

**Missouri Association of  
Nursing Home Administrators**

**2021 Annual Convention**  
June 6-9, 2021

**People, Purpose, and Passion:**



**The Pathway to Success**

All Suite - Camden on the Lake, Lake Ozark, MO

**20 CEUs Available**

# MANHA Annual Convention

Missouri Association of Nursing Home Administrators is pleased to invite you to attend our Annual Convention. We have all experienced a very challenging year and need to recharge. The goal of this conference is to provide long-term care administrators and their staff practical and inspirational education hours along with the opportunity to network and socialize with colleagues. Thank you!



Joseph Shafer  
MANHA President



Cindy Wrigley  
Executive Director

## Cancellation

Advance registration is preferred. All on-site registration fees will be **increased by \$50.00**. A full refund minus a \$50 processing fee, will be given if requested by May 28, 2021. No refunds will be given after that date. You may send a substitute.

## Special Diets

If you have a special diet, please include that information on the registration form

## Accreditation

Educational seminars are approved for 20 total CEUs of which there are a possible 5 Patient Care CEUs. Approved by the Missouri Board of Nursing Home Administrators (TA 029-23) All attendees will be issued certificates of attendance.

## Hotel Information

**Rate:** \$117/night

**Camden on the Lake, 2359 Bittersweet Road, Lake Ozark, MO 65049**

Reservations: 1-888-365-5620 Use code:MNHA0621

*You must reserve your room no later than **May 14, 2021**.*

*After that date, rooms are on availability basis only.*



# Schedule

# MANHA Convention

Sunday, June 6, 2021

6/6



12:30 PM - 1:00 PM	Registration	
1:00 PM - 2:00 PM	<b>Increasing Marketability</b> <i>Presented by Erika Kramer</i> <b>Speaker Sponsored by Martin Bros</b>	1.0 CEU
2:15 PM - 3:15 PM	<b>Resident Safety</b> <i>Presented by Erika Kramer</i> <b>Speaker Sponsored by Martin Bros</b>	1.0 PC CEU
3:30 PM - 5:00 PM	<b>Staffing Solutions in Long-term Care—Series 1</b> <i>Presented by Cheryl Parsons &amp; Rebekah Lucas</i>	1.5 CEUs

Monday, June 7, 2021

6/7

8:00 AM - 8:30 AM	Registration	
8:30 AM - 10:00 AM	<b>Laughing and Finding the Humor in Turbulent Times</b> <i>Presented by David Naster</i>	1.5 CEUs
10:15 AM - 11:15 AM	<b>Understanding Proposed Changes to the Privacy Rule</b> <i>Presented by Deanna Petersen</i>	1.0 CEU
11:15 AM—12:00 PM	Lunch	
12:00 PM—1:00 PM	<b>Combat Covid - Monoclonal Antibodies</b> <i>Presented by Amber Miller</i>	1.0 PC CEU
1:15 PM—2:15 PM	<b>PDPM Case Studies</b> <i>Presented by Kris Mastrangelo</i> <b>Speaker Sponsored by Harmony Healthcare</b>	1.0 CEU
Concurrent Sessions	<b>Personal Care Services Program DSDS</b> <i>Presented by Jessica Bax</i>	
2:30 PM - 4:00 PM	<b>Capturing the SLP Component of PDPM—An Interdisciplinary Approach</b> <i>Presented by Nicole Dunford</i> <b>Speaker Sponsored by Key Rehab</b>	1.5 CEUs
Concurrent Sessions	<b>The Social Isolation Aftermath: Identifying &amp; Responding to Residents Who Are Not Returning to Pre-COVID-19 Routines due to Depression, Anxiety &amp; Loneliness</b> <i>Presented by Cynthia Baker, LCSW, LSCSW, CSW-Gerontology</i> <b>Speaker Sponsored by Deer Oaks</b>	
4:15 PM - 5:15 PM	<b>Putting The Fun In Foodservice</b> <i>Presented by Josh Hill</i> <b>Speaker Sponsored by SGC Foodservice</b>	1.0 CEU
6:00 PM	Reception	

