Missouri Association of Nursing Home Administrators

ANNUAL CONVENTION JUNE 3-6, 2018



CAMDEN ON THE LAKE Lake Ozarks, MO

2018 GAME SCHEDULE

SUNDAY, JUNE 3, 2018

1:30 рм - 4:30 рм

TRAUMA INFORMED CARE-WHAT DOES IT MEAN & HOW DO I ASSURE WE ARE PROVIDING IT! (3.0 PC CEUS) CHERYL PARSONS, RN, LNHA

4:00 рм

HOSPITALITY

Monday, June 4, 2018		St. Netam				
7:30 ам - 8:30 ам	REGISTRATION	The second				
8:30 ам - 10:00 ам	YOU JUST HAVE TO LAUGH (1.5	5 CEUs)				
	David Naster					
10:00 ам - 10:15 ам	Break					
10:15 ам - 11:45 ам	R EGULATORY UPDATE (1.5	5 CEUs)				
	SHELLY WILLIAMSON, ADMINISTRATOR	SECTION FOR LTC REGULATION				
11:45 ам - 12:30 рм	Lunch/General Membership Meetin	NG				
12:30 рм - 2:00 рм	BEHAVIORS ARE UNMET NEEDS (1.5 PC CEUS)					
	DAVE WALKER					
2:00 рм - 2:15 рм	Break					
2:15 PM - 3:15 PM BREAK OUT 1 - HEALTH INFORMATION MANAGEMENT (MEDICAL RECORD						
	Phase II World	Phase II World				
	DEANNA PETERSON, MHA, RHIA, CHPS (1.0 CEU)					
	Speaker Sponsored by F					
	Break Out 2 - Life Safety Code Steven Vest, Facility Surveyor					
3:15 рм - 3:30 рм	Break					
3:30 рм - 5:00 рм	BREAK OUT 1 - FUNCTIONAL MAINTENANCE PROGRAMS; THE OUTCOME & IMPACT OF					
	Jimmo v. Sebelius	(1.5 PC CEUs)				
	GWENLYNN REEVES MS, CCC/SL					
	Speaker Sponsored by Choic					
	Break Out 2 - Dental Health In Jay Reese, DDS	LTC (1.5 PC CEUs)				
	Speaker Sponso	RED BY STERLING DENTAL				
6:00 рм	RECEPTION /HORS D'OEUVRES/BAND					
TUESDAY, JUNE 5, 2018						
7:30 ам - 8:30 ам	REGISTRATION					
8:30 ам - 10:00 ам	Memory Power Paul Meller	(1.5 PC CEUs)				
		IOR DENTAL - MOBILE WOUND SOLUTIONS				
10:00 ам - 10:15 ам	Break					
10:15 ам - 11:45 ам	Seminar continues	(1.5 PC CEUs)				

2018 GAME SCHEDULE

11:45 ам - 12:45 рм	LUNCH & LEARN SCAMS YOU NEED TO LOOK OUT FOR (1.0 CEU)					
	STEPHANIE GARLAND, REGIONAL DIRECTOR OF THE SPRINGFIELD BETTER BUSINESS BURI	EAU				
12:45 рм - 2:15 рм	Ignite Your Senses with Wellness Walk & Talk (1.5 CEUs) Tracey Harvey and Bailey Turpin					
	Speaker Sponsored by Aegis Therapies					
2:15 рм - 2:30 рм	Break					
2:30 рм - 4:00 рм	BREAK OUT 1 - INTEGRATING MENTAL HEALTH, REGULATIONS AND SELF-					
	DETERMINATION DAVE WALKER (1.5 CEUS)					
	BREAK OUT 2 - FACILITY ASSESSMENTS & CORE COMPETENCY TRAINING (1.5 CEUS) CHERYL PARSONS, RN, LNHA AND NICHOLE BURNETT, GRAVES FOODS SPEAKER SPONSORED BY GRAVES FOODS					
4:00 рм	Hospitality					
Wednesday, June 6, 2018						
8:00 am - 8:30 am	REGISTRATION					
8:00 am - 9:00 am	Breakfast					
8:30 am - 10:00 am	PLANNING FOR INCAPACITY AND DISABILITY THROUGH DPOA AND HEALTH CARE Directives (1.5 CEUs)					
	S. Christopher Conway J.D. or Heather L. McCreery B.S.E, J.D. Provided by Turnbull & Stark, P.C.					
10:00 am -10:15 am	Break					
10:15 ам - 11:45 ам	Licensure Board Update (1.5 CEUs) Danielle Calvin, Assistant Board Coordinator					
11:45 ам	Adjourn					

