and exhibit hall pass.	\$150
Friday Only	Includes educational session (total 5 CEU's including 2PC CEU's), breakfast, and breaks.	\$150

Attendees

To become a member for discount pricing see back page membership form!
To renew your membership see back page!

Name:		Email:	
Job Title:		Package:	Admin #:
Name:		Email:	
Job Title:		Package:	Admin #:
Name:		Email:	
Job Title:		Package:	Admin #:

Payment Method

☐ Credit Card—Please go to the following section

☐ Check made payable to MANHA

☐ Invoice emailed to:

Invoice must be paid prior to conference

Amount to be Charged: _____

Credit Card

Card Number	Exp. Date
Name on Card	Security Code
Billing Address	
City	State Zip Code

MANHA Membership

2022-2023

Regular Dues \$250

Enjoy 10% off all
online courses!

Name: _____ License #: _____

Home Address: _____ Region: _____

City/State/Zip: _____ County: _____

Email Address: _____

Corporate Name: _____ Birthday (M/D): _____

Facility Name (if different): _____

Facility/Business Address: _____

Facility/Business City/State/Zip: _____

Business Phone: _____ Business Fax: _____

Mail sent to: ☐ Business ☐ Home Information on Web Page: ☐ Business ☐ Home

Mail: MANHA, 4100 Country Club Dr., Jefferson City, MO 65109 Fax: (573)634-8590

Method of Payment: ☐ Check ☐ CC ☐ INVOICE

Card #:				Exp. Date:	
Name on Card:				Security Code:	
Billing Address:					
City:		State:		Zip Code:	