# MANHA Annual Convention

# Schedule

Tuesday, June 8, 2021

6/8

7:30 AM - 8:30 AM	Registration	
8:30 AM - 10:00 AM	<b>CALM</b> <i>Presented by Meredith Kovalsky &amp; Anthony Johnson</i> <b>Speaker Sponsored by South City Hospital</b>	1.5 PC CEUs
10:15 AM - 11:45 AM	<b>Person-Centered Care &amp; ROP</b> <i>Presented by Kris Mastrangelo, OTR/L, LNHA, MBA</i> <b>Speaker Sponsored by Harmony Healthcare</b>	1.5 PC CEUs
11:45 AM—12:45 PM	<b>Lunch</b>	
12:45 PM—1:45 PM	<b>There's So Much Room for Activities!</b> <i>Presented by Tim Nye, LNHA and Jason Guthrie</i>	1.0 PC CEU
2:00 PM - 3:00 PM	<b>Driving the ISP With the CBA</b> <i>Presented by Cheryl Parsons</i>	1.0 CEU
Concurrent Sessions	<b>Facility Maintenance-It's Really Not Just Plunging Toilets</b> <i>Presented by Nicky Martin, MPA, LNHA, CDP, IP</i>	
3:15 PM - 4:15 PM	<b>Re-Opening Assistance &amp; ICAR Assistance</b> <i>Presented by Nicky Martin, MPA, LNHA, CDP, IP</i>	1.0 CEU

Wednesday, June 9, 2021

6/9

8:30 AM—9:30 AM	<b>The 2021 NLRB and Its Impact on You And Post-Pandemic Employment Law Update</b> <i>Presented by James Foster Jr.</i> <b>Speaker Sponsored by McMahon-Berger</b>	1.0 CEU
9:45 AM-10:45 AM	<b>Licensure Board Update</b> <i>Presented by Sally McKee, Board Coordinator Mo Board of Nursing Home Administrators</i>	1.0 CEU
11:00 AM—12:30 PM	<b>Regulatory Update</b> <i>Presented by Shelly Williamson, Administrator DHSS Section for LTC Regulation</i>	1.5 CEUs

Sponsored  
By:



Missouri Association of Nursing Home Administrators  
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PH: (573)634-5345 Fax: (573)634-8590  
[www.ml nha.org](http://www.ml nha.org)

# Education Sessions

## Sunday, June 6, 2021

# MANHA Convention

1:00 PM -

### Increasing Marketability

2:00 PM

1.0 CEU

*Erika Kramer*

This year, one important thing you need to do to increase marketability is to leverage everything you've got! New infection control protocols in place? Tout them! New technology to improve quality? Tout it! Would you boast that you have the best cook in town? Display pictures of the proof! We will examine different area you can look at for brag-able points. We will also review areas to analyze and improve that could decrease your marketability, as well as how you can improve them before it is too late! **Erika Kramer, LNHA**, graduated from the University of Northern Iowa with a BA in Business Management. She started as an intern for Martin Brothers in 2005 and became full time in medical supplies in May of 2006. She became the marketing and education director in June of 2009, focusing on nursing education events and webinars as well as tools for the nursing side in Long term care. In April, 2014, Erika became the Healthcare Market Developer for Missouri, focusing on the nutritional services in Senior Living Communities. She recently pursued her administrators license at Des Moines Area Community College and passed her national administrator boards in March of 2017. She is currently the Senior Living Engagement Advisor.