Sponsored by: Missouri Association of Nursing Home Administrators 4100 Country Club Drive Jefferson City, MO 65109 573-634-5345 Fax: 573-634-8590 www.mlnha.org

Sunday, June 3 1:30 - 4:30 pm (3.0 PC CEUs)

Trauma Informed Care -What Does It Mean and How Do I Assure We Are Providing It!

New guidance tells us we must begin providing care that is "trauma informed" in assessment and delivery. While we have some time, its not too soon to start trying to understand what it is all about and what that means for your facility. Stress from traumas a lasting impact and can affect any of us regardless of gender, age, or socio-economic status at anytime in our lives. Don't ask, don't tell may well describe how we have approached care around resident issues that can be based on either unresolved stress or due to cognitive decline, reawakened to now crises. First we have to know about it by assessing (asking, observing) and then we have to formulate a plan of care that addresses it giving our staff the guidance they need to respond appropriately. Cheryl Parsons is a registered nurse, long-term care administrator, former skilled facility owner, author, long -term care consultant, speaker and informal dispute resolution reviewer. She has over 36 years of combined nursing, administration, ownership and consulting experience in the industry and has received awards in recognition of her accomplishments and dedication to improving long term care. Cheryl speaks passionately about person-centered care and has dedicated a large part of her speaking career to motivating providers at all levels to leave the institutional model behind. In July of 2011 she began work with Primairs, Missouri's Quality Improvement Organization, as an Informal Dispute Resolution Reviewer.

Monday, June 4 8:30 - 10:00am (1.5 CEUs)

You Just Have To Laugh

Nobody does what David Naster does! He is a rare blend of quality entertainment and true inspiration. With laser-sharp focus, Naster demonstrates how humor dissolves any type of stress. He does this by using real examples from real people who have been through life's toughest times. The beauty of David's presentation is that the audience is laughing as he empowers them to deal with their own stressful issues. They leave feeeling good and knowing how to continuue that feeling. David Naster was a theater/psychology major in college. He soon realized he's rather make fun of people instead of helping them. Yet, underneath all of the laughs, David discovered that humor and laughter could heal the deepest emotional and physical pains. That led him back to his psychology roots, creating You Just Have To Laugh. This one-of-a-kind brand and applicable philosophy inspires, encourages and brings joy to millions of people. David's passion and purpose is simple: "To Help Heal the World, One Laugh at a Time".



Monday, June 4 10:15 - 11:45 am (1.5 CEUs) Regulatory Update

An update will be given on current regulatory expectations. Shelly Williamson, Administrator Section for Long-Term Care Regulation

12:30 - 2:00 pm (1.5 PC CEUs)

Behaviors Are Unmet Needs

This presentation will explain different aspects of dementia and will challenge participants to explore options to anticipate or meet the "unmet need"-both physically, emotionally, and environmentally. Participants will be encouraged to share their stories and approaches for residents who are: wandering, sun downing, resisting care, eloping; or that have: verbal behaviors, aggressive physical behaviors, and inappropriate sexual behaviors. Behavior management and possible interventions and possible triggers for these behaviors will be discussed. Dave Walker has over 44 years of experience in healthcare and has been a licensed Administrator for over 30 years. Starting in 2012 he worked for the University of Missouri, Sinclair School of Nursing as their LTC Executive Coach helping equip, motivate, and support LTC Administrators and their support staff to produce better outcomes for the elders of our state until his retirement.. He has compiled a free Survey Readiness Manual to help Administrators and support teams have better survey results (www.nursinghomehelp.org). He assists Administrators with resources, process improvement, survey readiness, plan of correction assistance and audits. His passion is culture change and assists homes in starting or continuing their culture change journey.