2:15 PM -

### Resident Safety

3:15 PM

1.0 PC CEU

*Erika Kramer*

Resident Safety has always been a top goal for our communities. COVID has not only made this goal more challenging to achieve, but has also made it more detrimental if we fail. Enhanced enforcements, increased regulations, and even more public scrutiny have all impacted our operations and how we approach resident safety. There are things we can do to persevere though! Join us as we discuss the importance of analyzing your team's approach to safety, and making the adjustments needed for maximum collaboration. Understand how you can figure out real solutions to safety challenges through root cause analysis. And moving forward, how we can educate our teams on current and new safety regulations. **Erika Kramer, LNHA**, graduated from the University of Northern Iowa with a BA in Business Management. She started as an intern for Martin Brothers in 2005 and became full time in medical supplies in May of 2006. She became the marketing and education director in June of 2009, focusing on nursing education events and webinars as well as tools for the nursing side in Long term care. In April, 2014, Erika became the Healthcare Market Developer for Missouri, focusing on the nutritional services in Senior Living Communities. She recently pursued her administrators license at Des Moines Area Community College and passed her national administrator boards in March of 2017. She is currently the Senior Living Engagement Advisor.

3:30 PM -

### Staffing Solutions in Long-Term Care – Series 1

4:30 PM

1.0 CEU

*Cheryl Parsons*

A series of education experiences to find meaningful solutions to staffing issues in long-term care. The first series in developing a long-term staffing solution is to correctly identify the current issues in long-term care staffing. By formal identification and proper root-cause analysis of staffing effecting your community, a building block is formed for a path of solutions. Leaders in your organization need to understand their part in the staffing solution and how a team can come together to create a meaningful staff solution pathway. This lesson will teach you to properly identify the root cause of problems and set a path towards meaningful solutions. **Cheryl Parsons, RN, LNHA** is a registered nurse, long term care administrator and consultant. Her work as an author is based upon 40 years of experience in the industry. Her experience which includes C.N.A, Charge nurse, Staff Development Coordinator, DON, Administrator, Administrative Consultant, RN Monitor, RN Consultant, IDR Hearing Officer, author, speaker and programming for on-line education for the long-term care industry. . In the last fifteen years she has entered the seminar circuit and has delivered presentations to over 6,000 participants in the Midwest on important issues to the long-term care industry. Cheryl has received many awards and recognition for her work in the

8:30 AM -

### Laughing and Finding the Humor in Turbulent Times

10:00 AM

1.5 CEUs

*David Naster*

David Naster was born. He grew up in smart-alec family teaching him how to survive with humor. David went to college to study Psychology. He decided he would rather make fun of people than help them. That's when Naster began making people laugh for a living. 47 years later - David Naster is a national and internationally known comedian, speaker, filmmaker and author. David's two books, "You Just Have To Laugh through Tough Times" and "When Work Gets TOUGH – You Just Have To Laugh" were voted the "Best Humor" award by the Association of Applied Therapeutic Humor. An international organization made up of doctors, nurses and health-care professionals. His latest book, "You Just Have To Love – the meaning of life is receiving critical acclaim. His Naster classes, on his popular YouTube channel, teaches us how to get through bullying, illness, injury, depression and grief. David Naster not only believes you just have to laugh through life's most turbulent times he's about to prove it. Please help me welcome national known comedian and humor expert.....DAVID NASTER

10:15 AM -

### Understanding Proposed Changes to the Privacy Rule

11:15 AM

1.0 CEU

*Deanna Petersen,  
MHA, RHIA, CHPS,  
LNHA*

This session will review aspects of the current HIPAA privacy rule and compare them to the proposed changes which include modifications to resident access to medical records, notice of privacy practices and information sharing. **Deanna Peterson** serves at the Vice President for Health Information Management Services and Privacy Officer for the firm. She conducts Operational Assessments, serves in HIM Interim Management positions, and provides ongoing guidance on operations, compliance and regulatory issues, privacy and security, LHR, and EHR selection for a variety of settings. Ms. Peterson leads the long-term care services division of the firm. Since 2009, she has grown that division to serve close to 100 long-term care facilities in multiple states. She assists the facilities with documentation compliance, medical records policies and procedures, EHR implementation, legal health record definition and privacy issues. She has helped coordinate state-wide education in Missouri for ICD-10 and spoken for several associations on long term care related issues. Ms. Peterson received her B.S. in Health Information Management and M.H.A. from Saint Louis University. She is an active member of the Missouri Health Information Management Association (MoHIMA) and American Health Information Management Association (AHIMA), having held several positions in both organizations including currently serving as Past-President of MoHIMA and co-chair of AHIMA's Long Term Post-Acute Care Practice Council. Ms. Peterson is a sought after speaker on a variety of HIM and regulatory topics. She received the 2016 Outstanding Volunteer Award from MoHIMA and 2017 Emerging Leader Award from AHIMA.

# Education Sessions

## Monday, June 7, 2021

# MANHA Convention

### 12:00 PM - **Combat COVID—Monoclonal Antibodies.**

1:00 PM  
1.0 CEU  
*Amber Miller*  
*R.Ph., ACP*

**Amber Miller** is a practicing pharmacist, serving the bi-state area of KS and MO as Regional Clinical Manager at AlixaRX, a national long-term care pharmacy provider. Amber's attention to detail and commitment for improved medication quality combines a team approach that focuses on patient rights: right patient, right drug, right dose, right route and right time. As an example, the antibiotic stewardship program she founded provides direct reporting on measures of use and accountability within the long-term care community—decreasing administrative overhead and compliance-related activities for nursing personnel and reducing inappropriate antibiotic use. Amber also leads IDT activities for antipsychotic medication reduction for Behavioral and Psychological Symptoms of Dementia. Through the IDT approach, key stakeholders come together and achieve successful results for ongoing medication management.

### 1:15 PM - **PDPM Case Studies**

2:15 PM  
1.0 CEU  
*Kris Mastrangelo*  
*OTR,L,LNHA,MBA*

This comprehensive program will enable long term care professionals to position themselves for success as they continue their PDPM journey transitioning to a higher standard of performance. It will address strategies to tweak workflows, to adjust communication in the Skilled Nursing Facility (SNF) and with their partners outside the SNF, to impact the provision of quality care and for documentation that captures PDPM clinical drivers. It will address preparation for negotiating upcoming changes and provide knowledge to adapt and implement processes. **Kris Mastrangelo** is a nationally recognized keynote speaker with more than 24 years of experience in the Health Care industry with a specialty in the Post-Acute Care Arena. An Occupational Therapist degree from Tufts University followed by a Master's in Business Administration from Salem State University coupled with a Nursing Home Administrator's License, affords Kris an in-depth perspective into the clinical, financial, and operational components critical for business success. Initially providing direct care as an Occupational Therapist, Kris became familiar with the Medicare, Medicaid and HMO reimbursement systems. Her position evolved into the facility level and multi-facility management of Rehabilitation Programs to Vice President of Operations for a national consulting company to Vice President of Reimbursement. Kris currently owns and operates Harmony Healthcare International (HHI) which she founded in 2001. Harmony Healthcare International (HHI) is a recognized consulting firm that uses a systematic approach in addressing the C.A.R.E.S. platform.

### 2:30 PM - **State Plan Personal Care Services**

4:00 AM  
1.5 CEUs  
*Jessica Bax*

The Division of Senior and Disability Services is the operating agency for the Medicaid State Plan Personal Care program. The program provides assistance with activities of daily living for individuals over 18 who require nursing facility level of care. Services are authorized in all community settings, including licensed Assisted Living and Residential Care Facilities. This session will provide a brief overview of the program, as well as important updates regarding these services within an ALF and/or RCF. **Jessica Bax** is the Director for Missouri's Division of Senior and Disability Services and serves as a member of the Advancing States Board. The Division is the Missouri State Unit on Aging and operates Medicaid Home and Community Based Services serving over 60,000 older adults and adults with disabilities. The Division also operates Adult Protective Services and Older Americans Act programs. Jessica has been with the Division for fifteen years, working closely with participants and stakeholders. She holds a Master's in Public Affairs from the University of Missouri Columbia. She resides in Meta, MO with her husband Brian and their four daughters.