Monday, June 4 2:15 - 3:15 pm Break Out 1 (1.0 CEUs)

Health Information Management (Medical Records) in a Phase II World

The implementation of new regulations as well as the new survey process has placed even more emphasis on the importance of medical record documentation. This presentation will walk through some of the key medical record documentation requirements that are found within the Phase 2 regulations as well as the critical element pathways. Deanna Peterson serves as the Vice President for Health Information Management Services and Privacy Officer for the First Class Solutions, Inc. Ms. Peterson established the long-term care services division of the firm. That division now serves over 60 long term care facilities with documentation compliance, medical records policies and procedures, and privacy issues. She is an active member of the American Health Information Management Association (AHIMA), having served on the Long Term Care Practice Council and as co-chair of the Privacy and Security Practice Council. She also is a member of the Missouri Healthcare Association.

2:15 - 3:15 pm Break Out 2 (1.0 CEU)

Life Safety Code Compliance

Steven Vest is a Facility Surveyor III with the Section for Long-Term Care Regulation within the Department of Health & Senior Services. Steven works in the Central Office for the Quality Assurance Unit. Steven has been Fire Inspector (Fire Marshal's Office) and Life Safety Code certified since 2010. This will mark Steven's 11th year with the Department.

3:30 - 5:00 pm Break Out 1 (1.5 CEUs)

Functional Maintenance Programs; The Outcome & Impact of Jimmo v. Sebelius. The Jimmo v. Sebelius case challenged Medicare's use of an "Improvement Standard" to make

coverage determinations. The lawsuit addressed Medicare terminating or denying coverage to beneficiaries who were not improving for Medicare Part A and Part B. The final judgement indicated that as long as a patient requires skills of a therapist or a nurse, a patient would meet the skilled coverage criteria despite not making functional gains. Both therapy and nursing documentation must support the need for skilled intervention. In February 2017, the court in Jimmo v. Sebelius approved a Corrective Statement to be used by the Centers for Medicare and Medicaid Services (CMS) to affirmatively disavow the use of an "Improvement Standard" for Medicare coverage. The government will use the statement as part of its Corrective Action Plan, which was ordered by the Court to remedy noncompliance with the Jimmo Settlement. "The CMS Corrective Statement is intended to make it absolutely clear that Medicare coverage can be available for skilled therapy and nursing that is needed to maintain an individual's condition or slow deterioration," This should advance access to Medicare and necessary care for people with long-term and debilitating conditions." This session will address how skilled nursing facility staff respond to the CMS final statement and implement functional maintenance programs for patients who would benefit. Gwenlynn Reeves currently serves as Vice President of Compliance & Education at Choice Rehabilitation and she has extensive experience in long term care overseeing rehabilitation clinical programs, managing the operations of multi-state contract therapy services, leading compliance audits and investigations, training, inclusive of hospitality and the patient's experience, and consulting. As Compliance Officer for a nursing home management group, Gwen was intricately engaged in day to day regulatory administration and challenges. She is a Speech/ Language Pathologist and has presented at multiple conventions as well as served on boards and committees at ASHA.

3:30 - 5:00 pm Break Out 2 (1.5 CEUs) Dental Health in LTC

A look at the growing senior population from a dental perspective, and the best methods available to ensure their dental health in a long term care environment Dr. Jay B. **Reese** graduated from The University of Texas Health Science Center at San Antonio in 1990, and has since practiced General Dentistry in Southern Minnesota, and then in Central Missouri. A self-confessed "continuing education junky", Dr. Reese has accumulated hundreds of hours of post-graduate training that he has implemented into his private practices. Dr. Reese began his career in a three office practice in Southern Minnesota. Within this practice, he conceived, designed and implemented a mobile dentistry component that served several long term care facilities in the area. From this early exposure he has maintained a love for "serving the underserved", and has subsequently provided care for Medicare patients, children's Medicaid patients, and more recently within the State Prison system. Twenty five years later, he comes full circle, returning to serve the residents of long term care facilities with Sterling Dental of North America.