### 2:30 PM - **Capturing the SLP Component of PDPM-An Interdisciplinary Approach**

4:00 AM  
1.5 CEUs  
*Nicole Dumford*  
*MA/CCC-SLP*

Under PDPM, the SLP component is influenced by specific patient characteristics that were found to be predictive of increased SLP services and cost. These factors include the primary reason for skilled care, SLP related comorbidities, the level of cognitive impairment, certain swallowing disorders and/or the need for a mechanically altered diet. In this session, the presenter will review the factors that contribute to the SLP component of PDPM, discuss strategies used to communicate with the interdisciplinary team regarding SLP related comorbidities and explain how SLP documentation can be used to support accurate MDS coding. The ability to accurately communicate, document and code SLP related conditions on the MDS will assist in development of a comprehensive plan of care for the SNF skilled patient and capture appropriate reimbursement for the level of care provided. **Nicole Dumford** is a Speech-Language-Pathologist and Regional Supervisor for Key Rehabilitation. She started as an SLP in the Greater Winfield area in 2016 and transitioned to a Regional Supervisor in 2018. Nicole graduated from Wichita State University magna cum laude with her Master of Arts in Communication and Sciences Disorders. She received her Bachelor of Arts in Sociology and her interest in speech language pathology started during an undergraduate course in neuroscience at Southern Illinois University in Carbondale, Illinois. That same year she volunteered as a psychotherapist and vital tech on a medical brigade to Naranjito, Honduras. Her experiences helped her shift paths to being an SLP. Her graduate clinical practicum focused on treatment of aphasia, traumatic brain injury, and autism. Her non-thesis presentation was on the "Quality of Communication Between Persons with Aphasia and Physicians." Nicole enjoys treating her patients, working alongside her fellow therapists, and being added as a clinical extender to Key Rehab's Clinical Processes team. She has hosted in-services for recognizing signs of dysphagia, understanding and preparing adaptive dysphagia diet levels, and implementing the Frazier Water Protocol in her nursing homes. She provided mentorship and support for other SLPs in the areas of documentation, screening, developing comprehensive treatment plans, and the SLP component of the Patient Driven Payment Model; and looks forward to more topics in the future.

### 2:30 PM - **The Social Isolation Aftermath: Identifying & Responding to Residents Who Are Not Returning to Pre-COVID-19 Routines Die to Depression, Anxiety and Loneliness.**

4:00 PM  
1.5 CEUs  
*Cynthia Baker*  
*LCSW, LSCSW, CSW*

As senior adults, health care providers and the country at large are vaccinated, it now is time to address the emotional, neurocognitive, and medical effects of 12 months of social isolation. The presenter will identify evidence based effects of social isolation and identify constructive resident response opportunities for the newest and possibly the most serious mental health crisis in decades. **Cynthia Baker, LCSW, LSCSW, CSW**-Gerontology, a University of Missouri Master of Social Work in 2001 and has license to practice psychotherapy for 17 years. For six years, Cynthia has been Regional Clinical Director for Deer Oaks Behavioral Health and has become a known behavioral health expert in long term care by providing educational courses about behavioral health, culture change and person-centered care. Cynthia serves on the National Association of Social Workers Aging Specialty Committee on the Missouri state arm of Pioneer Network's MC5 Board of Directors, and a Rossiers Doctor of Education student at the University of Southern California.



# MANHA Convention

# Education Sessions

## Monday, June 7, 2021

### 4:15 PM - **Putting The Fun Back In Food Service**

5:15 PM

1.0 CEU

*Josh Hill*

In recent years the dining experience in senior living communities has become a major focus. Several studies point to the dining experience as the most important key to resident satisfaction. Is your current Dining Service Program meet your expectations? Are you in a rut? Looking for new and exciting ideas? Would you like to see the latest food trends incorporated in your community? Join us for our interactive program **"Putting the Fun, back in Food Service"**. **Chef Curtis Adams** brings lots of talent and years of experience to SGC Foodservice. He studied at the Culinary Institute of America. He served under a Certified Master Chef (1 of only 66 Certified Master Chefs in the nation) and cooked in many prestigious kitchens on his way to Springfield and SGC where he's led our program since 2015. **Josh Hill** - Currently serve as a Healthcare Specialist for SGC Foodservice in Springfield MO. Duties include overseeing and facilitating healthcare sales in Missouri, Oklahoma, Arkansas, and Kansas. B.S. in Hotel and Restaurant Administration (1999) from Missouri State University. 22 years of experience in the hospitality industry, 17 working in the food service distribution industry. Focusing the last 12 years in Senior Living Communities, with an emphasis on food service operations.

## Tuesday, June 8, 2021

### 8:30 AM - **CALM Program**

10:00 AM

1.5 CEUs

*Meredith Kovalsky*

*Anthony Johnson*

CALM Management Associates recognizes that understanding how to treat residents with mental illness is a key factor in knowing how to effectively de-escalate a resident in a behavioral crisis. This education is vital in educating our employees to understand what to look for in changes in behavior to prevent harm of residents and staff. Meredith currently trains instructors on how to teach this information to front line staff, ancillary staff and other institutions that may be faced with behavioral crises. **Meredith Kovalsky** is the Regional Director for Reliant Care Management Company on the East side of the state. She oversees the operations of 12 Long Term Care Facilities in Missouri. She began her nursing career with Reliant in January 2003. During this time, she worked closely with residents diagnosed with mental illness. She has assisted in authoring behavior modification programs to assist residents to move to a lesser restrictive environment. Meredith has been working as a psychiatric nurse for 19 years. She also became a Licensed Nursing Home Administrator in 2004. During her years of managing residents with mental illness, she was certified in CALM in 2003, became a CALM Instructor in 2013 and became a Master CALM Instructor in 2017. Through her years in psychiatric nursing, she has worked closely with Dr. Syed and Long Term Psychiatric Management to develop educational materials to assist persons in handling residents with mental illness. **Anthony Johnson** was born in Denver Colorado on May 30, 1979. He is the third child of eight children and has traveled around the world as a young child due to his father serving in the United States Air Force. He attended and graduated from Samuel Clemens High School in Schertz Texas in 1998 and then furthered his studies at Navarro Junior College and Culver Stockton studying business administration. His studies lead him to meet his beautiful wife Danielle Williams. He is the father of four beautiful children, two girls and two boys. He attends Embassy Christian center in Hannibal Missouri under the leadership of Pastor Tony Kemp and Kevin Williams. He is the Assistant Director of the Worlds of Focus program for Reliant Care Management, which is a psychosocial program designed to help our mentally ill patients rehabilitate and learn to manage their illness. He has been with Reliant Care for 2 years. Recently he has taken on the role of the Director of the CALM Program. He believes that the CALM program will change the way people handle and interact with people who deal with mental illness. He approaches life with the understanding that we all are put here for a reason and a purpose. God has a plan for us all.

### 10:15 AM - **Person-Centered Care & ROP**

11:45 AM

1.5 CEUs

*Kris Mastrangelo,  
OTR,L,LNHA,MBA*

This session will highlight the changes outlined in the Requirements for Medicare and Medicaid Participation which intensely transforms the regulations for long-term care facilities. The speaker will review elements of Phase I, Phase II and Phase III Participation Requirements, with special attention to Person-Centered Care, QAPI, Trauma Based Care, Compliance and Ethics, along with Staffing and Competencies. **Kris Mastrangelo** is a nationally recognized keynote speaker with more than 24 years of experience in the Health Care industry with a specialty in the Post-Acute Care Arena. An Occupational Therapist degree from Tufts University followed by a Master's in Business Administration from Salem State University coupled with a Nursing Home Administrator's License, affords Kris an in-depth perspective into the clinical, financial, and operational components critical for business success. Initially providing direct care as an Occupational Therapist, Kris became familiar with the Medicare, Medicaid and HMO reimbursement systems. Her position evolved into the facility level and multi-facility management of Rehabilitation Programs to Vice President of Operations for a national consulting company to Vice President of Reimbursement. Kris currently owns and operates Harmony Healthcare International (HHI) which she founded in 2001. Harmony Healthcare International (HHI) is a recognized consulting firm that uses a systematic approach in addressing the C.A.R.E.S. platform.