Tuesday, June 5 8:30 - 11:45 am (3.0 PC CEUs) Memory Power

If there were a magic pill that would improve your memory, would you take it? Fortunately, you don't need to. This fun and interactive session rids your poor memory of misplaced glasses, forgotten names, and statements such as, "I know it's here somewhere," to a memory that's efficient and reliable. This program dispels the myth that memory can't be improved. It can; easily and effectively. You'll learn techniques on organizing vour thoughts, remembering names and faces, and overcoming absent-mindedness. When you're skilled in memory, all your other skills get better. You can improve your memory. This program shows you how. Paul Mellor, author of MEMORY! How to Remember Anything, was a finalist in the USA Memory Championship, where he recalled the names of over 90 people in less than 15 minutes, remembered in exact order over 100 single-digit numbers after a five-minute study, and recalled the exact order of a shuffled deck of playing cards after less than a three-and-a-half minute review. His fun and energetic programs have been delivered to audiences nationwide. A Communications graduate of Western Carolina University, Mr. Mellor is also the author of You're Almost There, chronicling his journey as having run a marathon (26.2 miles) in all 50 states.

11:45 - 12:45 pm (1.0 CEU)

LUNCH AND LEARN SCAMS YOU NEED TO WATCH OUT FOR. This is the most up-to-date information on how scammers are trying to steal money from you, your business and even your clients. *Stephanie Garland* is the Regional Director of the Springfield Better Business Bureau. You've likely heard her on the radio, read columns in the newspaper, or even seen her on television. She is an award-winning journalist and spent seven years, most of the time on air, at local television stations. She graduated with a bachelor's degree in journalism from Harding University.

12:45 - 2:15 pm (1.5 PC CEUs)

IGNITE YOUR SENSES WITH WELLNESS WALK & TALK Managing wellness over illness in the spirit of providing extension programs to supplement current services and activities across ALL older adult settings. Leave with a clear picture on how important it is to use Wellness Programming not only as a bridge between activities and therapy but positively affecting overall operations in a proactive manner. Recharge and energize your day with an interactive, scenic walk while we explore Camden on the Lake Resort . Learn how to inspire and explore new ways to engage residents participation with "old school" games while boosting the physical, intellectual, occupational, spiritual, emotional, environmental and social dimensions of wellness. Studies show that even a 10 minute walk immediately BOOSTS brain chemistry. Come have fun, explore and adopt new practices for working with your Active Agers. #Agingadventures #Bedifferent. Tracey Harvey has three + decades of experience in the Fitness/Wellness/ Retirement Living Industry and champion's evidence based programs across the nation. In order to increase overall results, we focus on using aspects of innovative business development tactics to drive quality, consistency and successful outcomes. She has a Bachelor's Degree in Commercial Recreation, and is a Enhanced Fitness Instructor. As a life-long Fitness Champion & Presenter, Harvey's passion for managing wellness over illness continues to this day by sharing the wellness goodness as a national Presenter at industry conferences and national alliances. Bailey Turpin is a Certified Sports Nutritionist & Personal Trainer who graduated from the University of Central Missouri with a Bachelors of Corporate Fitness. She is currently our Director of Training and Customer Service for EnerG Wellness and former Director of Wellness at Beautiful Savior in Belton, MO. Health and wellness has always been a part of Bailey's life as a competitive bodybuilder, cheerleader and personal trainer. Most of all, she loves to share her passion with her older adult clients and help them achieve their overall wellness goals.

Tuesday, June 5

2:30 - 4:00 pm Break Out 1 (1.5 CEUs)

Integrating Mental Health Regulations and Self **Determination** One out of five people in America suffer from some form of mental illness. This "round table" will explain some of the challenges that must be overcome to integrate younger guests with elders in the nursing home setting. Some common sense ideas will be discussed on how to approach, communicate and use behavior management with mental health residents. Participants will be encouraged to share their own stories and challenges. The importance of regulatory requirements and self-determination will also be discussed. Dave Walker has over 44 years of experience in healthcare and has been a licensed Administrator for over 30 years. Starting in 2012 he worked for the University of Missouri, Sinclair School of Nursing as their LTC Executive Coach helping equip, motivate, and support LTC Administrators and their support staff to produce better outcomes for the elders of our state until his retirement.. He has compiled a free Survey Readiness Manual to help Administrators and support teams have better survey results (www.nursinghomehelp.org). He assists Administrators with resources, process improvement, survey readiness, plan of correction assistance and audits. His passion is culture change and assists homes in starting or continuing their culture change journey.