### 12:45 PM - **There's So Much Room for Activities!**

1:45PM

1.0 CEU

*Tim Nye  
Jason Guthrie*

In this 60-minute interactive and engaging presentation, Tim and Jason will provide you with some new ideas and approaches to take back to your Activity Program. They hope to not only present specific activities but also discuss areas of hiring, utilization of staff, inclusion of residents, scheduling, budgeting and how it all relates to the activity department. Come and enjoy a memorable hour of stories, lessons learned and a few laughs as we talk about an important department within the home which residents find great enjoyment. **Tim Nye LNHA** in Missouri and Kansas for over forty years of serving the skilled/ assisted living communities. Long time member of MANHA and currently serving health care communities in an interim capacity. Tim received his Bachelors degree from Missouri State University. **Jason Guthrie** is a proud owner of two assisted living facilities in Mid-Missouri. He has been in the family business for the last 10 years in various roles which have afforded him the opportunity to see the business from many vantage points. Covering shifts in the kitchen, crawling in the death trap of an attic to look for a red wire, admissions and helping educate families on the numerous benefits of assisted living; every day the role can change when you are operating a family-owned business. Prior to his transition to long-term care, Jason graduated from Widener University in Chester, PA with a Bachelors Degree in Early Childhood and Elementary Education in 2010. His passion for educating and doing for others is what drives him.

# MANHA Convention

# Education Sessions

## Tuesday, June 8, 2021

2:00 PM - **Facility Maintenance-It's Really Not Just Plunging Toilets**  
3:00 PM  
1.0 CEU  
Nicky Martin  
MPA, LNHA, CDP, IP

Facility Maintenance-It's really not just plunging toilets  
An overview of facility maintenance and survey preparation including the top ten trending LSC deficiencies in Missouri.  
Nicky Martin, MPA, LNHA, CDP, IP

2:00 PM - **Driving the ISP With the CBA**  
3:00 PM  
1.0 CEU  
Cheryl Parsons

Making the Community Based Assessment drive the Individualized Service Plan for the ALF is always a challenge. In this session we will explore methods of improving your teams ability to combine the processes using the Nursing Process as our guide. We will focus on assuring we capture all that the assessment uncovered as needs while we learn to utilize the strengths assessed as the basis for intervention development for each individual. **Cheryl Parsons, RN, LNHA** is a registered nurse, long term care administrator and consultant. Her work as an author is based upon 40 years of experience in the industry. Her experience which includes C.N.A, Charge nurse, Staff Development Coordinator, DON, Administrator, Administrative Consultant, RN Monitor, RN Consultant, IDR Hearing Officer, author, speaker and programming for on-line education for the long-term care industry. . In the last fifteen years she has entered the seminar circuit and has delivered presentations to over 6,000 participants in the Midwest on important issues to the long-term care industry. Cheryl has received many awards and recognition for her work in the industry.

3:15 PM - **Re-Opening Assistance & ICAR Assistance**  
4:15PM  
1.0 CEU  
Nicky Martin

Participants will understand the free resources available to them through two new QIPMO projects:

1. Reopening Assistance: QIPMO can help homes navigate the reopening guidance and understand the phases in the reopening guidance and identify action items.
2. ICAR Team Assistance: The QIPMO ICAR Team can assist homes identify strengths and opportunities for improvement in their infection control programs by completing the Infection Control and Response Assessment.