2:30 - 4:00 pm Break Out 2 (1.5 CEUs)

Facility Assessments & Core Competency Training The Facility Needs Assessment is a great way to review the entire facility, its needs, strengths and weaknesses that can impact the next 12 months and it is now a regulatory requirement that facility surveyors will ask you for upon survey entry. It is what you make it. You can build an assessment plan that simply meets the regulation or you can put it to work in your facility as the driving force behind budget, capital improvement, staff training, staff retention, QAPI and potential expansion plans. The choice is yours. This session will explore the various ways that you can make this new requirement build a strong foundation for all that you do to maintain quality of care and service. Cheryl Parsons is a registered nurse, long- term care administrator, former skilled facility owner, author, long -term care consultant, speaker and informal dispute resolution reviewer. She has over 36 years of combined nursing, administration, ownership and consulting experience in the industry and has received awards in recognition of her accomplishments and dedication to improving long term care. Cheryl speaks passionately about person-centered care and has dedicated a large part of her speaking career to motivating providers at all levels to leave the institutional model behind. She has published two books.

Wednesday, June 6

8:30 - 10:00 am (1.5 CEUs)

PLANNING FOR INCAPACITY AND DISABILITY THROUGH DPOA AND HEALTH CARE DIRECTIVES This session will be focused on planning for incapacity and disability through durable powers of attorney, healthcare directives and ensuring permissions are in place for release of protected health information. We will also discuss the court processes for appointing financial and healthcare advocates for a nursing home resident when advance planning through legal documents has not been done. Chris Conway received his undergraduate degree (B.A.), majoring in Political Science, from Rockhurst University, Kansas City, in 2003. While an undergraduate, he participated in two study abroad programs in Israel and China. He worked in heavy construction in the Kansas City area before going to law school.

Chris joined the Missouri National Guard in 2015 and now serves as an intelligence analyst in the 835th Combat Sustainment and Support Battalion. Chris received his Juris Doctor (J.D.) degree from the University of Missouri-Kansas City, in 2009. During law school, he interned for the National Association of Insurance Commissioners (NAIC) and completed a summer clerkship at Tian Yuan Law Firm, Beijing, China. After law school, he did attorney contract work for area law firms and then was a securities fraud investigator with the Missouri Secretary of State. He then practiced law at the Missouri Department of Revenue for four years where he worked with commercial bankruptcy and tax law before becoming associated with the firm. At Turnbull & Stark, P.C., Chris concentrates his practice in the areas of Elder and Special Needs Planning Law by representing older persons, persons with disabilities, their families, and their advocates. His practice includes special needs trusts, estate planning (wills, trusts, and associated documents), probate and trust estate administration, business planning, life care planning,



Wednesday, June 6

8:30 - 10:00 am (1.5 CEUs) continued...

financial and healthcare powers of attorney, healthcare directives, end-of-life planning, guardianships and conservatorships, public benefits (MO HealthNet/Medicaid, Medicare, public housing, Social Security, Supplemental Security Income), fiduciary litigation, and special needs planning for persons with disabilities and their families. Heather McCreery received her undergraduate degree in Education (B.S.E.), majoring in Spanish, from Missouri Western State University, St. Joseph, Missouri, in 2002. While an undergraduate, she participated in two study abroad programs, both in Spain. She then taught for three years in two locations-Northgate Middle School in North Kansas City, Missouri, and Woodford County High School in Versailles, Kentucky. Heather changed from teaching to a career in law earning her Juris Doctor (J.D.) degree from the University of Missouri-Columbia in 2008. Her