**Nicky Martin, MPA, BS, LNHA, CDP** is the QIPMO team leader and functions as our NHA Coach southern, St. Louis and several counties in the central and southwestern regions of Missouri. With over 25 years of experience in LTC, she's seen and done it all. She began her LTC career as a business office manager in a 60-bed skilled nursing facility in 1996 and was promoted to administrator in 2001. Nicky serves as an advisor to administrators, DONs, corporate directors, CFOs, and CEOs on all facets of CMS regulations from facility assessments to operational management. Her hometown roots as administrator in a rural home are the foundation for the principles that she practices, including the belief that everything starts with the CNAs. In May 2019, she completed the National Fire Protection Association (NFPA)'s Life Safety Code Essentials for Health Care Occupancies, is also a Certified Dementia Practitioner (CDP) through the National Council of Certified Dementia Practitioners, and has completed the CDC's Nursing Home Infection Preventionist Training. Nicky holds a Master's Degree in Public Administration and a Bachelor of Science Degree in Accounting.

## Wednesday, June 9, 2021

8:30 AM - **The 2021 NLRB and Its Impact on You And Post-Pandemic Employment Law Update**  
9:30 AM  
1.0 CEU  
James Foster Jr

The program will cover the dramatic changes that are taking place within the federal government's ranks of those Agencies that oversee and control employment practices throughout the United States. Those include the NLRB, OSHA, EEOC, and other regulatory agencies. The session will also address the efforts by litigants to claim damages for having spouses and/or family members become infected with COVID and then bring the COVID infection home. The discussion will include changes enacted by the Federal Government and benefits and/or protections associated with the pandemic in 2021 and what Nursing Home Employers can do to avoid potential litigation and maintain compliance with all federal, state and local laws. **James N. Foster, Jr.** is a Partner with McMahon Berger, P.C., the largest law firm dedicated exclusively to labor and employment law defense in Missouri. Mr. Foster has appeared twice before the United States Supreme Court and began his career over 35 years ago as a trial attorney with the National Labor Relations Board. Mr. Foster has appeared before the Missouri Association of Nursing Home Administrators on numerous occasions over the past 20 years and continues to be resource upon which the Association relies.

9:45 AM - **Licensure Board Update**  
10:45 AM  
Sally McKee  
1.0 CEU

Presented by Sally McKee, Board Coordinator, Missouri Board of Nursing Home Administrators

11:00 AM - **Regulatory Update**  
12:30 PM  
1.5 CEUs  
Shelly Williamson

Presented by Shelly Williamson, Administrator DHSS Section for LTC Regulation



# Registration

# MANHA Convention

## Packages

<b>Member Administrators</b>	Includes all educational sessions (total 20 CEUs –6 possible PC CEUs) & social functions, 2 breakfast, 2 lunch, 1 reception, breaks, & exhibit hall passes.	\$395
<b>Prospective Member</b>	Same as Member Administrator (total 20 CEUs - 6 possible PC CEUs).	\$495
<b>Spouse</b>	Includes all planned social/meal functions, breaks & exhibit hall passes (No CEUs).	\$100
<b>Staff/Associate Members</b>	Same as Member Administrator (no Administrator CEUs), Certificate of Attendance	\$225
<b>Sunday Only</b>	Includes educational sessions (total 2.5 CEUs & 1.0 PC), lunch, breaks, and exhibit hall pass.	\$150
<b>Monday Only</b>	Includes educational sessions (total 6 CEUs & 1.0 PC), lunch, breaks, and exhibit hall pass.	\$150
<b>Tuesday Only</b>	Includes breakfast, breaks and educational session (total 2.0—4 PC CEUs).	\$100
<b>Wednesday Only</b>	Includes breakfast, breaks and educational session (total 3.5).	\$100

## Attendees

Facility Name:

Name:		Email:			
Job Title:		Package:		Admin #:	
Name:		Email:			
Job Title:		Package:		Admin #:	
Name:		Email:			
Job Title:		Package:		Admin #:	

## Payment Method

Credit Card—Please go to the following section

Check made payable to MANHA

Invoice emailed to: \_\_\_\_\_

Package Amount to be charged: \_\_\_\_\_

## Credit Card

Card Number	Exp. Date
Name on Card	Security Code
Billing Address	
City	State
	Zip Code