first legal job was at the Missouri Department of Revenue. After three and a half years, Heather moved to the Missouri Department of Corrections, serving as legal counsel and temporarily as acting general counsel. In 2014, she said good-bye to public service and associated with the firm. At Turnbull & Stark, P.C., Heather concentrates her practice in the area of Elder and Special Needs Planning Law by representing older persons, persons with disabilities, their families, and their advocates. Her practice includes special needs trusts, estate planning, probate and trust estate administration, life care planning, financial and healthcare powers of attorney, healthcare directives, end-of-life planning, guardianships and conservatorships, public benefits, fiduciary litigation and special needs planning for persons with disabilities and their families. Heather belongs to The Missouri Bar and serves on The Bar's Elder Law, Estate Planning and Probate Administration Law Committees. She is a member of the National Academy of Elder Law Attorneys and its Missouri Chapter, for which she currently serves as the Treasurer. She also serves as President of the Board of the Council for Drug Free Youth and as a Board Member of the Jefferson City Optimist Club.

10:15 - 11:45 am (1.5 CEUs)

Licensure Board Update

Danielle Calvin has been the Assistant Board Coordinator for the Missouri Board of Nursing Home Administrators for two years and has been with the Board for four years. She has a Bachelor's of Science in Business Administration from Columbia College. Danielle has over four years experience in the Missouri Department of Health and Senior Services in the senior services field. Danielle first joined the Department of Health and Senior Services assisting part time with the Missouri Board of Nursing

Home Administrators office and part time with the Certificate of Need Program.

REGISTRATION INFORMATION

REGISTRATION FEES:

Member Administrator 20 Total CEUs - 9 PC	\$375
Non-member Administrator 20 Total CEUs -9 PC	\$475
Staff/Associate No CEUs	\$225
Spouse Package Meal Tickets	\$100

Member, Non-member and Staff/Associate registrations include all meal functions, seminars and activities listed in the brochure. Advance registration is appreciated. All on-site registration fees will be increased by \$25. A 100% refund will be given if requested 10 days prior to the conference. A 50% refund will be given if requested at least seven business days prior to the conference. A 25% refund will be given if requested no less than five business days prior to the conference. No refund will be given after May 28, 2018. If attending one or more of the break out tracks, hours may be more or less including PC hours.

LOCATION: CAMDEN ON THE LAKE

2359 BITTERSWEET ROAD, LAKE OZARK, MO 65049 Accommodations are the individual's responsibility. MANHA's special room rate at the Resort is \$112 Suites. Reservations can be made by calling 1-573-365-5620. Be sure to specify you are attending the Missouri Association of Nursing Home Administrators' Convention and you may be asked to use the following: Unsername: MNHA0618 & Password: MNHA0618. Or online at https:// www.camdenonthelake.com/meetings-events/attending-ameeting. The room block will be released on May 11, 2018. Reservations made after that date will be subject to availability. Make your reservation before May 11, 2018 to ensure a room.

ACCREDITATION:

MANHA is approved by the Missouri Board of Nursing Home Administrators as a training agency (TA 029-419)

REGISTRATIONS MAY BE MADE BY PHONE: 573/634-5345 Fax: 573/634-8590 or Web Page: www.mlnha.org Or Mail To: MANHA, 4100 Country Club Drive, Jefferson City, Mo 65109

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	Member Package	Non-mbr. Package	Staff/Assoc. Package	Spouse Only	Sun. Only	Mon or Tue per day	Wed. Only	Total Person
Name	\$375	\$475	\$225	\$100	\$75	\$150	\$75	TOTAL
	<u> </u>							

TOTAL ENCLOSED \$

Full Packages: Includes all educational sessions (20 CEUs - 9 PC), meals, breaks, and activities listed

Spouse: Includes all planned social/meal functions

Prospective Member: Same as Member Administrator (20 CEUs - 9 PC)

Staff Associate: Same as Member (No Administrator CEUs, Certificate of Attendance)

Individual Days: Sunday includes sessions and breaks, Monday and Tuesday includes sessions, lunch and breaks.

Wednesday includes educational sessions, breakfast and breaks

SEND CONFIRMATION TO: NAME:	FACILITY:				
Address:	Admin. License #:				
Fax: E-mail:	PHONE:				
Method of payment: Check	Mastercard	VISA	DISCOVER	Amex	
CARD NO:	EXPIRATION DATE:		3/4 DIDGIT SECURITY CODE:		
NAME ON CARD:	Card Mailing:				